

Family Resiliency, etc.

LESSON TOPIC	AL	BV	BL	CI	DW	EL	GF	GT	HP	KY	KG	LO	MJ	NB	TX	WDS	WW
Acculturation of Peoples from Different Cultures	9		9		9	9		9		9	9	5	9			9	9
People of Different Cultures		12					8							6	5		
Impact of Entertainment & Media on Children & Families	5	7	5		4	5	6	5		5	5	9	5	9		5	4
Relationship Communication	2							2					2			2	
The Great American Porch (Family Communication)						7											
Collecting & Recording The Family Story														10			
Creative Ways to Preserving Family History		2															
Memory Boxes																3	
Personality Types (Who Are You?)			3								3	3			2		

Financial Management, etc.

LESSON TOPIC	AL	BV	BL	CI	DW	EL	GF	GT	HP	KY	KG	LO	MJ	NB	TX	WDS	WW
Are You Legally Healthy			2						2		2	2					
Your Rights as a Patient in a Hospital																	10
Fraud, Scams & Slams							3										
Insurance Needs in Retirement					8												
Insurance Tips	8							8					8			8	
Complete A Home Inventory									11								
Shopping Smart															7		

Home Management, Environmental, etc.

LESSON TOPIC	AL	BV	BL	CI	DW	EL	GF	GT	HP	KY	KG	LO	MJ	NB	TX	WDS	WW
21 st Century Kitchen														8			
Homes for the 21st Century			10								10	10					
(Plants) Living Air Cleaners			1						8		1	1					
Plants Purify Air										3							
Bugs, Mold & Rot										2							
Simple Household Repairs					3												
Basic Plumbing Tips for Ladies/Plumbing for Women/Simple Home Plumbing	10	10						10					10			10	3
Oklahoma Trees & Shrubs	4							4					4			4	
Growing Things In Texas County															4		
Water Gardens																	5
Attracting Birds		4															
Clutter Control		1															
Decorating On A Shoestring		8															
New Products & Shortcuts in Sewing		3					10		5								
What's New In Sewing														4			

Leadership Development, Personal Growth or Safety, Citizenship, etc.

LESSON TOPIC	AL	BV	BL	CI	DW	EL	GF	GT	HP	KY	KG	LO	MJ	NB	TX	WDS	WW
Who Moved My Cheese? (adapting to change)							11			11							
Talking To A Fence Post					7					8							
Public Speaking Skills							1										
Etiquette: A Lost Art																	6
Tombstone Transcription Project						3											
Alone Behind The Wheel		9				1											
Driving Alone/Self Defense					10												
Self Defense															9		
Digital Photography															1		

Misc.

LESSON TOPIC	AL	BV	BL	CI	DW	EL	GF	GT	HP	KY	KG	LO	MJ	NB	TX	WDS	WW
Oklahoma Made Products					11										8		11
Oklahoma's Best Kept Travel Secrets					5		5							5			
Aromatherapy		11															
A Tisket, A Tasket, A Gift Basket															6		
Gift Baskets		6	11						6		11	11		11			2
Holidays								12									

*NW Counties—so everyone will know whom to call to request a copy of materials, etc.

- AL—Alfalfa
- BV—Beaver
- BL—Blaine
- CI—Cimarron
- DW—Dewey
- EL—Ellis
- GF—Garfield
- GT—Grant
- HP—Harper
- KY—Kay
- LO—Logan
- MJ—Major
- NB—Noble
- TX—Texas
- WDS—Woods
- WW—Woodward

*Numbers in columns represent the MONTH the lesson will be conducted at the OHCE group level. All months are 2003, except those with /04 following.