

LEADER LESSONS 2009

COUNTY	JAN	FEB	MAR	APRIL	MAY	JUNE
ADAIR	Identify Theft	Human Health & Nutrition	Money on the Bookshelf or Illness & Aging Care Options:	Insect Bites and Diseases or Yard Care & Spraying Guide	Picnic	The Marriage Garden
CHEROKEE	Identify Theft	Human Health & Nutrition	Money on the Bookshelf or Illness & Aging Care Options:	Insect Bites and Diseases or Yard Care & Spraying Guide	Picnic	The Marriage Garden
CRAIG	Reports	History of the Counties	Memories of a Lifetime	Container Gardening	Ten Foods to Help You Live Longer	Ways To Increase Your Memory
CREEK	The History & Uses of Spices	Expiration Dates on Freezer, etc.	Upside Down Tomatoes & Other Container Gardening	Famous Oklahoma Women	Benefits of WD-40, Duct Tape, Vinegar & Baling Wire	E-Bay Buying & Selling
DELAWARE	Reports	History of the Counties	Memories of a Lifetime	Container Gardening	Ten Foods to Help You Live Longer	Ways To Increase Your Memory
LINCOLN	Dealing with Difficult People	Aging and the Senses	Recipe Modifications for Better Health	Low Maintenance Gardening – Easy Indoor Gardens	Money on the Bookshelf or What to Keep-What to Throw	Cooking with Splenda & Other Sugar Substitutes
MAYES	Reports	History of the Counties	Memories of a Lifetime	Container Gardening	Ten Foods to Help You Live Longer	Ways To Increase Your Memory
MCINTOSH						
MUSKOGEE	Project Reports	Personal Projects for Stress Relief	Money Habitudes	New Trends in Bakeware	Fun Filled Family Reunions	Etiquette for Weddings, Showers & other events
NOWATA	Vitamins	Cooking for You or Two	Going Green	Kitchen Must Haves	What to Keep & What to Throw Away	Let's Regain Our American Patriotism
OKFUSKEE	Dealing with Difficult People	Aging and the Senses	Recipe Modifications for Better Health	Low Maintenance Gardening – Easy Indoor Gardens	Money on the Bookshelf or What to Keep-What to Throw	Cooking with Splenda & Other Sugar Substitutes
OKMULGEE	Dealing with Difficult People	Aging and the Senses	Recipe Modifications for Better Health	Low Maintenance Gardening – Easy Indoor Gardens	Money on the Bookshelf or What to Keep-What to Throw	Cooking with Splenda & Other Sugar Substitutes
OSAGE	The History & Uses of Spices	Expiration Dates on Freezer, etc.	Upside Down Tomatoes & Other Container Gardening	Famous Oklahoma Women	Benefits of WD-40, Duct Tape, Vinegar & Baling Wire	E-Bay Buying & Selling
OTTAWA	Reports	History of the Counties	Memories of a Lifetime	Container Gardening	Ten Foods to Help You Live Longer	Ways To Increase Your Memory
PAWNEE	The History & Uses of Spices	Expiration Dates on Freezer, etc.	Upside Down Tomatoes & Other Container Gardening	Famous Oklahoma Women	Benefits of WD-40, Duct Tape, Vinegar & Baling Wire	E-Bay Buying & Selling

PAYNE	The History & Uses of Spices	Expiration Dates on Freezer, etc.	Upside Down Tomatoes & Other Container Gardening	Famous Oklahoma Women	Benefits of WD-40, Duct Tape, Vinegar & Baling Wire	E-Bay Buying & Selling
ROGERS	Vitamins	Cooking for You or Two	Going Green	Kitchen Must Haves	What to Keep & What to Throw Away	Let's Regain Our American Patriotism
SEQUOYAH	Identify Theft	Human Health & Nutrition	Money on the Bookshelf or Illness & Aging Care Options:	Insect Bites and Diseases or Yard Care & Spraying Guide	Picnic	The Marriage Garden
TULSA	Vitamins	Cooking for You or Two	Going Green	Kitchen Must Haves	What to Keep & What to Throw Away	Let's Regain Our American Patriotism
WAGONER	Personal projects for Stress Relief	New Ways with Old Textiles	Fun Filled Family Reunions	New Trends in Bakeware	Benefits of WD-40, Duct Tape, Vinegar & Baling Wire	Money on the Bookshelf
WASHINGTON	Vitamins	Cooking for You or Two	Going Green	Kitchen Must Haves	What to Keep & What to Throw Away	Let's Regain Our American Patriotism

COUNTY	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
ADAIR	What to Keep & What to Throw Away or Benefits	Smoothies	Paper Plates to Silver Spoons?	The Personal Journey	Christmas Decorations on a Budget	Book Review
CHEROKEE	What to Keep & What to Throw Away or Benefits	Smoothies	Paper Plates to Silver Spoons?	The Personal Journey	Christmas Decorations on a Budget	Book Review
CRAIG	Famous Oklahoma Women	Picnic/County Fair	Cooking South of the Border	Illness & Aging Care Options: Signs of Alzheimer's, etc.	Benefits of WD-40, Duct Tape, Vinegar & Baling Wire	Holiday
CREEK	None (club choice)	Anatomy & Care of Feet	What to Keep & What to Throw Away	Illness & Aging Care Options: Signs of Alzheimer's, etc.	New Ways with Old Textiles	Holiday
DELAWARE	Famous Oklahoma Women	Picnic/County Fair	Cooking South of the Border	Illness & Aging Care Options: Signs of Alzheimer's, etc.	Benefits of WD-40, Duct Tape, Vinegar & Baling Wire	Holiday
LINCOLN	Lost Art of Pie Making	Rips, Repairs, & Re-do's: Making Your Wardrobe Last Longer	Financial Planning for a Lifetime	Benefits of WD-40, Duct Tape, Vinegar & Baling Wire or Illness & Aging Care	Conversations You Should Have with Your Adult Children	Holiday Happenings
MAYES	Famous Oklahoma Women	Picnic/County Fair	Cooking South of the Border	Illness & Aging Care Options: Signs of Alzheimer's, etc.	Benefits of WD-40, Duct Tape, Vinegar & Baling Wire	Holiday
MCINTOSH						
MUSKOGEE	Gourmet on the Go, Pasta	Benefits of WD-40, Duct Tape, Vinegar & Baling Wire	Obesity in a Bottle	What Personal Information to Keep or Throw Away	Gourmet on the Go	Group Choice
NOWATA	Almost Homemade	Brain Blitz	Benefits of WD-40, Duct Tape, Vinegar & Baling Wire	Medical Family Tree	What are Probiotics?	Holiday
OKFUSKEE	Lost Art of Pie Making	Rips, Repairs, & Re-do's: Making Your Wardrobe Last Longer	Financial Planning for a Lifetime	Benefits of WD-40, Duct Tape, Vinegar & Baling Wire or Illness & Aging Care	Conversations You Should Have with Your Adult Children	Holiday Happenings
OKMULGEE	Lost Art of Pie Making	Rips, Repairs, & Re-do's: Making Your Wardrobe Last Longer	Financial Planning for a Lifetime	Benefits of WD-40, Duct Tape, Vinegar & Baling Wire or Illness & Aging Care	Conversations You Should Have with Your Adult Children	Holiday Happenings
OSAGE	None (club choice)	Anatomy & Care of Feet	What to Keep & What to Throw Away	Illness & Aging Care Options: Signs of Alzheimer's, etc.	New Ways with Old Textiles	Holiday
OTTAWA	Famous Oklahoma Women	Picnic/County Fair	Cooking South of the Border	Illness & Aging Care Options: Signs of Alzheimer's, etc.	Benefits of WD-40, Duct Tape, Vinegar & Baling Wire	Holiday

PAWNEE	None (club choice)	Anatomy & Care of Feet	What to Keep & What to Throw Away	Illness & Aging Care Options: Signs of Alzheimer's, etc.	New Ways with Old Textiles	Holiday
PAYNE	None (club choice)	Anatomy & Care of Feet	What to Keep & What to Throw Away	Illness & Aging Care Options: Signs of Alzheimer's, etc.	New Ways with Old Textiles	Holiday
ROGERS	Almost Homemade	Brain Blitz	Benefits of WD-40, Duct Tape, Vinegar & Baling Wire	Medical Family Tree	What are Probiotics?	Holiday
SEQUOYAH	What to Keep & What to Throw Away or Benefits	Smoothies	Paper Plates to Silver Spoons?	The Personal Journey	Christmas Decorations on a Budget	Book Review
TULSA	Almost Homemade	Brain Blitz	Benefits of WD-40, Duct Tape, Vinegar & Baling Wire	Medical Family Tree	What are Probiotics?	Holiday
WAGONER	Family Time	Obesity in a Bottle	Illness & Aging Care Options: Signs of Alzheimer's, etc.	What to Keep & What to Throw Away	Recycling for the Holidays	Family Time
WASHINGTON	Almost Homemade	Brain Blitz	Benefits of WD-40, Duct Tape, Vinegar & Baling Wire	Medical Family Tree	What are Probiotics?	Holiday