

LEADER LESSONS 2005

COUNTY	JAN	FEB	MAR	APRIL	MAY	JUNE
ADAIR	Book review/alternative lesson	Aging Gracefully	101 Ideas To Do With a Cake Mix	Update on Food Labels	Flowers	Lesson on your own
CHEROKEE	Book review/alternative lesson	Aging Gracefully	101 Ideas To Do With a Cake Mix	Update on Food Labels	Flowers	Lesson on your own
CRAIG	Reports and Awards	Planning a Family Reunion	101 Things To Do With a Cake Mix	What To Do With a Soda Pop	Vacations Close to Home	Mixes in a Jar
CREEK	Can't Weight to Walk	Things My Mother Told Me: Household Hints	How to Have More Money Than Month (Money Management)	House Plants: What Can They Do for You?	Update on Food Labels	Hawaiian Foods
DELAWARE	Reports and Awards	Planning a Family Reunion	101 Things To Do With a Cake Mix	What To Do With a Soda Pop	Vacations Close to Home	Mixes in a Jar
LINCOLN	Organizing Your Health History	New Sewing Techniques & Notions	Eat Smart: How to Fill Up, Not Out	Growing Vegetables Year Round	"Update on Food Labels" or "Diet and Diabetes"	Shop Smart and Save
MAYES	Reports and Awards	Planning a Family Reunion	101 Things To Do With a Cake Mix	What To Do With a Soda Pop	Vacations Close to Home	Mixes in a Jar
MCINTOSH	Four Ingredient Cooking	Productive Perennials	New Sewing Techniques & Notions	Safe & Natural Pesticides	Be the Best You Can Be At Any Age	Update on Food Labels
MUSKOGEE	Four Ingredient Cooking	Productive Perennials	New Sewing Techniques & Notions	Safe & Natural Pesticides	Be the Best You Can Be At Any Age	Update on Food Labels
NOWATA	Women and Heart Disease	Chocolate: Facts and Fiction	Let's Get Organized	Update on Food Labels	Grandma's Wisdom	Can't Weight to Walk
OKFUSKEE	Organizing Your Health History	New Sewing Techniques & Notions	Eat Smart: How to Fill Up, Not Out	Growing Vegetables Year Round	"Update on Food Labels" or "Diet and Diabetes"	Shop Smart and Save
OKMULGEE	Organizing Your Health History	New Sewing Techniques & Notions	Eat Smart: How to Fill Up, Not Out	Growing Vegetables Year Round	"Update on Food Labels" or "Diet and Diabetes"	Shop Smart and Save
OSAGE	Can't Weight to Walk	Things My Mother Told Me: Household Hints	How to Have More Money Than Month (Money Management)	House Plants: What Can They Do for You?	Update on Food Labels	Hawaiian Foods
OTTAWA	Reports and Awards	Planning a Family Reunion	101 Things To Do With a Cake Mix	What To Do With a Soda Pop	Vacations Close to Home	Mixes in a Jar

PAWNEE	Can't Weight to Walk	Things My Mother Told Me: Household Hints	How to Have More Money Than Month (Money Management)	House Plants: What Can They Do for You?	Update on Food Labels	Hawaiian Foods
PAYNE	Can't Weight to Walk	Things My Mother Told Me: Household Hints	How to Have More Money Than Month (Money Management)	House Plants: What Can They Do for You?	Update on Food Labels	Hawaiian Foods
ROGERS	Women and Heart Disease	Chocolate: Facts and Fiction	Let's Get Organized	Update on Food Labels	Grandma's Wisdom	Can't Weight to Walk
SEQUOYAH	Book review/alternative lesson	Aging Gracefully	101 Ideas To Do With a Cake Mix	Update on Food Labels	Flowers	Lesson on your own
TULSA	Women and Heart Disease	Chocolate: Facts and Fiction	Let's Get Organized	Update on Food Labels	Grandma's Wisdom	Can't Weight to Walk
WAGONER	Four Ingredient Cooking	Productive Perennials	New Sewing Techniques & Notions	Safe & Natural Pesticides	Be the Best You Can Be At Any Age	Update on Food Labels
WASHINGTON	Women and Heart Disease	Chocolate: Facts and Fiction	Let's Get Organized	Update on Food Labels	Grandma's Wisdom	Can't Weight to Walk

COUNTY	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
ADAIR	Wonderwoman Doesn't Live Here Anymore	Diet & Diabetes	"Made in Oklahoma"	Emergency Survival Kit	Creative Holiday Ideas	Party Time!
CHEROKEE	Wonderwoman Doesn't Live Here Anymore	Diet & Diabetes	"Made in Oklahoma"	Emergency Survival Kit	Creative Holiday Ideas	Party Time!
CRAIG	Famous Recipes from Famous Restaurants	Do Your Own Thing	Updates on Food Labels	Diet and Diabetes	Using Humor Effectively	Holiday Program
CREEK	Club Choice	Wonder Woman Doesn't Live Here Anymore	Wonderful World of Oklahoma Wildflowers	Leadership: Using Humor Effectively	Rocking Chair Aerobics	Holiday
DELAWARE	Famous Recipes from Famous Restaurants	Do Your Own Thing	Updates on Food Labels	Diet and Diabetes	Using Humor Effectively	Holiday Program
LINCOLN	Summer Ideas for Home Entertaining	Patient's Rights	Aging Gracefully	Strengthening Families or Leadership with Humor	New Findings in Nutrition & Exercise	Happy Holidays!
MAYES	Famous Recipes from Famous Restaurants	Do Your Own Thing	Updates on Food Labels	Diet and Diabetes	Using Humor Effectively	Holiday Program
MCINTOSH	Satisfying Salads	Quick and Easy Decorating Ideas	Vinegar, Duct Tape, Milk Jugs and More	New Projects with Fleece	Leadership – Using Humor Effectively	101 Things to Do With a Cake Mix
MUSKOGEE	Satisfying Salads	Quick and Easy Decorating Ideas	Vinegar, Duct Tape, Milk Jugs and More	New Projects with Fleece	Leadership – Using Humor Effectively	101 Things to Do With a Cake Mix
NOWATA	Preserving Your Family Heritage	Diet and Diabetes	Leadership Using Humor	The Proof Is In the Tea Leaves	Suitable for Framing	Holiday
OKFUSKEE	Summer Ideas for Home Entertaining	Patient's Rights	Aging Gracefully	Strengthening Families or Leadership with Humor	New Findings in Nutrition & Exercise	Happy Holidays!
OKMULGEE	Summer Ideas for Home Entertaining	Patient's Rights	Aging Gracefully	Strengthening Families or Leadership with Humor	New Findings in Nutrition & Exercise	Happy Holidays!
OSAGE	Club Choice	Wonder Woman Doesn't Live Here Anymore	Wonderful World of Oklahoma Wildflowers	Leadership: Using Humor Effectively	Rocking Chair Aerobics	Holiday
OTTAWA	Famous Recipes from Famous Restaurants	Do Your Own Thing	Updates on Food Labels	Diet and Diabetes	Using Humor Effectively	Holiday Program

PAWNEE	Club Choice	Wonder Woman Doesn't Live Here Anymore	Wonderful World of Oklahoma Wildflowers	Leadership: Using Humor Effectively	Rocking Chair Aerobics	Holiday
PAYNE	Club Choice	Wonder Woman Doesn't Live Here Anymore	Wonderful World of Oklahoma Wildflowers	Leadership: Using Humor Effectively	Rocking Chair Aerobics	Holiday
ROGERS	Preserving Your Family Heritage	Diet and Diabetes	Leadership Using Humor	The Proof Is In the Tea Leaves	Suitable for Framing	Holiday
SEQUOYAH	Wonderwoman Doesn't Live Here Anymore	Diet & Diabetes	"Made in Oklahoma"	Emergency Survival Kit	Creative Holiday Ideas	Party Time!
TULSA	Preserving Your Family Heritage	Diet and Diabetes	Leadership Using Humor	The Proof Is In the Tea Leaves	Suitable for Framing	Holiday
WAGONER	Satisfying Salads	Quick and Easy Decorating Ideas	Vinegar, Duct Tape, Milk Jugs and More	New Projects with Fleece	Leadership – Using Humor Effectively	101 Things to Do With a Cake Mix
WASHINGTON	Preserving Your Family Heritage	Diet and Diabetes	Leadership Using Humor	The Proof Is In the Tea Leaves	Suitable for Framing	Holiday