

FIRST YEAR MEMBER

"How To Get Started"

Welcome to 4-H! In an effort to answer some of your questions and allow you an opportunity to get the most from 4-H, a suggested program has been outlined.

1. Enroll in no more than five projects. Suggested projects for your first year include:

Personal Development
Health
Citizenship

2. Pick up project manuals for two of the projects enrolled in. Project manuals can be picked up at the OSU Extension Center office.
3. Work through the manual(s) completing the projects and activities. If the program maintains the 4-Hers interest, continue work in the project expanding their experience related to that subject matter.

If, after completing the manual, the 4-H member has no desire or interest to continue work in a particular program, secure manuals for a new project and begin work in that area.

Keep records of project work and experiences.

4. Complete a medal form and Project Report Book.
5. Participate in local club activities.
6. Participate in at least two county activities.
7. Visit with local club leader for ideas, suggestions and questions concerning 4-H work.
8. Read your Awards and Activities Handbook.
8. Read and save your newsletter each month.
9. Attend local and county achievement programs.