

N. W. District Leader Lessons – 2012

	January	February	March	April	May	June	July	August	September	October	November	December
Alfalfa	Living Life Alone	Preserving Family Heirlooms	Be an Effective Member	My Plate & More	Win It In a Minutes - Energy Saving Tips or Suddenly Single	Free	Personal Safety Issues	Etiquette & Manners for Adults	Principles of Healthy Housing or Internet Safety	Understanding Cultural Differences	Holiday Happenings	Free
Beaver	Writing on the Wall	Hotdog Pillowcases	Basic Genealogy	Fabric Flowers	How Well Do You Know Beaver County?	Quilting with Charm Packs, Jelly Rolls, etc.	What Is Your Spending Personality?	Suddenly Single	No Lesson	Candy Making 101	Internet Safety for All Ages	No Lesson
Blaine	Stretching Your Food Dollar	Calming the Storm: Anger Management	Organizing Your Closet & Other Storage	Think Your Drink	Win It In A Minute or Suddenly Single	Free Month	Salsa Savvy	Empowering Old Adults to Shop, Cook & Eat	Seven Principals of Healthy Housing or Internet Safety	Handmade Bags & Accessories	Creative Cupcakes	Free Month
Dewey	Bug Wiser	Life Histories	Cultural Awareness: Tips for Travel	Free Stuff to do on Vacations or Family Night	Facebook & Other Social Medias	Free Month for Family Activity	Mailing Packages to Military Personnel	Internet Safety for all Ages	Cell Phones	Evaluating Websites & Information on the Internet	Green Holidays	Holiday
Ellis	Bug Wiser	Adults Need Dairy too!	Amish Cuisine & Culture	Basics of Knitting	Win it in a Minute – Home Energy	Open	Quilt Block Basics	Seven Principals of Healthy Housing	Elder Fraud	Green Holiday	What is your Spending Personality?	Open
Garfield	The Return of “Miss Manners”	Crock Pot Cooking	Learning to Live on Less	How to Make Yourself Look Better – Makeup & Clothing Tips	Flea Market Strategies – How to Shop, Buy & Bargain	Healthy Eating Options	Metabolism as we Age	Never Too Old (or Busy) to Learn – Free & Nearly Free Classes	Internet Safety for All Ages	Seven Principles of Healthy Housing	What is Your Spending Personality? Money Habitudes	Open
Grant	Living Life Alone	Preserving Family Heirlooms	Be an Effective Member	My Plate & More	Win It In a Minutes - Energy Saving Tips or Suddenly Single	Free	Personal Safety Issues	Etiquette & Manners for Adults	Principles of Healthy Housing or Internet Safety	Understanding Cultural Differences	Holiday Happenings	Free
Harper	Defensive Driving	All About Spices	Hidden Nutrition	Scarves - patterns and how to wear them	Cupcake Wars!	Family Communication – “Bridge the Gap in Families”	Laughter is the Best Medicine	Fair Planning	All Kinds of Jerky/Wild Game and How to Process It	Stretch Your Shopping Dollars	Preparing Ginger Bread & Cooking with Ginger	Holiday
Kay	Crock Pot Cooking	Learning to Live on Less	How to Make Yourself Look Better – Makeup & Clothing Tips	Flea Market Strategies – How to Shop, Buy & Bargain	Healthy Eating Options	Metabolism as We Age	Never Too Old (or Busy) to Learn – Free & Nearly Free Classes	Internet Safety for All Ages	Seven Principles of Healthy Housing	What is Your Spending Personality? Money Habitudes	Open	Native Plants in the Home Landscape

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Kingfisher	Stretching Your Food Dollar	Calming the Storm: Anger Management	Organizing Your Closet & Other Storage	Think Your Drink	Win It in a Minute or Suddenly Single	Free	Salsa Savvy	Empowering Older Adults to Shop, Cook & Eat	Seven Principles of Healthy Housing	Creative Cupcakes	Handmade Bags & Accessories	Free
Logan	Stretching Your Food Dollar	Calming the Storm: Anger Management	Organizing Your Closet & Other Storage	Think Your Drink	District Lesson: Win It in a Minute or Suddenly Single	Free	Salsa Savvy	Empowering Older Adults to Shop, Cook & Eat	Seven Principles of Healthy Housing	Creative Cupcakes	Handmade Bags & Accessories	Free
Major	Living Life Alone	Preserving Family Heirlooms	Be an Effective Member	My Plate & More	Win It In a Minutes - Energy Saving Tips or Suddenly Single	Free	Personal Safety Issues	Etiquette & Manners for Adults	Principles of Healthy Housing or Internet Safety	Understanding Cultural Differences	Holiday Happenings	Free
Noble	Crock Pot Cooking	Learning to Live on Less	How to Make Yourself Look Better – Makeup & Clothing Tips	Flea Market Strategies – How to Shop, Buy & Bargain	Healthy Eating Options	Metabolism as We Age	Never Too Old (or Busy) to Learn – Free & Nearly Free Classes	Internet Safety for All Ages	Seven Principles of Healthy Housing	What is Your Spending Personality? Money Habitudes	Open	Native Plants in the Home Landscape
Texas	Crock Pot Cookery	History of Knitting / Crocheting	Personal Grooming	Suddenly Single	Discover Oklahoma – Festivals, Free stuff to do on vacations	History/Origin of Cheese & Milk By-products	Meat Selections	Seven Principles of Healthy Housing	Smart Shopping (Couponing)	Family Bonding	Car Care/ Maintenance	Free Month
Woods	Living Life Alone	Preserving Family Heirlooms	Be an Effective Member	My Plate & More	Win It In a Minutes - Energy Saving Tips or Suddenly Single	Free	Personal Safety Issues	Etiquette & Manners for Adults	Principles of Healthy Housing or Internet Safety –	Understanding Cultural Differences	Holiday Happenings	Free
Woodward	Sit & Be Fit	History of Aprons	Bug Wiser	Amish Cuisine & Culture	Judging Standards	Coupon Savvy	Famous Oklahoma Women	Fair Projects	Anatomy & Care of Feet	Quilt Block Basics	Made In Oklahoma	Free
NW CNEP (NEA training topics)	Time Mgt /Successful Recruiting	Extreme Couponing	Food Recall Training	Container Gardening	Cooking with Magic Mix	Statewide In-service	Food Safety/Basic Canning	Fair Booth Prep	One Dish Meals	Public Speaking/Giving Interviews	Retirement Planning/ Budgeting	Holiday In-service