



Oklahoma

Home and Community Education

KAY COUNTY - P. O. Box 430, Newkirk, OK 74647-0430 ☎ 580-362-2200 📠 FAX 580-362-2268

County Website: <http://www.oces.okstate.edu/kay/ohce>

State website: <http://www.ohce.org/>

County Email: kay.oces@okstate.edu

MAY, 2009

Looking Back . . .

Health, Food and Nutrition Committee News

Writing this newsletter on April 24th I still remember the wonderful taste of 'Veggies on Parade' Food Show entries last night. This event is intended to be educational and fun. While the competition is stiff, I hope you took it in stride and learned while enjoying yourself!

And the laughter told me you enjoyed it, too. It was great to see so many of you there last night!

I agree with the judge who said "Everything I tasted was very good. Please send me the recipe booklet." Vegetables can be good!

You will be getting a copy of the recipes as soon as the booklet is completed. For now, I congratulate the winners listed on the last page of this newsletter.

The Month Ahead . . .

Membership/PR Activities

OHCE Week is May 3-9, 2009.

This is a week set aside to promote OHCE to others in the community and there are several opportunities to do so in 2009.

Taste of Home Cooking School will again be held at the Poncan Theatre Thursday, May 7th. Tickets may have gone on sale already, so buy yours now if you plan to attend. This would be a great local group outing and a good time to wear your OHCE nametags or t-shirts. If we know how many of you are going, we could plan to sit together.



OHCE Executive Committee Meeting

Date: Monday, May 18, 2009

Time: 6:00 p.m.

Location: OHCE Building

Who: Elected and appointed County Officers
County Committee Chairmen
Local Group Presidents

May Leader Training

Topic: Using Digital Cameras

Date: Wednesday May 27, 2009

Time: 9:30 a.m.

Place: OHCE Building, Blackwell

Collar Workshop:

Date: June 1, 2009

Time: 6:00 p.m.

Location: OHCE Building

Who: Anyone who wants to learn to make awesome collars.

Registration Deadline: May 27, 2009

Contact Bonnie Kight at 580-762-3064 to register and receive a list of supplies to bring.

Looking Farther Ahead . . .

County Fair Plans

Yes, it is time to think about the County Fair! Are you planning to exhibit in the OHCE Building? Let the office know this month so we will "save a spot" for your exhibits. If OHCE Committees will use space, let us know that as well. We will be promoting remaining space to vendors as a Building Committee fundraiser.

2010 NW District Meeting

Place March 26, 2010 on your calendar and plan to travel to Fairview for the NW District Meeting. Sounds fun, doesn't it!

2010 Leader Training Topics

Suggestions for 2010 Leader Lesson Topics are needed from all members by June 1, 2009. We will be using the same ballot with Noble, Garfield and Kay Counties in hopes that there will be several common topics selected among these counties. This will take some coordination, so please honor this deadline.

OHCE State Meeting

The OHCE Annual State Meeting will be here before we know it! Dates are July 12-14, 2009. The actual meeting will be on the 13th and 14th but there will be a social event on Sunday, the 12th and the Executive Board activities begin that day. We hope to have a good representation from Kay County.

We will need a volunteer to attend the statewide leader training “Warning Signs of Alzheimers and Dementia” and then present it at a county leader training later the same month. There is reimbursement available as well as for the two official voting delegates (President and Secretary or alternates).

2009 Membership/PR Activities

The Membership/PR Committee met recently and set the following dates:

July 25th, 2009

Family Outing: Pizza Hut 5:30 p.m.

Movie: 7:00 p.m.

October 11, 2009

OHCE Family/Guest Picnic

Lake Ponca Shelter House (west of duck ponds)

January 4, 2010

Membership Award forms due

Receive them in the mail or access on website:

<http://ohce.org> (Look under resources, then OHCE Member Award Recognition Applications)

Note: Pat Johns reported that the Tye Dye Workshop last month was a success and they had a good turnout!

May Calendar

- 3-9 OHCE Week
- 7 Taste of Home Cooking School (Order tickets now!)
- 10 Mother’s Day
- 18 OHCE Newsletter articles due
County Executive Committee meeting, 6:00 p.m.
OHCE Building, Blackwell
- 25 Memorial Day Observed, Courthouse Closed
- 27 Leader Training, 9:30 a.m.
- June 1 Collar Workshop, 6:00 p.m., OHCE Building

WELCOME NEW OHCE MEMBERS:

Pam Johnson from Tonkawa is the newest member for Hearth and Home. She has been in banking for 12 years; seven at Central National Bank and five at First National Bank. Pam has been married to Rich for 27 years. They have 5 children, all married, and 5 grandchildren with 2 more on the way. Her hobbies are reading, crocheting, shopping and working around the house and yard. She also enjoys spending lots of time with her grandchildren. Pam is very active in the American Cancer Society's Relay for Life.

Amie Huster, Kildare, grew up and graduated from Ponca City. She is married to Justin Huster of Newkirk, Oklahoma. They have two children: Lexie age 4 and Logan age 2 years. She is a Mary Kay consultant and works out of the home. She enjoys fashion, working out and spending time with family and friends. She is involved in Professional’s today and the past Chairman for the American Red Cross Hero Campaign.

Linda Blakley, Creative Homemakers, is married with two children and two grandchildren. She and her husband have been married for 36 years. She was born a Navy Brat and proud of it. After the Navy, her family settled in Nebraska where she graduated from High School. After graduating from High School she went to work for the Federal Government in Washington, D.C. She later moved to Oklahoma where she met and married her husband. Her hobbies are knitting and crocheting. She enjoys spending time with her family and friends. She presently works for Sykes Enterprises, Inc. as a Human Resources Assistant. She has also worked for Conoco and several other companies. She loves traveling and has been in every state except five and plans to visit them someday.

2010 Lesson Suggestions

*Clip and send by June 1, 2009 to Mary Rhyne,
PO Box 430, Newkirk, OK 74647*

Leader Lesson topics I suggest for 2010 include:



2009 Kay County “Veggies of Parade” OHCE Food Show Results

Champion Group: Fun and Fundamental OHCE Group
Reserve Champion Group: Kildare OHCE Group

Appetizers

Hot Dip:

- 1st: Mindy Courtney, Creative Homemakers
- 2nd: Frances Bohannon, Fun and Fundamental
- 3rd: Echo Blanton, Kildare

Cold Dip:

- 1st: Brenda Schneeberger, Kildare
- 2nd: Jacque Graham, Hearth and Home
- 3rd: Stacie Grossardt, Nardin

Main Dish

Beef Dish with Vegetables

- 1st: Patsy Dorl, Fun and Fundamental
Dorothy Tanner, Fun and Fundamental
- 2nd: Karen Overman, Kildare
- 3rd: Faith Tapp, Hearth and Home

Chicken Dish with Vegetables

- 1st: Bonnie Kight, Kildare
- 2nd: Linda Blakley, Creative Homemakers
- 3rd: Larry Patten, Fun and Fundamental

Vegetables

Carrot Ribbons with Cashews

- 1st: Amie Huster, Kildare
- 2nd: Larry Patten, Fun and Fundamental
- 3rd: Shirley Moraine, Nardin

Marinated Vegetables

- 1st: Larry Patten, Fun and Fundamental
- 2nd: Cindy Headrick, Creative Homemakers
- 3rd: Earleine Harman, Nardin

Soup/Salad

Vegetable Soup with Hamburger

- 1st: Elaine Hooper, Nardin
- 2nd: Irene Suckley, Fun and Fundamental
- 3rd: Jacque Graham, Hearth and Home

Lettuce Salad Tossed with Vegetables

- 1st: Sandy Sullivan, Fun and Fundamental
- 2nd: Sondra Ailey, Nardin
- 3rd: Pat Johns, Creative Homemakers

Breads

Oatmeal Breads

- 1st: Nancy Thompson, Hearth and Home
- 2nd: Betty Glasgow, Fun and Fundamental
- 3rd: Melba Irwin, Kildare

Garlic Bread

- 1st: Karen Overman, Kildare
- 2nd: Mindy Courtney, Creative Homemakers
- 3rd: Faith Tapp, Hearth and Home

Desserts

Chocoolate Cake with Beets

- 1st: Wilma Eakins, Nardin
- 2nd: Kathy Fitch, Fun and Fundamental
- 3rd: Linda Blakley, Creative Homemakers

Tomato Soup Cake

- 1st: Glenda Wise, Creative Homemakers
- 2nd: Frances Bohannon, Fun and Fundamental
- 3rd: Joyce Crouch, Kildare