

## S. W. District Leader Lessons – 2007

	January	February	March	April	May	June	July	August	September	October	November	December
<b>Beckham</b>	Club Organization	OK Centennial Activities	Made in Oklahoma	Things My Mother Taught Me	Plan a Trip – Relating to Centennial	Auto Maintenance for Women	Shop Smart – Save	Fair Prep	Fashions for Seniors	On the Table in 10-30 Minutes	Creative Holiday Ideas	Holiday Council
<b>Caddo</b>	Plan, Re-organize	Crepes- American Fast Food	Healthy Sleep	Mental Acuity in Later Years	Why Don't We Can Anymore?	Eating Oklahoma	Money on the Bookshelf	Judging Fair Exhibits	Conversations You Should Have with Your Adult Children	Holiday Decorations	Should I Drink My Water?	Open
<b>Canadian</b>	Blood Pressure	OK Cultural Centennial Family Activities	Nutrition for Mature Adults	Basic Auto Maintenance	Square Foot Gardening	Lesson of Choice	Eating Oklahoma Grown	Fashion for Seniors	Water Testing – State Lesson	What Your Kids Need to Know: Health and Personal History	Nutrition: Then and Now	Lesson of Choice
<b>Comanche</b>	Group Planning	Scrapbooking	Crayon Appliqué	Mental Acuity in Later Years	Why Don't We Can Anymore?	Oklahoma.OK 100 years Young	Money on the Bookshelf	Salad Meals	Conversations You Should Have with Your Adult Children	Fun with Fall	Pumpkin Pie in a Bag	Open
<b>Cotton</b>	HCE Let's Get Going – Reports	Crepes	Crayon Appliqué	Everything you Need to Know About Packing a Lunch.	Why Don't We Can Anymore?	Eating Oklahoma	Group Family Night	Should I Drink My Water?	Conversations You Should Have with Your Adult Children	Medical Options for Aging	Pumpkin Pie in a Bag	Holiday Party
<b>Cleveland</b>	Blood Pressure	Centennial Family Activities	Nutrition for Mature Adults	Basic Auto Maintenance	Square Foot Gardening	Fashion for Seniors	Eating Oklahoma – Locally Grown	County Fair	Water Testing	Make Your Own Decisions	Food Fashion – Then and Now	Group Choice
<b>Custer</b>	Club Organization	Chocolate	Pass Your Plate Tour of Foil Cooking	Almost Handmade	Medical Options for the Aging	Do Your Own Thing	The Lost Art of Pie Making	Have you Lost it?	Popping Good Ideas with Popcorn	Buying USA Products	Appetizers and Party Snacks	Holiday Party
<b>Garvin</b>	Blood Pressure	Centennial Family Activities	Nutrition for Matured Adults	Basic Auto Maintenance	Square Foot Gardening	Fashion for Seniors	Eating Oklahoma Grown	County Fair	Water Testing	Make Your Own Decisions for Aging	Nutrition – Then & Now	Club Choice
<b>Grady</b>	Agri-tourism	Fair Kitchen Safety	Healthy Sleep	Water Gardening	Why Don't We Practice Home Canning Anymore?	Mental Acuity in Later Years	Money on the Bookshelf	Properly Polished	Conversations You Should Have with Your Adult Children	Seeing Oklahoma on a Budget	Pumpkin Pie in a Bag/Crepes	Happy Holidays
<b>Greer</b>	Club Organization	Cooking for One	Food and Drug Interactions	Tour or Water Gardens	Eating Oklahoma – Locally Grown	Grandparenting	Heritage Crafts & Luncheon	Steps to a Healthier Home	Club Choice	Handling Difficult People	Buying USA Products	Holiday Tea

<b>Harmon</b>	Officer Training -	Cooking for One	Food and Drug Interactions	Medical Care Options for Aging	Eating Oklahoma – Locally Grown	Grandparenting	Ice Cream Social or Do Your Own Thing	7 Steps to a Healthier House	Water Testing	Handling Difficult People	Thanksgiving Dinner/ Buying USA Products	Social
<b>Jackson</b>	Officer Training -	Cooking for One	Food and Drug Interactions	Medical Options for Aging	Eating Oklahoma – Locally Grown	Grandparenting: What's Your Legacy?	Ice Cream Social or Simple Gifts to Make	7 Steps to a Healthier Home	Water Testing: Should I Drink My Water?	Handling Difficult People	Buying USA Products	Social
<b>McClain</b>	Blood Pressure	Centennial Family Activities	Nutrition for Mature Adults	Photography Tips	Square Foot Gardening	Fashion for Seniors	Eating Oklahoma – Locally Grown	Fair	Water Testing	What Your Kids Need to Know: Health	Food Fashion – Then & Now	Cooking South of the Border
<b>Oklahoma</b>	Group Organization	Centennial Family Activities	Nutrition for Mature Adults	Preparing for the County Fair	Recognizing our Customers & Treating them Responsibly	Fashion for Seniors	Eating Oklahoma – Locally Grown	Ins & Outs of Kitchen Appliances	Water Testing – Should I Drink By Water?	Make your Own Decisions for Aging	Food Fashion – Then & Now	Officer Training
<b>Roger Mills</b>	Club Organization	Chocolate	Pass Your Plate Tour of Foil	Almost Homemade	Medical Options for the Aging	Club Choice	The Lost Art of Pie Making	Fair	Popping Good Ideas with Popcorn	Buying USA Products	Appetizers and Party Snacks	Holiday Party
<b>Stephens</b>	Open	Crayon Appliqué	Butterfly Gardening	Why Don't We Can Anymore?	Oklahoma Agri-Tourism	Flag Etiquette/Patriotism	Recipe Modification	Conversations You Should Have with Your Adult Children	Being a Self-Reliant Woman	Aging Gracefully	Crepes - America's Fast Food	Holiday Celebrations
<b>Tillman</b>	Open	Cooking for One	Food and Drug Interactions	Medical Options for the Aging	Eating Oklahoma	Grandparenting	Open	7 Steps to a Healthier Home	Water Testing-Should I Drink By Water?	Handling Difficult People	Buy USA Products	Open
<b>Washita</b>	Club Organization	Chocolate	Pass Your Plate Tour	Almost Homemade	Medical Options for Aging	Do Your Own Thing	Home & personal safety	Fair	Popping Good Ideas with Popcorn	Buy USA Products	Appetizers and Party Snacks	Holiday Party