

WHAT IS 4-H?

4-H is the youth phase of the Cooperative Extension Service, Oklahoma State University.

4-H is "learning by doing". Volunteer leaders, teen leaders, extension agents and interested adults assist youth in acquiring knowledge, developing life skills and forming attitudes that will enable them to become self-directing, productive and contributing members of society.

4-H is "involvement". Youth, families, peers, and the community actively participate in the learning process.

4-H creates a sense of belonging, of being involved, wanted, and helped. 4-H allows one to share thoughts and skills with others.

4-H challenges minds and directs growth and development. 4-H unlocks and opens doors to new ideas while developing citizens and leaders who are concerned with others.

4-H is helping young people grow.

4-H MOTTO



“TO MAKE THE BEST BETTER”



PLEDGE

"I pledge my head to clearer thinking, my heart to greater loyalty, my hands to larger service, and my health to better living for my club, my community, my country and my world."

4-H CLUB COLORS

The white symbolizes purity and high ideals.

Green is nature's most common color and is symbolic of youth, life and growth.