

## 2001 NW DISTRICT LEADER LESSON TOPICS

LESSON TOPIC	ALF	BVR	BL	DEW	GAR	GRT	HAR	KAY	KING	LOG	MAJ	NOB	TX	WDS	WOOD
Basic Guide to Herbs						Apr									
Benefits of Accessible Gardening												Apr			
Center Pieces				Sept											
Character Counts			Aug					Feb	X	Aug					
Christmas Party							Dec								
Consumer Complaints, Where to Begin			Jan						X	Jan			Oct		
Convenience Foods												Aug			
Cookie Exchange					Nov										
Cooking Low-Fat or Sugar Free				Nov											
County Fair Results								Oct							
Creative Ideas for Preserving Family History					Mar										
Decorating Trends – Adding Floral Touches		Mar					Nov								
Decorative Wreaths				Oct											
Depression								Nov							
Distress the Family Caregiver				Jan											
Distress Readiness				Apr											
Don't Fall Prey to a Con Artist				Jan											
Easy Eating: meals for Folks with Big Hunger & Little Time						Feb									
Easy Ethnic Cooking												May			
Educational Tips – Quilts – Pillow Tops		Feb													
Eggs & Good Health												Feb			



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Make Ahead Salads							Mar								
Make & Take Ideas for the Fair							May								
Making Holiday Cookies		Aug													
Making Money Grow w/ Investments												Jan			
Meals in 30 Minutes or Less			July						X	July			May		
Medicare/Medicaid Update								Jan							
Memory – Use It or Lose It		Nov													
Mental Health – You're In Charge	Sept										Sept			Sept	
Mind Mapping						Mar									
Modifying A Home for Later Years															Feb
Money & Women: Communication about Financial Affairs												June			
Napkin Folding					June										
New Food Products on the Market			Oct						X	Oct			Jan		
New Products for Your Home & Life					July	Jun July									
Nutritional Supplements	Oct	Sep	Sept			Aug		Sept	X	Sept	Oct			Ot	Oct
Old Time Remedies													Feb		
Osteoporosis & Nutrition			Mar						X	Mar					
Our Nation's Kids													July		
Over the Counter Remedies for a Safer Home				Mar											
Patriotism	July										July			July	
Picture This (Sharpen Photography Skills)		Jun													Mar
Planning for the Unexpected – A Funeral								Aug							Jan

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Power of Attorney				Feb											
Prevent Child Abuse												Oct			
Privacy Rights													Nov		
Public Speaking Skills									X						May
Quick Ideas to Update Your Home: New Wall Treatments	Aug		Nov				Apr		X	Nov	Aug			Aug	Apr
Skin Care By Numbers							Jan								
Spa Experience, Aroma-therapy & more					Jan										
Stir Fry Cooking	Feb						July				Feb			Feb	
Streaming: A Healthy Choice								July							
Summer Care of Lawn, Shrubs & Trees		Apr													
Talking To A Fence Post			Feb						X	Feb					
Technology/Internet						Sept									
Teddy Bears													Aug		
The Best Colors for You													Spet		
The Great American Porch					Apr							July			
Time Out For Tea		Jan					Feb								
Tips for Stress								Mar							
Turn Holiday Blues into Red & Green Joy												Nov			
Understanding Today's Technology															Sept
Violence, Be Aware						Jan									
Wardrobe Strategies					Oct										
Wills & Trusts	Jan										Dec			Jan	

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Wreaths for All Occasions	Mar										Mar			Mar	
Writing A Family History, Stories, Memories, Etc.	May	May	Apr		May	May		May	X	Apr	May		June	May	Jun