OHCE Fall Council
McClain County Oklahoma Home and Community Education held its Fall Council on Monday, October 29, at the Farm/Home Building. Special guest Brenda Hill, Family and Consumer Science Educator from Cleveland County, presented the program on “Quilting with Cake Mixes”. The Community OHCE group served as hostess group. Life Essays written by Jackie Elliott and Gail Webb were read to the group.

Mental Health and Opioid Addiction
The OHCE lesson for November is on “Family Mental Health and Opioid Addiction”. Mickey Simpson, FCS Educator, taught the lesson to OHCE lesson leaders in McClain, Garvin, Oklahoma and Cleveland counties. OHCE members who attended the lesson will take the information learned back to their local groups to share with members.

4-H Youth Action Conference
McClain County sent eight 4-H members to the annual Youth Action Conference in Ardmore, October 17-19. The conference emphasizes the positive aspects of leadership and community service. All delegates spent several hours volunteering at the Community Children’s Shelter and Family Service Center in Ardmore.
UPCOMING EVENTS

November 7, 14, 21 & 28
Fitness with Friends, 10:30am, Farm/Home Building

November 8
McClain County Cattlemen’s Association Annual Meeting, 6:30pm, Farm/Home Building

November 8
4-H Speech Workshop, 6:00pm, OSU Extension Classroom

November 12
OSU Extension Office closed for Veteran’s Day

November 13
McClain County Fair Board Meeting, 5:30pm, OSU Extension Conference Room

November 15
“Flirting with Diabetes”, 6:00pm, Purcell Library

November 19
4-H Booster Club Meeting, 6:30pm OSU Extension Classroom

November 22-23
OSU Extension Office closed for Thanksgiving

Respectfully,

Mickey Simpson
FCS Educator
County Extension Director
McClain County

Tractor Supply Day
Tractor Supply Company in Purcell joined 4-H for the TSC Paper Clover Campaign, a national in-store fundraising effort to benefit state and local 4-H programming in each of the communities where a Tractor Supply Company store is located. On Saturday, October 6, McClain County 4-H’ers gathered at Tractor Supply to encourage customers to buy a 4-H Paper Clover. McClain County 4-H sold over 800 Paper Clovers.

Pumpkin Fair
The Annual McClain County Pumpkin Fair was a Smash! More than 100 4-H members and adults attended the event and participated in the pumpkin decorating, pumpkin food, and harvested pumpkin contests. This county-wide event taught 4-H members how to use pumpkins as both a food product and a fall decoration.

4-H Enrollment Night
With over 100 people in attendance, the McClain County 4-H Enrollment Night was a huge success. On October 9, the McClain County Extension Office held a 4-H Enrollment Night that encouraged the public to come and see what McClain County 4-H has to offer.

Change for Change
McClain County 4-H raised over $200 for the Ronald McDonald Change for Change Campaign. We celebrated the victory by smashing a pie in the face of Newcastle 4-H Club Leader, Tammy Elliott.