Check out our new website! Visit us online at www.mccurtain.okstate.edu

**Tips for Outdoor Watering as the Weather Warms Up**

Spring is here. The weather is warming up. People are starting to plant their gardens and to spend more time outside in their yards. As this happens, it’s important to keep some basic outdoor watering tips in mind.

Here are water-saving tips to follow when watering outdoors in warmer weather:

- Do not water during the hottest hours of the day. As the weather warms up, it becomes more common for water to evaporate if you water during the daylight hours. Do your watering in the early morning or in the evening to prevent water waste due to evaporation.
- Re-set automatic sprinkler systems. If you use an automatic watering system, be sure that you re-set it to account for the longer days of the year.
- Make sure that you don’t water too much. Many people think that they have to water their lawns and gardens a lot more often during the warmer months of the year since it’s so hot out.
- Water more at one time for fewer days of the week. In most cases, water is absorbed best by plants when you add a large bit of water all at once. It’s best to water a larger amount every few days than it is to water just a little bit every single day.
- Pay attention to the wind. Don’t water when it’s windy out because the water won’t all get into the spot that you’re trying to water and you’ll end up wasting some.
- Don’t waste water that you’re playing with. As the weather warms up, your family may enjoy playing in kiddie pools or running in the sprinklers. Use left over water that is clean to water flowers or grass.
- Make sure kids know how to water properly. As the kids start to spend more time at home during daylight hours, you may start to assign them to do outdoor chores around the house. Make sure that you teach them proper techniques for outdoor watering so that water isn’t going to waste.
- Go native when planting new gardens. If you haven’t done springtime planting yet then definitely think about choosing native plants. This will prevent the need for much outdoor watering at all.
County Officer Elections—May 6th, 2010

The 2010-2011 McCurtain County 4-H Officers will be elected May 6th, 2010 starting at 4:00pm at the OSU Forestry Center. Those 4-H members interested in running for a county office must have the nomination form to the Extension Office no later than April 29th, 2010. Candidates need to come prepared to speak to the group about their qualifications and why they think they want to serve McCurtain County 4-H.

Clubs may have 3 junior voting delegates and 3 senior voting delegates. For more information about the election process please call Cathleen at the Extension Office. The nomination form is available on page 7 of this newsletter or online at www.mccurtain.okstate.edu under the 4-H tab and then under County Events and Activities in the Officer Election tab.

The Dreaded R word—RECORD BOOKS due to the County Office no later than June 4th, 2010

The NEW County Record Book form is available from the County Extension Office and online at www.mccurtain.okstate.edu on the front page and under the awards applications tab in the 4-H section.

This is a new form so if you have questions please ask.

Here is some helpful advice for record keeping:

- Keep a calendar—hard copy so that if a computer crashes or cell phone breaks you will have what you did and where.
- Try to keep approximate numbers of people attending.
- Focus on one or two projects to make solid project work.
- Have someone take pictures so that you have documentation of speeches and workshops.

Some things to remember:

- 4-H members under 12 should hand write the record book
- 4-H members over 12 may computer generate the record book but must use the same form that is on the website.
- Project recognition no longer has a separate application. For project recognition awards steps 1-4 of the County Record Book must be completed for consideration.
- If you did a State Record Book no county record book is required but you still must complete steps 1-4 to be considered for the project recognition.
4-H CAMP JUNE 21, 22, 23, 2010

The 2010 Tri-County 4-H Camp is scheduled for June 21-23, 2010 at Beavers Bend State Park Group Camp #1. The camper fee is $50.00 and that includes lodging, food, and a t-shirt. The camp registration is due to the Extension Office no later than June 1, 2010 so that a spot can be ensured. Adults wishing to attend camp must complete an application and will be notified if their assistance is needed. I am trying to make this a fun educational opportunity for as many kids as possible.

Camper Forms are available on pages 5-6 of this newsletter and also online at www.mccurtain.okstate.edu. Adult forms are due at the same time and applications are only available online.

SED Summer Activities

June 7-8 SED Horse Show—Ardmore

June 17-19 State 4-H Horse Show

June 24 SED Leaders Conference

June 29 Animal Science Field Day—Tishomingo

Stitches and Service

McCurtain County 4-H received a grant to purchase sewing machines and materials to have a couple of sewing classes for 4-Hers and parents who are interested in learning to sew and create some projects to donate to other organizations. Keep looking for information on the classes. They will start in August. This is all possible because of grant funds from the Oklahoma 4-H Foundation and private donors.
Volunteer Meeting—
June 1, 2010

Leaders, parents, and other interested volunteers will be meeting June 1, 2010 to set the calendar for the quickly approaching 2010-2011 4-H year. Club leaders make sure to bring school calendars and other dates that would help in planning the year. The meeting will be at 6:00pm and dinner will be provided. Please plan to attend and help plan another exciting year!

Oklahoma Ag in the Classroom

For the second year in a row, McCurtain County has been chosen as a destination for the Oklahoma Ag in the Classroom Mobile Classroom Tour. Approximately 100 teachers and professionals from Oklahoma will be traveling by bus to McCurtain County to sample the agriculture that we have here in our great county. WE are in need of help on July 21, 2010 at the Forestry Center for feeding all of these excited educators.

If you can help that day serve brisket, baked potatoes, salad, green beans and dessert please call the Extension Office and get your name on the list.

Thanks so much in advance!

SED Parent Volunteer Conference

The 2010 SED Parent Volunteer Conference (SED Leaders Conference) will be held June 24 (yes the day after camp) at the First United Methodist Church in Ada. The committee has put together a great and educational program for the day. If you would like to attend the conference please call the office no later than June 1 to get on the list.

This conference counts as 2 of the required 4 credits to stay certified for the next year.

For more information please call Cathleen at the Extension Office.

On Facebook?

Add McCurtain County 4-H as a fan page. I try to update the facebook with deadlines and exciting news! Contact Cathleen if you can't figure it out!
2010 Tri-County 4-H Camp  
Beavers Bend State Park  
Youth Camp #1

Name: __________________________________  Age:_______ Gender:  M    F

Address: _________________________________  Town: _________  Zip:______

4-H Club: _______________  Parent’s Name: ____________________________

Phone: (___) ___________ T-shirt Size:  

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I, _______________________ (parent's name) agree to allow my child __________________ to attend and participate in the 2010 Tri-county 4-H camp at Beavers Bend State Park, Youth Camp #1 in Broken Bow, OK on June 21, 22, and 23rd, 2010

Check only one

☐ I authorize the child named above to participate in swimming, paddle boats, mini-golf, etc while at Tri-County 4-H Camp.

☐ I DO NOT authorize the child named above to participate in swimming, paddle boats, mini-golf, etc. while at Tri-County 4-H Camp.

_________________________________________  ____________________________
Parent Signature      Camper Signature

Camp Fee: $50.00 (payable to OSU Extension Center), please mail with registration and medical release form that is on the back.

RETURN FORMS AND FEES NO LATER THAN JUNE 1

OSU Extension Center  
108-B N. Central  
Idabel, OK 74745
Authorization for Medical Care and Recognition and Assumption of Risk Agreement

This authorization covers _____________________________ during his/her travel to and participation in _______________________________. This activity covers the period ___________ through _________.

I, the undersigned parent or person or the legal guardian of the above-mentioned 4-H member, authorizes their participation in the listed event. In giving this consent I recognize and understand that precautions will be taken to safeguard the health and welfare of all who attend. However, in consideration of allowing said child to attend and participate in this activity, it is my understanding that participation in the activities that make up this event are not without some inherent risk of injury. As such, in consideration of my child's participation, I do hereby release, waive, discharge, and covenant to not sue the event, its organizers, the Oklahoma 4-H program, Oklahoma State University, Langston University, the Oklahoma Cooperative Extension Service, the State of Oklahoma or their officers, servants, agents, or employees and release them from any liability, claims, demands, and causes of action whatsoever arising out of or related to any loss, damage, or injury including death, that may be sustained by my child while participating in such activity, or while in, on, or upon the premises where the activity is being held (the provisions of the Oklahoma Governmental Tort Claims Act not withstanding).

In giving this consent I recognize and understand that in situations where the above named minor requires immediate medical or hospital care it may not be possible to contact me, and that in such situations I will not be able to knowledgeably evaluate and choose among the available alternative treatments or procedures, if any, or to evaluate the risks attendant upon each, and the risks attendant to foregoing all treatment; in such situations, I authorize a physician, surgeon or dentist to exercise his professional judgment and assess the risks incident to and choose the necessary treatment from any available alternatives and to render such care and perform such treatment as he in his professional judgment determines to be necessary for the health and safety of the above named minor. I furthermore understand that an accident insurance policy carried by __________________________, if any, will provide only minimum coverage and that I will be responsible for costs associated with the care and treatment of the above-mentioned child.

CONTACT INFORMATION

Work Phone (         ) __________________________ Home Phone (    ) ________________________
Cellular Phone (        ) ________________________   E-mail _________________________________
Address ___________________________________  County ________________________________
City _______________________________________ State ________ Zip Code __________________
Family Medical Insurance Company _______________________________________________________
Policy Number ___________________________  Policy Holder’s Name __________________________

TREATMENT INFORMATION

Delegate’s Birth Date ________________________________Gender ____________________________
Delegate’s Allergies ___________________________________________________________________
Family Doctor ________________________________ Phone (          ) _____________________
Other Doctor __________________________________ Phone (          ) _____________________
Medicine delegate is taking _____________________________________________________________
Date of Delegate’s last Tetanus Shot ________________________________
Delegate’s Medical History (diabetes, asthma, etc.) __________________________________________
If the delegate has a serious medical condition or is under a doctor’s care, a letter from the doctor should be attached outlining the nature of the condition, treatment or medical history.

I ACKNOWLEDGE that I have been provided a copy of the Notice of Health Information Practices as outlined in 45 CFR 164. I further acknowledge that this is general information and that I will be asked to acknowledge specific information by the provider. If emergency personnel are unable to locate the individual(s) listed above, and the minor cannot provide self-consent, the minor who presents with an urgent problem shall receive treatment as necessary at the discretion of the physician on duty.

PARENT’S SIGNATURE: ___________________________________ Date ___________________
(of parent or person having legal custody or legal guardianship)

DELEGATE’S SIGNATURE: __________________________  WITNESS _________________________
McCurtain County
4-H Officer Registration Form

NAME:_________________________________________ AGE:_______  BIRTHDATE:__/__/__
ADDRESS:______________________________________ CITY:_____________ ZIP:________
CLUB:__________________________________________ TELEPHONE:_______________________
EMAIL ADDRESS:_____________________________________________________________
OFFICE YOU WISH TO RUN FOR: _______________________________________________
2ND CHOICE IF NOT ELECTED:__________________________________________________

Club offices held in the past:
_________________________________________________________________________________________
_________________________________________________________________________________________

County offices held in the past:(list year)
_________________________________________________________________________________________
_________________________________________________________________________________________

Qualifications of holding a SENIOR office: (President, Vice President, Secretary, Reporter, Recreation Leader)
   Must be 13 years of age by January 1 of the year of service
   Must have participated in 4-H Club work for a minimum of one year
   Must have held or are currently holding an office in the local club
   Must have submitted an acceptable state or county record book in the year preceding the candidacy

Qualifications of holding a JUNIOR office: (Junior Vice-President)
   Must be 10 years of age by January 1 of year of service
   Must have participated in club work for a minimum of one year
   Must have submitted an acceptable state or county record book in the year preceding the candidacy

The President must be classified as a Junior or Senior in high school the year after the election, must have held a county office previously, and must have completed an acceptable State Record Book. The Vice-President must be classified as a Sophomore, Junior, or Senior, held an office previously, and completed an acceptable State Record Book.

If elected to this office, I will promise to do my best in carrying out any responsibilities as a County 4-H Officer. Also I will support the total county 4-H program and do the most to promote 4-H in McCurtain County.

______________________________________________ ___________
Candidate Signature       date

As 4-H Leader, I hereby approve the above applicant from our club to run for the designated county office.

______________________________________________ ___________
4-H Leaders Signature       date
**Clover Congrats To.....**

**Clover Stars** to all the McCurtain County 4-Hers who participated in the Oklahoma Youth Expo. Gold Clovers to Jordan Storey, Valliant 4-H for winning the

**Way to Go Clovers** to all McCurtain County 4-Hers who participated in the Job Readiness workshop and competition. Congrats to Zoe Austin, Jessica Marshall, Casey Citty, Garrett Butler and Sierra Cooke.

**Green Clovers** to Jessica Marshall of the Idabel 4-H club for receiving an interview for her State Record Book in Conservation of Natural Resources. Jessica is now eligible for a $1000.00 scholarship

**Silver Clovers** to all who completed State Record Books. It is no small feat! Great Job to Jessica Marshall, Casey Citty, Curtis Citty, Katasha Pollard, and Garrett Butler.

**Shiny Clovers** to all McCurtain County 4-Hers who competed in the Southeast District Speech Contest. Participants were Jordan Storey, Shalee Cooke, Sierra Cooke, Alexis Mattox, Grace Hilton, Hunter Stewart, Jayden Miller, Morgan Mussett, Kenzy Wright Marandah Wade, Casey Citty, Jessica Marshall, and Zoe Austin. Special Thanks to Susan Citty, Nancy Marshall and Sondra Martin for serving as judges.

We regret any omissions and will try better next time