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For your convenience this handbook is available online at: http://oces.okstate.edu/cleveland/4-h

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Cleveland County 4-H

The Vision...
Youth and adults working together for stronger families & communities.

The Mission...
Cleveland County 4-H Youth Development Programs actively provide positive opportunities for informal learning experiences that build character and develop life skills.

What is 4-H?

4-H is the youth development phase of the Oklahoma Cooperative Extension Service

4-H is “learning by doing.”
4-H is “involvement.” Youth, families, peers and communities actively participate in the learning process.
4-H creates a sense of belonging, involvement and support.
4-H allows members the opportunity to share thoughts and skills with others.
4-H encourages the growth and development of the citizens and leaders of tomorrow.
4-H unlocks doors and challenges minds.

Volunteer leaders, teen leaders, extension educators and interested adults assist youth in acquiring knowledge, developing life skills and forming attitudes that will enable them to become self-directed, productive and contributing members of society.

Name_______________________________________________________________
Club________________________________________________________________
Meeting Day & Time __________________________________________________

Cleveland County Oklahoma Cooperative Extension Service
601 E Robinson, Norman, OK  73071-6616
Phone: (405) 321-4774 Fax: (405) 360-0319
Website: http://oces.okstate.edu/cleveland
Email: 4-H Educator:
AG/4-H Educator: bradley.secraw@okstate.edu
4-H Program Assistant/Paraprofessional: kristina.reed@okstate.edu
4-H Administrative Support patti.siglin@okstate.edu
## August 2017

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>11</td>
<td>4-H Awards Banquet &amp; Auction</td>
<td>Cleveland County Frye Auditorium 6:30pm</td>
</tr>
<tr>
<td>14</td>
<td>County Officer Meeting</td>
<td>Extension Kitchen 5:30PM</td>
</tr>
</tbody>
</table>

## September 2017

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>4-H Enrollment begins - Sept. 1, 2017</td>
<td><a href="https://ok.4honline.com">https://ok.4honline.com</a></td>
</tr>
<tr>
<td></td>
<td>MUST be complete by Sept. 30, 2017</td>
<td>ALL 4-H Youth &amp; Adult Volunteers</td>
</tr>
<tr>
<td>1</td>
<td>District Make ie with Wool ENTRY DEADLINE</td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>5</td>
<td>Fun Fest T-Shirt Design Contest ENTRIES DUE</td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>6</td>
<td>4-H County Fair EXHIBITS DUE</td>
<td>To East Room (non-livestock) 3:00PM-8:00PM</td>
</tr>
<tr>
<td></td>
<td>7th-Set up Exhibits</td>
<td></td>
</tr>
<tr>
<td>7-10</td>
<td>Cleveland County Fair</td>
<td>7th-Judging of Exhibits</td>
</tr>
<tr>
<td></td>
<td>10th-Release of State Fair Exhibits/All Exhibits</td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>County Officer Meeting</td>
<td>Extension Kitchen 5:30pm</td>
</tr>
<tr>
<td>12</td>
<td>Parent Volunteer Association (PVA)</td>
<td>Classroom C 6:00pm-8:00pm</td>
</tr>
<tr>
<td>14-24</td>
<td>Oklahoma State Fair</td>
<td>State Fairgrounds OKC, OK</td>
</tr>
<tr>
<td>22</td>
<td>YAC Money &amp; T-shirt sizes DUE</td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>29</td>
<td>Fun Fest ENTRIES DUE</td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>30</td>
<td>Interest in attending Denver Western Nat’l Roundup</td>
<td>To Extension Office by 4:00PM</td>
</tr>
</tbody>
</table>

## October 2017

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept. 28-Oct 8</td>
<td>Tulsa State Fair</td>
<td>Tulsa Expo Center</td>
</tr>
<tr>
<td>9</td>
<td>Officer Meeting</td>
<td>Extension Kitchen 5:30pm</td>
</tr>
<tr>
<td></td>
<td>OYE Nomination Kit Orders DUE</td>
<td>Mkt. Steers, Mkt. Lambs, Comm. Ewes, Mkt. Goats, Doe Kids</td>
</tr>
<tr>
<td></td>
<td>To Extension Office by 4:00PM</td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>Denver Western Nat’l Roundup Forms DUE</td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>18-20</td>
<td>YAC Conference</td>
<td>TBA</td>
</tr>
<tr>
<td>20</td>
<td>Share the Fun ENTRIES DUE</td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>21</td>
<td>Fun Fest</td>
<td>TBA</td>
</tr>
<tr>
<td>28</td>
<td>District Make it with Wool</td>
<td>County Extension Office 10:00AM</td>
</tr>
<tr>
<td></td>
<td>OYE Nomination DUE</td>
<td>Mkt. Steers, Mkt. Lambs, Commercial Ewes, Mkt. Goats, Doe Kids</td>
</tr>
<tr>
<td></td>
<td>To Extension Office by 4:00PM</td>
<td></td>
</tr>
</tbody>
</table>

## November 2017

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>OYE SWINE Nomination Kit Orders DUE</td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>3</td>
<td>Share the Fun Event</td>
<td>TBA 6:30PM</td>
</tr>
<tr>
<td>8</td>
<td>Communication Event ENTRIES DUE</td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>9</td>
<td>Record Book Workshop</td>
<td>Classroom C 6:00PM-7:00PM</td>
</tr>
<tr>
<td>13</td>
<td>County Officer Meeting</td>
<td>Extension Kitchen 5:30PM</td>
</tr>
<tr>
<td>14</td>
<td>PVA Meeting</td>
<td>Classroom C 6:00PM-8:00PM</td>
</tr>
</tbody>
</table>
Cleveland County 4-H Event Calendar 2017-2018

All dates noted as TBA (to be announced) will be posted in the bi-monthly 4-H newsletter or by Monday Message.

### December 2017

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Communication Event <em>(alternate date of Dec. 8th due to weather or other circumstances.)</em></td>
<td>NE Baptist Church-905 E. Rock Creek Rd. Norman</td>
</tr>
<tr>
<td>1</td>
<td>OYE Swine Nominations DUE</td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>11</td>
<td>County Officer Meeting</td>
<td>Extension Kitchen 5:30PM</td>
</tr>
</tbody>
</table>

### January 2018

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>TBA</td>
<td>SW District Volunteer Conference &amp; Speech Contest Registration DUE</td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>4</td>
<td>Record Book Workshop</td>
<td>Classroom C 6:00PM-8:00PM</td>
</tr>
<tr>
<td>14</td>
<td>County Officer Meeting</td>
<td>Extension Kitchen 5:30PM</td>
</tr>
<tr>
<td>22</td>
<td>State 4-H Horse Communication ENTRIES DUE</td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>TBA</td>
<td>SW District Volunteer Conference &amp; Speech Contest</td>
<td>TBA</td>
</tr>
<tr>
<td>30</td>
<td>Bright Night ENTRIES &amp; MONEY DUE</td>
<td>OK Science Museum</td>
</tr>
</tbody>
</table>

### February 2018

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>State 4-H Horse Communication Event</td>
<td>Stillwater, OK</td>
</tr>
<tr>
<td>5</td>
<td>Senior Record Books DUE/First Review</td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>11</td>
<td>County Officer Meeting</td>
<td>Extension Kitchen 5:30PM</td>
</tr>
<tr>
<td>12</td>
<td>OYE ENTRY DEADLINE</td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>22</td>
<td>Record Book Workshop</td>
<td>Classroom C 6:00PM-8:00PM</td>
</tr>
<tr>
<td>16-17</td>
<td>Bright Nights</td>
<td>OK Science Museum</td>
</tr>
<tr>
<td>TBA</td>
<td>CCJLO Spring Livestock Show &amp; Bonus Auction</td>
<td>Cleveland County Fairgrounds</td>
</tr>
</tbody>
</table>

### March 2018

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>Healthy Living/Spring Fun Fair ENTRIES DUE</td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>5</td>
<td>Senior Record books DUE Second Review</td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>12</td>
<td>County Officer Meeting</td>
<td>Extension Kitchen 5:30PM</td>
</tr>
<tr>
<td>13</td>
<td>PVA Meeting</td>
<td>Classroom C 6:00PM-8:00PM</td>
</tr>
<tr>
<td>6-16</td>
<td>Oklahoma Youth Expo</td>
<td>State Fairgrounds—OKC</td>
</tr>
<tr>
<td>29</td>
<td>Healthy Living/Spring Fun Fair ENTRY DROP OFF</td>
<td>Cleveland County Frye Auditorium 8:00-4:00PM</td>
</tr>
<tr>
<td>30</td>
<td>Dress Review/Appropriate Dress Event</td>
<td>Cleveland County Frye Auditorium 6:30PM</td>
</tr>
</tbody>
</table>

### April 2018

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>6</td>
<td>Senior Record Books DUE FINAL CALL</td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>6</td>
<td>Creative Culinary Day ENTRIES DUE</td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>9</td>
<td>County Officer Meeting</td>
<td>Extension Kitchen 5:30PM</td>
</tr>
<tr>
<td>27</td>
<td>County Officer &amp; Ambassador Applications DUE</td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>28</td>
<td>Creative Culinary Day Event</td>
<td>TBA</td>
</tr>
</tbody>
</table>
# Cleveland County 4-H Event Calendar 2017-2018

All dates noted as TBA **(to be announced)** will be posted in the bi-monthly 4-H newsletter or by Monday Message.

## May 2018

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Location and Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>TBA</td>
<td>District 4H Horse Show <strong>ENTRIES DUE</strong></td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>TBA</td>
<td>Volunteer of the Year <strong>Nominations DUE</strong></td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>7</td>
<td>State Roundup Applications <strong>DUE</strong></td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>8</td>
<td>PVA Meeting</td>
<td>Classroom C 6:00PM-8:00PM</td>
</tr>
<tr>
<td>14</td>
<td>County Officer Meeting</td>
<td>Extension Kitchen 5:30PM</td>
</tr>
</tbody>
</table>

## June 2018

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Location and Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Cloverbud Scrapbook Pages, Junior Record Books, County Medal Forms, Club Scrapbooks &amp; President and Secretary books <strong>DUE</strong></td>
<td>To Extension Office by 4:00PM</td>
</tr>
<tr>
<td>1</td>
<td>County Officer Elections</td>
<td>Classroom C 6:00PM</td>
</tr>
<tr>
<td>TBA</td>
<td>SW District 4H Horse Show</td>
<td>TBA</td>
</tr>
<tr>
<td>TBA</td>
<td>Day Camp</td>
<td>TBA</td>
</tr>
<tr>
<td>14</td>
<td>Cloverbud Celebration</td>
<td>TBA</td>
</tr>
<tr>
<td>TBA</td>
<td>State 4H Horse Show</td>
<td>TBA</td>
</tr>
<tr>
<td>TBA</td>
<td>Citizenship Washington Focus</td>
<td>TBA</td>
</tr>
<tr>
<td>15</td>
<td>Junior Achievement Trip</td>
<td>TBA</td>
</tr>
<tr>
<td>23</td>
<td>State Parent Volunteer Conference</td>
<td>Stillwater, OK</td>
</tr>
</tbody>
</table>

## July 2018

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Location and Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>9</td>
<td>County Officer Meeting</td>
<td>Extension Kitchen 3:00PM</td>
</tr>
<tr>
<td>TBA</td>
<td>Big 3 Field Judging Days</td>
<td>Stillwater, OK</td>
</tr>
<tr>
<td>25-27</td>
<td>State Roundup</td>
<td>Stillwater, OK</td>
</tr>
</tbody>
</table>

## August 2018

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Location and Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>TBA</td>
<td>Achievement Banquet &amp; Auction</td>
<td>Cleveland County Fairgrounds Frye Auditorium 6:30PM</td>
</tr>
<tr>
<td>14</td>
<td>PVA ON-TRAC Meeting</td>
<td>Classroom C 6:00-8:00PM</td>
</tr>
</tbody>
</table>
4-H Ambassador Program

The purpose of the County Ambassador Program is to:

- Make 4-H more visible across the county.
- Tell the 4-H story through posters, displays, flyers, bulletin boards, talks to business and civic groups, etc.
- Represent Cleveland County 4-H at various meetings, civic groups, and 4-H activities by handing out ribbons, speaking, setting up displays, etc.

To be a 4-H Ambassador you must meet the following requirements and complete the following tasks:

- Must be 13 years old on January 1 of the current year.
- Turn in a Jr. or Sr. Record Book or medal form.
- Participate in Ambassador Training and 75% of ambassador meetings.
- Be present upon request, in appropriate or designated dress when scheduled for an activity or event.
- Represent 4-H to Cleveland County community organizations upon request.
- Be present upon request to present awards or help at Cleveland County Competitive Events/County activities.
- Attend at least 75% of my local club meetings.
- Enter or participate in at least three (3) county 4-H competitive events/county activities. One activity must include public speaking. To fulfill this requirement the ambassador may enter the Public Speaking Event or do a presentation for a civic group.
- Participate in at least three (3) local or county community service projects.
- Enroll at least one (1) new 4-H member.
- Actively participate in specified Ambassador promotion project.
- Assist County 4-H Foundation with donor recruitment and recognition.
- Plan and complete two (2) 4-H promotion activities on their own or with another ambassador.
- Complete all of the obligations listed above to be considered for future ambassador classes.
Welcome to the 4-H Family!

To help acquaint your family with 4-H, please take time to review the following

**What is 4-H?**

4-H is a program for youth and their families from all segments of society. It provides educational programs for diverse audiences of youth and adults based on practical skills of learning to learn, decision making, public speaking, goal setting, job skills and more.

4-H is the youth development phase of the Oklahoma Cooperative Extension Service, supported cooperatively by Oklahoma State University, USDA and local County Government.

**How is 4-H Organized?**

**Locally**—Most clubs have monthly meetings conducted by the local youth officers. Some clubs also have special project and activity meetings where members work in smaller groups to develop specific project skills.

Each club has a designated Organizational leader. Organizational leaders are the primary contact between the local club and County Extension Office. Organizational leaders depend on the assistance of parents as volunteers in a variety of roles at the local and county level.

**County**—The 4-H program is managed through the County Extension Office located at the Fairgrounds in Norman. Primary leadership is provided by the 4-H and Youth Development Educators. The office is responsible for setting an educational tone and direction for 4-H and youth programs, providing instructional materials and resources, training parents and volunteers and keeping families and local leadership informed through newsletters and general correspondence.

4-H Parents/Volunteers are essential to the county program. All county 4-H activities and events are planned, implemented, and evaluated by a committee of 4-H parents/volunteers. 4-H parents/volunteers are encouraged to participate in the 4-H Parent-Volunteer Association which meets quarterly.

**What is my role as a parent/guardian?**

4-H is a family affair! Members require the involvement and support of the entire family.

Your role will include supporting and helping members, *without doing it for them*; giving praise and encouragement; helping a member select appropriate projects and activities; staying informed about 4-H programs; asking questions; supporting your member in meeting deadlines and following through with responsibilities and commitments; attending meetings and functions with members; and helping members focus on what’s really important, not just winning! Be a part of the 4-H team! The team is made up of volunteers, like yourself, helping to provide snacks, transportation, and a meeting place; serving as a project or activity volunteer; being a resource in your area of expertise; asking what you can do at the local and county level; and helping when called upon. 4-H members get more from their 4-H experience when the whole family gets involved.

**Who and what is the role of the 4-H Youth Educator?**

This individual is an Oklahoma Cooperative Extension Service professional. This professional has two primary roles: educator and educational manager. As an educator, the extension professional is responsible for providing guidance and opportunities in educating volunteers, parents, teachers and other youth servicing volunteers and professionals.

The educational manager’s role is to serve as a mentor, counselor, liaison and resource to local and county 4-H clubs, county 4-H committees, 4-H adult and youth councils, the county 4-H Foundation, schools, community committees and other youth servicing agencies.
What can 4-H teach my child?

4-H teaches members to set and accomplish goals for themselves through project work. A member’s project manual will assist them in learning to set goals, keep records, and evaluate what they did or did not accomplish.

4-H encourages members to record their goals and how they completed the goals. This is called record keeping. There are several ways for members to keep up with what they do in 4-H. They can:

1. Use a county record book or medal form to record what is done in the project.
2. Keep a diary (write in it each day).
3. Write on a calendar (write down each day what was done).

A key to successful record keeping is to wait no longer than one week to record project work. The important details and/or simple things are forgotten quickly. The things that need to be written down include:

1. **What you did** (number of times, number of items made, number of animals, number of acres planted and harvested, hours spent working in project or project work done, etc.)
2. **What you learned** (what new knowledge and skills were learned, what funny or sad things happened, etc.).
3. **Learning experiences participated in** (demonstrations, speeches, tours, exhibits, judging, workshops attended, lessons at local club meetings, day camps, etc.).
4. **Leadership experiences you participated in** (volunteer leadership: teaching or assisting with teaching, committee work, officer, etc.)
5. **Citizenship activities participated in** (helping others, providing a service, etc.).
6. **Awards and recognition received.**

   The result of keeping good records is that a member has learned to set goals and see how goals were accomplished.

To “learn by doing” is fundamental in any sound educational program and characteristics of the 4-H program. Some other commonly accepted beliefs are:

- 4-H youth are more important than the 4-H project.
- Learning how to do the project is more important than the project itself.
- A blue ribbon 4-H’er with a red ribbon project is more desirable than a red ribbon 4-H’er with a blue ribbon project.
- Every 4-H member needs to be noticed, to feel important, to win, and to be praised.
- Our job is to teach 4-H members how to think, not what to think.

What is a 4-H Project?

At the beginning of each year a member will complete an enrollment card. On the card they will check 4-H projects that they are interested in learning about.

Most of these projects have a project manual which will guide the family in learning fundamentals and opening doors to other opportunities. Each manual is developed with age appropriate materials and projects. The activities and projects outlined in the manual can then be entered in the county fair and other activities throughout the 4-H year.

The county fair is considered the end of the 4-H year. It is the time to show the project work completed between July of the previous year until September of the current year.

4-H project work can be accomplished very easily by developing a simple plan to accomplish one project/activity each month during the year.

How to know what's going on in 4-H?

- **Read your Monday Message!** Your family will receive a 4-H Monday Message from the Extension Office. **Read your yearbook!** Use the calendar in the front of the yearbook! All county activities and events are planned one year in advance. Write them on your family calendar. Please note and comply with ALL deadlines. The Monday Message will supplement the yearbook and keep you updated as to times and locations.
- **Attend local club meetings.** Ask questions of the local club leader and call the Extension Office (321-4774).

How will my family get the most from the 4-H experience?

- **Read the Monday Message and yearbook. Keep them in a handy location at home.**
- **Set goals and work at completing the goals in a timely manner.**
- **Keep records of your project work. Do a talk or**
demonstration at the local club.
⇒ Participate in local club citizenship projects.
⇒ Participate in county activities and events.
⇒ Attend club meetings!

Local club leaders will make announcements regarding events, remind you of upcoming deadlines, and provide registration forms so you won’t have to make a last minute dash to the Extension Office.

What Things Will My Local Club Do?
Each 4-H Club is encouraged to select a project or issue to focus on during the year. **4-H Clubs who have a project to focus upon have more involvement of members and parents, and in turn achieve and learn more.** Suggested projects are:

**Natural Resources and Environmental Education**
Water conservation, soil conservation, and environment, conserving natural resources today and for the future.

**Community Service**
The act of volunteering through educational, environmental, human need and public service

**Health and Wellness**
Maintaining and improving physical, intellectual, emotional and social health. Learn about community health resources and environmental issues.

**Safety**
Learn how to reduce accidents and injuries, recognize and correct hazards, and think and practice safety. Encourage families, clubs and communities to become safety conscious.

**Family Strengths**
Preparing responsible youth by promoting family communication, leadership development and positive self-esteem. This will enhance the youth’s parenting skills.

**Science and Technology**
Projects focusing on "the way things work".

**4-H Ribbons: What do they mean?**
Ribbons are given to 4-H members as a way to evaluate how much a member has learned in completing and exhibiting a project.

**Blue Award**
- This ribbon is given to a member who exhibits a project which shows that the member has taken pride in learning how to construct or complete the project. The member has mastered a skill appropriate for their age or increased their knowledge relating to the project. The project has accurate information, is correctly completed, neat, clean, pleasing to the eye and presents a positive image of the member. A blue award means you as a member have gone an extra step to show pride and quality in your exhibit.

**Red Award**
- A red ribbon is given to members whose project does not exhibit that polished sense of pride seen in a blue exhibit. Red means satisfactory. The exhibit shows the member has learned a skill but not mastered the skill. Information may not be complete or accurate.

**White Award**
- A white ribbon is awarded when the judge feels the member does not show they have gained a good knowledge of a skill or the project being exhibited. The project is incomplete and could use improvement.

**Top Two Award**
- This form of recognition is being used with the Blue, Red and White Awards system. The judge selects two exhibitors’ projects which excel above all others to receive the **Top Two** award.

The recognition process in 4-H is used to help each member grow personally and to continually learn more about their project work.

What Is The 4-H Philosophy About Recognition?
Creating an environment that nurtures growth and development includes the careful, creative and balanced use of recognition. Recognition is the acknowledgment and affirmation of an individual or group and any personal growth they have experienced.

In 4-H, recognition is the encouragement and support for learning that is part of participation in the wide array of educational experiences the program provides.

Recognition in 4-H may be public or private. It can be within the individual or provided by others. Whatever its form, recognition in 4-H is a strategy for helping young people become more capable and more competent. Through the acknowledgment, affirmation and positive reinforcement of each person’s effort, feelings of competence and capability increase and participation continues.
The purpose of recognition is to encourage and support the efforts of young people in learning to improve their knowledge and develop their life skills.

Using a comprehensive recognition process can create a broad array of experiential learning environments. These learning environments must respect individual differences as related to the form of recognition that is most effective in encouraging and supporting development.

4-H Recognition Model

The recognition model is part of a comprehensive plan that rewards positive learning behaviors in youth. In all aspects of the model, recognition should be based on the young person’s involvement, participation, and/or efforts and should be designed to meet the needs, interests, and aspirations of young people with different backgrounds and experiences.

Recognition should be focused on individual learning and not influenced by factors such as monetary resources to purchase high-quality project materials, top grade animals, and use of equipment. The recognition model can be used to design a recognition system to meet the needs of all youth.

The five parts of the 4-H Recognition Model include recognition for:

1. **Participation** - The first step toward building a positive self-concept in the participant is acknowledging his/her involvement.

2. **Progress toward personal goals** - This enables youth to gain experience in goal setting and realistic self-assessment.

3. **Standards of excellence** - These give young people an external predetermined set of criteria for their learning experiences against which they can assess their progress and gain insights into their own interests, efforts, and abilities.

4. **Peer competition** - Peer competition subjectively identifies, in a concrete time and place, the best team or individual. It is not developmentally appropriate for younger children.

5. **Cooperation** - Helps younger people learn and work cooperatively, preparing them for living in today’s interdependent, global society.

The Cleveland County Monday Message is a 4-H publication. Please read thoroughly for updated information about events & activities.

**4-H Clover Chat** is a bi-monthly newsletter which contains important event registration dates and upcoming events.

Coming to YOUR mailbox soon!!
Cleveland County Activities & Events

1. Guidelines for county activities and events are included in this section of the handbook. Use these pages to set your goals for the 4-H year. Read the guidelines and develop your project or projects. All the information contained here can also be accessed on the internet at http://uces.okstate.edu/cleveland/4h

2. Members, parents and leaders will be notified of changes, corrections and updates of county activities and events through the 4-H Monday Message, bi-monthly Clover Chat, and leader updates.

3. Special programs and activities will be published in the 4-H Monday Message.

4. Some catalogs and leaflets regarding sanctioned livestock events are available at the extension office.

5. Entry and registration forms for county events and activities are available in your leader handbook, through your club leader, in the extension office and online at http://uces.okstate.edu/cleveland/4h

6. Check your Yearbook for deadlines for event entries and activities. You may drop registration/entry forms off at the Extension Office at 601 E Robinson in Norman, Monday through Friday, 8:00-4:00. After hours, you may drop registration/entries through the mail slot in the west side, rear entrance of the extension office.

7. Each event/activity listed in this section will include age guidelines/restrictions. Age requirements are specific to a member’s age as of January 1 of the current year. Please refer to the Oklahoma State 4-H Club Program Policies in the back of this yearbook for age requirements and eligibility.

8. 4-H projects can only be entered in each event one time throughout a one-year period (i.e. a photo can be entered in the Spring fun fair and then entered in the County Fair (or vice versa) in a 4-H year).
Fun Fest & Pumpkin Show
October 21, 2017 - 9:30AM-12:00PM

Entries DUE Sept. 29, 2017 to Extension Office by 4:00PM
Location: Sooner Mall in the Center Court  ALL ENTRIES need to be at the Mall by 9:15 for judging

Purpose
Fun Fest provides a wide variety of activities for the entire family. Members will sign up for Fun Fest activities through their local club. Fun Fest T-shirts will be provided for all participating 4-H members for a small fee. Each club that has a booth, needs to be sure to bring table and floor coverings for your booth to keep the area clean.

The objective of 4-H Fun Fest is to:
1. Promote and recruit families to the 4-H program.
2. Provide Cleveland County families a fun, positive, and inexpensive social experience.
3. Expand public awareness of the 4-H image as:
   ♦ a program in which all types of families can learn & grow together.
   ♦ a program in which teaching life skills is the goal.
   ♦ a program with current emphasis on Conservation of Natural Resources, Health & Wellness, Science & Technology and Family Strengths.
   ♦ a program with diverse opportunities for youth & volunteers.
4. Provide a learn-by-doing leadership experience for the general public, 4-H members, and 4-H teen leaders.
5. Provide an educational, project-centered, learning experience for youth and 4-H membership.
6. Increase visibility of the 4-H program as part of the Oklahoma Cooperative Extension Service.

The following activities will be conducted by 4-H members for the general public:

Educational Displays
The displays should educate the public about the 4-H program, or a specific 4-H project a young person is working in. Don’t put anything in the display that could be hazardous to the public or of personal or monetary value. Displays should be no larger than 3’x 3’ x 3’. (Science Fair Board)

Interactive Display
This is a manned display. A member may have a free standing display that sits on a table or items that can be used to demonstrate and educate the public about a specific 4-H project or concept (i.e. being a good environmental steward).

Make-n-Take Display NO MESSY ACTIVITIES
Hands on activity where the general public has the opportunity to make a craft or food item. 4-H members and volunteers are there to provide instruction.

Games
School carnival type games in which the general public can participate. We must be very careful that prizes are age appropriate. We must be very careful about things that could be swallowed by children 3 and under. NO MESSY ACTIVITIES

Pumpkin Show
Purpose
• To learn how to grow and use pumpkin as a food or as a decoration.
• To learn and practice safety.

Age Divisions
(Age & Grade as of September 1, 2017)
Cloverbud (Ages 5-8, if 8yrs old after Sept. 1)
Junior (3rd grade & 8yrs old by Sept. 1 - 7th grade)
Senior (8th grade - 12th grade)

Guidelines
1. The Pumpkin Show is open to all Cleveland County 4-H’ers between the ages of 5 & 18.
2. Participants may enter only one item in each class.
3. The exhibit must be the idea and work of the participant.
4. Name, age and club must be securely attached to each exhibit.
5. Judges will evaluate each of the categories and classes. Their decisions will be final. Pumpkins will be judged on originality, creativity, and neatness.
6. Pumpkins must be complete & dry upon entry

Categories & Classes
(One entry per category)
1. Posters (14” x 22”)
   • Nutritional Pumpkin Poster
   • Safety Pumpkin Poster
2. Decorated Pumpkins
   • Painted Pumpkins
   • Decorated Pumpkins
3. Baked Pumpkin Dish (canned pumpkin)
   • Dessert
   • Bread
   • Vegetable Dish

Criteria for each category
Posters must meet the following specifications
• Posters must promote the nutritional benefits of pumpkin or the safe use of pumpkins as decorations
• Must be 14”x22” and constructed on poster board. A sealant must be applied if charcoal, chalk, tempera paint or any other medium which will rub off is used.
• NO 3-dimensional posters. (No knives, candles, bottles, etc. Anything that causes a raised surface is 3 dimensional)
• Participant’s name, age, and club should be clearly printed on the back of the poster.
• A poster can be disqualified if it does not meet the specifications.

Decorated Pumpkins;
To qualify as a decorated pumpkin:
• The pumpkin may be decorated with the combination of any medium such as paint, construction paper, etc.

Painted Pumpkin;
To qualify as a painted pumpkin:
• Any type of paint may be used. (ONLY paint)
• The only embellishment allowed on this pumpkin is paint.

Baked Pumpkin Dishes;
To qualify as a food dish:
• The dish must be prepared by the youth & pumpkin must be the primary ingredient.
• The dessert, bread or vegetable dish can be made from a fresh or canned pumpkin.

Awards
Each cloverbud participants will receive a participation ribbon, others will receive blue, red or white ribbon. The top-two will be selected from each of the classes in each age division.

6. Participants must be enrolled and active in https://ok.4honline.com
7. Limit of 3 entries per club.
8. Acts must not contain inappropriate language or inappropriate costumes or the act will be disqualified.

Basis for Scoring Points Possible
• Performance & Polish -originality shown, interpretation of material, skill, timing, smoothness and grace of routine- 55 %
• Appearance - appropriate costumes, light and sound effects, stage props, atmosphere appropriate to the theme of act- 25%
• Projection -ability to project to audience-20

Awards
The Blue, Red, White Award system is used.
Purpose:
- Communication is the key to our local, county, state, national and global society.
- Assist youth in developing a diverse set of verbal and nonverbal communication skills.
- Acquire the ability to speak convincingly in public.
- Learn how to organize materials and present their ideas in a logical order.
- Recognize the need for obtaining pertinent and timely information on a given topic.
- Develop a pleasing personal appearance and presence before an audience. Develop skills, knowledge and attitudes for lifelong use.

What is a 4-H Talk?
A 4-H talk/speech is one means of sharing information and educating an audience about a specific subject. It is an oral presentation in which the member does not rely on posters/illustrations or objects. All illustrations are communicated through descriptions used in the speech. Basically, the 4-H member paints a picture or tells a story through oral communication.

What is a 4-H Illustrated Talk?
A 4-H illustrated talk is another means of sharing information and educating an audience about a specific subject. It is an oral presentation in which the member uses posters/illustrations or objects to emphasize/illustrate specific points in the speech. A member does not actually make or demonstrate how to do something in an illustrated talk.

What is a 4-H Demonstration?
A 4-H demonstration is a means of sharing information with an audience by showing them how to do something. In this oral presentation the member shows how to make an item or complete a task. When a demonstration is finished the 4-H member will have a finished product to show.

What is an Impromptu talk?
An impromptu talk is just like a 4-H talk with the exception that the member draws a topic to speak about. The topic will deal with general interest subjects or 4-H. The participant has one minute to organize ideas on the topic and then present the thoughts to the audience.

Power Point
Bring a power point presentation on a virus free USB flash drive.

Age Divisions
Cloverbud (Ages 5-8, if 8yrs old after Sept. 1)
Junior (3rd grade & 8yrs old by Sept. 1 - 5th grade)
Intermediate (Grades 6th, 7th & 8th)
Senior (9th grade - 12th grade)

Categories
1. Show-n-Tell (Cloverbuds ONLY)
2. Talk
3. Illustrated Talk
4. Power Point
5. Individual Demonstration
6. Team Demonstration (maximum of 2 members)
7. Impromptu Talk (Must be participating in another category also).

Awards
Each participant will receive a blue, red or white ribbon. The Top Two will be selected in each age division. The judges will designate county representatives for SW District Speech Contest & State Roundup Competition.

Special Awards Guidelines
- First time speaker
- Dairy (Team or Indiv. Demo or Ill. Talk)
- Peanut (Indiv. Demo or Ill. Talk)
- Pork Promotion (Indiv. Demo or Ill. Talk)
- Breads (Team or Indiv. Presentation)
- Electric (Team or Indiv. Presentation)
- Animal Science (Team or Indiv. Presentation)
- Water Conservation

Classes
The following four categories will be used to group the presentations. Class names are noted by the underline. The Communication Event committee reserves the right to combine or divide classes as necessary based on number of entries.

An asterisk (*) notes categories with special awards. Awards are presented at the 4-H Awards Banquet at the end of the 4-H year.
Science & Technology

* Animal Science (large & small animal, Vet. Medicine) [Presentations]
  * Agriculture Business (general & banking)
  * Mechanical Sciences (automotive, ATV, bicycle, computer, motorcycle, rocketry, small engines, woodworking, farm machinery).

* Electricity [Presentations]

* Plant Science (Agronomy: crops, range, soil
  * Peanuts: related to crop production; Horticulture: vegetables, fruits, home grounds and house plants)

Weather Photography

Social & Political Science (career education, Citizenship, community development, international study and leadership)

General – Topic does not relate to any of the above subjects.

* Pork Promotion

Health & Wellness

Expressive Arts (crafts, performing & visual arts)

Health & Safety

Leisure Education (camping, recreation, shooting sports).

Foods

* Dairy Foods (demo. or ill talk)

* Peanut related to food (demo. or ill talk)

* Breads (presentations) see pg. 50

General – Topic does not relate to any of the above subjects.

Natural Resources and Environmental Awareness

Natural Sciences (entomology & bees, wildlife, forestry, natural resources, water quality, geology)

Plant Science (as it relates to environmental conditions, natural resources, soil erosion, etc.) (Plant production and general science of plants belongs Under science and technology.)

General – Topic does not relate to any of the above subjects.

* Water Conservation, Protection, Utilization

Family Strengths

General Family Living (child care, consumer Education, home & personal living space, personal development, clothing, etc.)

Communication (general skills, visibility and promotion, 4-H Foundation)

General – Topic does not relate to any of the above subjects.

Guidelines

1. Pre-entry is required. Forms available from local leader, Extension Office. or the link in the Monday Message. Forms can be faxed, emailed or delivered to the Extension Office.
2. Please do not call in entries.
3. If team members are of two different ages, the team will be judged in the older age level.
4. There is no limit to the number of entries per club.
5. Illustrated presentations & demonstrations for Intermediate and Senior will be judged together.
6. Length of Oral Presentations:
   - Talk:
     * Junior 2-4 minutes
     * Intermediate 3-5 minutes
     * Senior 5-7 minutes
   - Illustrated Talk or Power Point
     * Junior 3-5 minutes
     * Intermediate 4-6 minutes
     * Senior 5-12 minutes
   - Power Point: 5-7 minutes
   - Demonstrations: (Individual or Group)
     * Junior 5-7 minutes
     * Intermediate & Senior 5-12 minutes

Impromptu:

a. Subject choices will change on a yearly basis.

b. Members are encouraged to stay with the subject matter selected. They may use thoughtful insight, world events, creativity, humor or satire to communicate their message or make their point.

c. Member must participate in another category also.

d. Length of presentation:
   - Junior 1-3 minutes
   - Intermediate & Senior 3-5 minutes

7. County winners in age division 13-14 and 15 & older will not automatically be Roundup delegates. Delegates are selected on overall 4-H participation for the year and must fill out an application.

8. A 4-H member should not repeat the same talk, illustrated talk, demonstration or live action display at any county public speaking event.

4-H Model Meeting On Track with Parliamentary Procedure
Purpose:

* Plan, organize, and present a display which communicates the proper way to handle a motion.

* Learn how to design and prepare an effective display.

Topic:

Correct Procedure for a Motion

Category: Club Only

Guidelines:

1. Free standing with attached sides, must fit 3’x3’ space.

2. Handouts may be part of the display.

3. Use “Creating Better Posters and Displays” as a resource for preparing the display. Handout available from the extension office.
4-H Job Readiness

Purpose of Job Readiness

- Prepare youth for assessing employment skills and researching job opportunities.
- Develop skills for completing a job application form, participating in an interview and communicating a personal understanding of an ability to perform specific job requirements.

Age Division
Intermediate
Senior

Categories
1. Retail Sales: could include discount stores, department stores, specialty stores, grocery stores, farm supply stores, gardening and nursery, bookstores, etc.
2. Services: could include full-service restaurants, fast food, child care, automotive service and repair, farm/ranch workers, contractor/construction worker, photography, hair stylists, etc.
3. Home-Based Type Businesses: baby-sitting, housekeeping, catering service, lawn care and maintenance, home repair/maintenance, custom sewing, pet care, word processing, etc.
4. Office Work: clerical, filing, receptionist, etc.
5. Health Care: nursing homes, hospitals, doctors offices, pharmacies, etc.
6. Others: Please specify job type. Should be a job that does not fit into any other category.

Guidelines
1. Select a job in which you have an interest. Select a position for which you are qualified. Use factual information about yourself and an actual job throughout the application process and interview.
2. Select the category most appropriate for the job. See categories above.
3. To enter this event submit the following in one letter-size file folder by the entry deadline:
   a. Job specification sheet with the name of the firm, firm size, job title, short job description, hours, wages and job within that company.
   b. Resume or Personal Data Sheet (Design your own or use optional form).
   c. Letter of application addressed to firm as indicated on job specification sheet.
   d. The following information must be on the upper left corner of the file folder: name of participant, club, name of job category.
4. All materials must be the work of participant.
5. Participants will complete a job application form in the presence of the chairperson the day of the event just prior to the interview. Resources such as a copy of the resume, or personal data sheet, a dictionary, and reference cards may be used in completing the application. All application forms must be completed in black or blue ink; participants must provide their own pens. The application form will ask for the following information:
   a. **Personal information** - name, address, social security number….
   b. **Education** - name and address of schools attended, dates of attendance, extracurricular activities.
   c. **Former employment** - dates of employment, names and addresses of employers, salary, reason for leaving.
   d. **Information about the job desired**, including salary expected
6. Participants will be evaluated on being dressed in appropriate attire for the interview and type of job.
7. Each participant will participate in a 10-12 minute interview. Sample questions are available; however, evaluators may ask other questions.
8. After the interview, the participant will have 15 minutes to compose an interview follow-up letter. The participant may bring one note card with the name and address of the prospective employer. The letter must be written in black or blue ink. Paper will be provided, but participants must provide their own pens. The letter should include:
   a. Appreciation for the interview.
   b. Further information not stated during the interview, if any.
   c. Whether or not the participant is still interested in the job.

Criteria for Judging
Information folder, application form, interview, follow-up letter.

Awards
Each participant will receive a blue, red, or white ribbon. The top two will be selected in each age division. The Judges will designate county representatives for State Roundup Competition.

4-H Public Speaking
Healthy Living/Spring Fun Fair
Cleveland County Frye Auditorium
Date: March 30, 2018

All individual food entries, posters, displays, etc. will be received 8:00AM to 3:30PM on Thursday March 29, 2018 at the Extension Office
Closed Judging for Individual Entries will be Friday morning & Appropriate Dress/Dress Review will be in the evening at 6:30PM

The Healthy Living Fair is a fun activity for families and youth. It is a time to learn about living a healthy lifestyle through positive choices, nutrition and exercise.

Purpose:
- Provides an activity that will promote cooperation, education and teamwork within the local club.
- Promotes healthy lifestyles and choices through work, family and friends.
- Promotes and encourages a lifestyle which involves good nutrition and exercise.
- Promotes quality in project work.

Age Divisions:
- Cloverbud (Ages 5-8, if 8yrs old after Sept. 1)
- Junior (3rd grade & 8yrs old by Sept. 1 - 5th grade)
- Intermediate (Grades 6th, 7th & 8th)
- Senior (9th grade - 12th grade)

Guidelines
1. ONLY interactive displays, stationary displays, educational displays MUST be registered by specific day (Entries DUE March 2, 2018 by 4:00PM to the Extension Office).
2. All entries will be turned in on Thursday March 29th between 8:00 -3:30PM, in the Frye Auditorium.
3. Pre-entry for individual food entries, posters, etc. is REQUIRED. If the exhibitor is unable to attend, an adult may make the entry.
4. Exhibitors are encouraged to participate in a variety of activities scheduled throughout the Healthy Living/Spring Fun Fair.
5. Club or small group events shall consist of members from within a local 4-H club
6. Youth may enter more than one class in each category, but are limited to one entry per class.
7. All food preparation exhibits must be made from scratch.
8. Each food exhibit is to be shown on a disposable plate and put in a zip lock bag. The casseroles, salads, and cakes should be displayed whole and must be covered.
9. Name, age, class name and number must be securely attached to the bottom of the plate, dish or exhibit.
10. Recipes must be attached to all entries. Entries will not be judged without attached recipe.
Awards
Blue, Red and White Awards will be given for all categories. "Top Two" Ribbons will be awarded in each of the categories. Special Incentives Awards will be presented to 4-H members who participate and exhibit quality entries in at least one (1) group event and at least three (3) of the individual categories. Please indicate at the time of entry that you qualify for the special incentive awards. Special Incentive Award forms can be picked up from the Extension office or from your local club leader.

Evaluation Method for Displays and Posters
- 50% Educational Value
- 25% Creativity and Quality
- 25% Knowledge gained by members

Food Preparation Exhibits (308)

**Junior Level**
- 30801 Three(3) Muffins
- 30802 Three(3) Rolled Biscuits
- 30803 Three(3) Baked drop Cookies (no shaped cookies such as snickerdoodle or peanut butter)

**Intermediate Level**
- 30804 One-half loaf of any yeast bread (not a sweet dough) made by hand or in a bread machine
- 30805 Three (3) yeast cinnamon rolls (no icing)
- 30806 Three (3) rolled sugar-type cookies (no gingerbread recipes)

**Senior Level**
- 30807 One-half loaf or portion of breads from another culture. Include a one page story on how this bread fits into that culture and its nutritional contribution.
- 30808 One-half of one 8" layer un-iced shorten type cake (no angel food or chiffon)

Food Preservation Exhibits (Jar rings should be left on for display)

**Junior Level**
- 30809 One pint or half pint jar of jam or jelly processed in boiling water canner
- 30810 Two pieces of fruit leather
- 30811 One pint or half pint of salsa/picante sauce.

**Intermediate Level**
- 30812 One pint jar cucumber pickles or vegetable relish
- 30813 One pint or quart of any single canned fruit (not pickled)

**Senior Level**
- 30814 Dried Fruit (1/2 cup of a single dried fruit) Display is a sealed plastic sandwich/freezer bag.
- 30815 One pint or quart jar pressure canned vegetables (no tomatoes or pickles)
- 30816 One quart or one pint jar of plain canned tomatoes

Diversity Poster Exhibits

**Junior Level**
- 30817 Educational poster (14” x 22”) based on foods or cheeses of another country or countries

**Intermediate & Senior Level**
- 30818 Educational poster (14” x 22”) based on foods from another culture. Can be based on a cultural celebration.

Nutrition Exhibits

**Junior Level**
- 30819 Educational poster based on recipe modification for healthful eating

**Intermediate Level**
- 30820 Educational poster based on the nutritional contributions of fruits and vegetables.

**Senior Level**
- 30821 Educational display based on a recipe modification to include:
  - Original recipe and what modifications were made.
  - Benefits of the modification
  - How did the modifications impact the above factors?
  - What were other people’s responses to the modifications.

Food & Kitchen Safety Exhibits

**Junior Level**
- 30822 Educational poster based on food or kitchen safety.

**Intermediate Level**
- 30823 Educational poster based on protein food safety.

**Senior Level**
- 30824 Educational poster based on outdoor cookery or grilling
Food & Kitchen Safety Exhibits

Ages 9-11
30822 Educational poster based on food or kitchen safety.

Ages 12-14
30823 Educational poster based on protein food safety.

Ages 15 & older
30824 Educational poster based on outdoor cookery or grilling

Other Exhibits

Ages 9-11
30825 Educational poster illustrating a place setting for a specific occasion or menu.

Ages 12-14
30826 Educational display based on a breakfast bread buffet theme. Should include menu, buffet layout, decorations, invitations, and any additional information.

Ages 15 & older
30827 Educational poster based on careers in the food industry.

Group Projects

Junior Groups
Senior Groups
Combination Junior/Senior Group
(Top Two may be given in each group at the judge’s discretion.)

1. Newsletter
One (1) page (front and back of 8 ½ x 11”) newsletter promoting a single topic or multiple topics related to health and wellness. Topics could include nutrition, healthy lifestyles, exercise, personal development, citizenship, etc.

2. Educational Video Tape or Power Point
A three (3) minute program promoting some topic of health and wellness. Topics could include; nutrition, healthy lifestyles, exercise, personal development.

3. Interactive Display
Manned educational display promoting some topic of health and wellness. Topics could include nutrition, healthy lifestyles, exercise, personal development, etc.

Additional Educational Displays
(These items are not County Fair eligible)

Poster
Must be 14” x 22” and must be signed on back and laminated.

30828 Nutrition
30829 Exercise
30830 Personal Development

Additional Food Preparation Categories
(These items are not County Fair eligible)

Junior, Intermediate & Senior Levels

Light & Healthy
30836 Quick Bread
30837 Cookie
30838 Cake
30839 Casserole
30840 Snacks

Recipe modification: include with exhibit; original recipe, what modifications were made, benefits of the modifications, how did the modifications impact the above factors and what were other people’s responses.

Salad (no meat)
30841 Vegetable or Fruit
30842 Dessert
30843 Miscellaneous Salads

Casseroles
30844 Meat Casserole (one serving)
30845 Vegetable Casserole (one serving)

Nutritious Sack Lunch
30846 The container will not be judged. The contents will be judged on nutrition (My Plate), texture, color & taste.
SPRING FUN FAIR
Date: March 30, 2018

All individual Photo Exhibits, Posters, Displays, etc. will be received 8:00AM to 3:30PM on March 29, 2018 in the Frye Auditorium

Judging of these entries will be the morning of Friday March 30th

Modeling of constructed garments and entries for Appropriate Dress will be judged at 6:30PM on Friday March 30, 2018 in the Frye Auditorium.

Entry Forms must be turned in by March 2, 2018 to the Extension Office by 4:00PM

Location: Cleveland County Frye Auditorium

Communications & Expressive Arts

4-H Posters (300)

Age Divisions

Cloverbud (Ages 5-8, if 8 yrs old after Sept. 1)
Junior (3rd grade & 8 yrs old by Sept. 1 - 5th grade)
Intermediate (Grades 6th, 7th & 8th)
Senior (9th grade - 12th grade)

Poster must be constructed on poster board 14" x 22" (1/2 of a poster board). They may be horizontal or vertical. Poster may be produced by any medium - watercolor, ink, crayon, acrylic, charcoal, collage, computer, etc. Posters must be flat. Do not use three-dimensional pieces on posters. Posters will be judged on (1) educational idea portrayed, (2) public appeal, and (3) creative and original ability presented. Copyrighted or trademarked cartoon characters or other designs must not be used due to copyright restrictions.

• For display purposes, exhibitors are encouraged to laminate or cover all posters with clear plastic film. Posters must be signed and dated on the back in permanent marker before laminating. If not marked the judging committee may mark or punch. Text of posters should be readable from at least 10 ft. away.

• The 4-H member’s name, age before January 1, and county should be on the back of the poster in the upper left hand corner.

NOTE: Posters in this section must include 4-H Clover or mention 4-H. When using the official clover with H’s, the tail should curve to the right and the words 18 U.S.C. 707 must appear under the lower right leaflet, unless poster and clover are hand drawn. For more information on proper use of the 4-H clover please refer to http://4h.okstate.edu/educators/4-h-name-and-emblem

Junior Division

30001 4-H promotional poster designed to recruit 4-H members, volunteers, promote any 4-H event or promote any 4-H project.

30002 Poster designed to promote 4-H using the national campaign, “4-H Grows Here”.

30003 Poster recognizing or documenting one of the following: Oklahoma 4-H history during one decade or the evolution of a particular 4-H project area over the decades.

Intermediate Division

30004 4-H promotional poster designed to recruit 4-H members, volunteers, promote any 4-H event or promote any 4-H project.

30005 Poster designed to promote 4-H using the national campaign, “4-H Grows Here”.

30006 Poster recognizing or documenting one of the following: Oklahoma 4-H history during one decade or the evolution of a particular 4-H project area over the decades.

Senior Division

30007 4-H promotional poster designed to recruit 4-H members, volunteers, promote any 4-H event or promote any 4-H project.

30008 Poster designed to promote 4-H using the national campaign, “4-H Grows Here”.

30009 Poster recognizing or documenting one of the following: Oklahoma 4-H history during one decade or the evolution of a particular 4-H project area over the decades.
Educational Booth Display (301)
Displays must be an in-depth look at a 4-H project or projects. Space for the booth is 3 feet deep and 4 feet wide (with sides extended for display). Back can be 4 feet high. Use lightweight materials for ease in transporting. Display must be free-standing. Display may be prepared by an individual or group of 4-H members. Criteria for judging (1) effectiveness of the message, (2) appropriateness to the theme, (3) interest and attractiveness to the public.

- Display must focus on ONE of the following and be suitable for display at a local business during National 4-H Week or at another time.
- Promotion of a specific 4-H project, member recruitment, current youth issue, event etc.
- Community Service
- The national campaign, “4-H Grows Here”

EXHIBITS IN THIS SECTION MUST PROMINENTLY DISPLAY A 4-H CLOVER OR MENTION 4-H. When using the official clover with H’s, the tail should curve to the right and the words 18 U.S.C. 707 must appear under the lower right leaflet, except for hand drawn clovers. For more information on proper use of the 4-H clover please refer to http://4h.okstate.edu/educators/4-h-name-and-emblem

Class
30101 Educational Booth Display (other than community service or “4-H Grows Here”). Display may be project area, member recruitment, current youth issue, event, etc.
30102 Community Service Booth Display
Sharing about a community service that a 4-H member or county 4-H group has done. Should include pictures, examples, and scope of projects. The impact on others will be an added criterion for judging. Project should be the extension of a 4-H project area.
30103 Display using the national theme, “4-H Grows Here”.

Criteria for Judging
Blue, Red, White and Top Two Awards are given to 4-H members as a means for evaluating the quality of the project being exhibited. Please refer to pages 10 for an explanation of these awards.

Evaluation Method for Displays & Posters
50%  Educational Value
25%  Creativity & Quality
25% Knowledge gained by member.

4-H Photography Exhibits (302)
These exhibits consist of photos taken by the individual exhibitors. A photo can be entered only one year. Individuals can exhibit in only one Level, and may enter only one exhibit per class in that level. Level 1 is for members who have beginning skill level, Level 2 is for those who have intermediate skill level, and Level 3 is for those who have advanced skill level. All ages within each level are before January 1 of the current calendar year.

- DIGITAL PHOTOS may be entered. Adjustments to digital photographs are limited to color and contrast adjustments, cropping, gray scaling, exposure adjustments, and red eye reduction (with the exception of classes 25 – 28).
- PRINTS: Black and white or color prints may be exhibited. Prints must be no smaller than 4” x 6” and no larger than 5” x 7” (except when panoramic prints are used) for all classes, except classes 5, 10, 14, 18, and 22 where prints may be up to 8” x 10”. Prints should be printed on photo-quality paper (not copy paper). Print quality is taken into consideration by the Judges. Photos will be disqualified if in a frame.

- TITLES, CAPTIONS AND OTHER REQUIRED INFORMATION: On the front of the board there must be a title (i.e. My Trip to the Zoo, or My Favorite Photo) and each photo must have a caption giving the viewer more information about the photograph. The back of each board must include the exhibitor’s name, county, number of years in the 4-H photography project, camera type (digital SLR, smart phone, digital point and shoot or 35 mm film), and megapixels (if camera is digital). If the exhibitor is entering classes 11 & 16, please include the film speed or digital ISO, shutter speed, and aperture (if the camera is adjustable).

Awards
All exhibits will receive a blue, red or white award. “Top Two” ribbons will be awarded as deemed appropriate by the judge(s).

*Blue, Red, White Awards will be given for all categories
**Top Two” Ribbons will be awarded in each of the categories.
BOARDS: Prints must be securely attached to the surface of a single black or white (NOT colored) poster board, foam core, poster or mat board. Photos will be disqualified if on regular printing paper or cardstock. No double matting, use of multiple layers or more than one color. The entire print must be seen and cannot be masked in any way. Boards must be 14” x 14” for all classes.

Level 1: Focus on Photography
Junior Class
(for members who have beginning skill level)
30201 Four photos, one from each of the following categories: people, animals, plant life and scenery.
30202 Four photos of people doing different things, showing a variety of activities, camera angles and lighting choices.
30203 Four otherwise outstanding photos showing common mistakes in picture taking. The caption for each print must correctly identify what is wrong and provide an appropriate solution to prevent the mistake.
30204 Series of 4 photos telling a story or illustrating a single event.
30205 Best individual photo made this year.

Senior Class
(for members who have intermediate skill level)
30206 Four photos, one from each of the following categories: people, animals, plant life and scenery.
30207 Four photos of people doing different things, showing a variety of activities, camera angles and lighting choices.
30208 Four otherwise outstanding photos showing common mistakes in picture taking. The caption for each print must correctly identify what is wrong and provide an appropriate solution to prevent the mistake.
30209 Series of 4 photos telling a story or illustrating a single event.

Level 2: Controlling the Image
Junior Class
(for members who have intermediate skill level)
30211 Four photos showing good composition, such as placement of subject, framing, contrast or perspective. The caption for each photo or the title of illustrated.
30212 Four action photos.
30213 Four photos showing effect (lighting, media, techniques and processes). The caption for each photo or the title of board must explain the ideas being illustrated.
30214 Best individual photo made this year.

Senior Class
(for members who have intermediate skill level)
30215 Four photos showing good composition, such as placement of subject, framing, contrast or perspective. The caption for each photo or the title of the board must explain the ideas being illustrated.
30216 Four action photos.
30217 Four photos showing effect (lighting, media, techniques and processes). The caption for each photo or the title of board must explain the ideas being illustrated.
30218 Best individual photo made this year.

Level 3: Mastering Photography
All Ages
(for members who have advanced skill level)
30219 Four photos showing members’ knowledge of one of the following: different lenses, photo lamps, existing light, filters, or special effects. The caption for each photo or the title of the board must explain the idea(s) being illustrated.
30220 Four outstanding “people” pictures.
30221 Four landscapes or nature photos.
30222 Best individual photo taken this year.

Digitally Adjusted Photos
Exhibit must include both the original photo labeled “original photo”, the digitally adjusted photo labeled “adjusted photo”, with a short summary of what was done (cropping, red-eye removal, color or contrast adjustment, gray scaling, exposure adjustment, etc.). Must be on a single black or white poster board, foam core or mat board 14” x 14”.

Class
30223 Junior Class
30224 Senior Class
Digitally altered photographic illustration taken with a digital camera by the exhibitor
Alterations are beyond common photography techniques of red eye removal, cropping, etc. Exhibit includes a print of the original photograph labeled “original photo”, and the digitally altered image labeled “photographic illustration”. Must be securely attached on a single black or white foam core or poster board and be no larger than 14” x 14”. Attach up to ½ page of written explanation of the alterations to the back of the exhibit.
30225 Junior Class
30226 Senior Class

Digitally altered scanned image – Exhibit must include the original image labeled “original image”, and the digitally altered image labeled “altered image”. Alterations are beyond common photography techniques of red eye removal, cropping, etc. Must be securely attached on a single black or white foam core or poster board and be no larger than 14” x 14”. Attach up to ½ page of written explanation of alterations to the back of the exhibit. Trademark images may not be used.
30227 Junior Class
30228 Senior Class

EXPRESSIVE ARTS (303)
Junior Class Senior Class
Paintings, drawings and other items that are to be hung MUST have a hanger attached or they may not be displayed.
30301 Jr. Fine Art Pencil, charcoal, pastels, chalk, ink
30302 Sr. Fine art Pencil, charcoal, pastels, chalk, ink
30303 Jr. Watercolor
30304 Sr. Watercolor
30305 Jr. Oil or acrylic
30306 Sr. Oil or acrylic
30307 Jr. Ceramics Glazed (maximum of one piece)
30308 Sr. Ceramics Glazed (maximum of one piece)
30309 Jr. Ceramics Stained (maximum of one piece)
30310 Sr. Ceramics Stained (maximum of one piece)
30311 Jr. Pottery Original design made from clay using a process of hand molding or on a potter’s wheel
30312 Sr. Pottery Original design made from clay using a process of hand molding or on a potter’s wheel
30313 Jr. Print Process Article Block printing and other printing methods.
30314 Sr. Print Process Article Block printing and other printing methods.
30315 Jr. Nature Craft Article made from natural materials including weaving or basket making
30316 Sr. Nature Craft Article made from natural materials including weaving or basket making
30317 Jr. Bead Craft Article
30318 Sr. Bead Craft Article
30319 Jr. Leather craft Kit
30320 Sr. Leather craft Kit
30321 Jr. Leather craft Original Design
30322 Sr. Leather craft Original Design
30323 Jr. Hand Crafted Wax Candle
30324 Sr. Hand Crafted Wax Candle
30325 Jr. Hand Crafted Gel Candle
30326 Sr. Hand Crafted Gel Candle
30327 Jr. Puppet
30328 Sr. Puppet
30329 Jr. Paper Craft
30330 Sr. Paper Craft
30331 Jr. Plastic Craft includes but not limited to Lego™ Art. If Lego™ Art is entered, it must be glued.
30332 Sr. Plastic Craft includes but not limited to Lego™ Art. If Lego™ Art is entered, it must be glued.
30333 Jr. Duct Tape Craft
30334 Sr. Duct Tape Craft
30335 Jr. Miscellaneous (limited to items that cannot be entered in any other class.)
30336 Sr. Miscellaneous (limited to items that cannot be entered in any other class)

4-H Technology Exhibits (304)
Junior Class Senior Class
Guidelines: Every exhibit must be labeled on the back with the following information: Name, Club, County, Age before January 1 and date poster or exhibit was made.
• Copy written material such as professional photos, books, publications or items on the internet should not be used as original.
• Exhibits displayed as posters must be constructed on poster board 14” x 22” (1/2 of a poster board). They may be horizontal or vertical. Posters will be judged on (1) educational idea portrayed, (2) public appeal, and (3) creative and original ability presented. Copyrighted or trademarked cartoon characters or other designs must not be used due to copyright restrictions.
For poster display purposes, exhibitors are encouraged to laminate or cover all posters with clear plastic film. Text of posters should be readable from at least 10 ft. away.

Promotional exhibits in this section must include an official 4-H Clover or mention 4-H. For more information on proper use of the 4-H clover please refer to [http://4h.okstate.edu/educators/4-h-name-and-emblem](http://4h.okstate.edu/educators/4-h-name-and-emblem).

**Technology Categories:**

**Flat Flyer** (one-sided) designed by the exhibitor to promote a club or county 4-H educational program or activity. Computer generated flat flyer (8 1/2" x 14" or 8 ½" x 11"). Flat flyers should be securely attached to an appropriately sized poster board.

- 30401 Junior Class
- 30402 Senior Class

**Brochure, card or invitation related to 4-H** (may be double-, tri-, or four-fold measuring 8 1/2" x 11" or 8 1/2" by 14 before folding.) Attach 2 flat copies of the brochure (one side showing the front and the other side showing the back of the brochure) to an appropriately sized poster board no larger than 14" x 22" – ½ of a poster board. Attach a large envelope to the back of the poster board and insert a folded copy of the brochure.

- 30403 Junior Class
- 30404 Senior Class

**PowerPoint Presentation related to 4-H.**

Presentation should either promote 4-H or educate about a 4-H project. Presentations should include an official 4-H Clover including required trademark designation. Presentation entry includes a printout of at least 5 slides and script/presentation notes in a folder or notebook. Include presentation file in a labeled CD (in an envelope). All PowerPoint presentations should be mounted on a free standing display board not to exceed 36" X 36" when the sides are extended for display. Commercially available “Science Fair Presentation boards” are encouraged.

- 30405 Junior Class
- 30406 Senior Class

**Digital Media -** Submit a video (maximum of 3 minutes) and movie style poster. Poster (14” x 22” – ½ of a poster board with a 4-H Clover) should creatively depict the video’s content. Video can be promotional, informational, music, or a documentary. The video must be in a windows media (.WMV) or (.AVI) format and submitted on a CD/DVD. Video may only contain first names of the participants and participants must have a signed media release form on file in their county 4-H office (found in the Minors on Campus packet)

- 30407 Junior Class
- 30408 Senior Class

**Global Positioning Systems (GPS)/Geographic Information Systems (GIS) Exhibits**

- 4-H Youth will learn about Geographic Information Systems (GIS) concepts by collecting data on a location, describing the attributes.
- Youth will learn about geospatial technology applications and future career opportunities by working with local government agencies and project partners in their own communities.
- Increased youth involvement in community service and awareness projects that impact local communities by enhancing economic and community development.
- The 4-H GPS/GIS exhibits will be judged in two age groups. Junior & Seniors.
- Every exhibit must be labeled on the back with the following information: Name, Club, County, Age before January 1 and date poster, map or exhibit was made.

Posters/Maps must be 14" x 22" – ½ of a poster board. Exhibitors are encouraged to laminate all posters or cover them with clear plastic film. Maps may be affixed to poster board. The map itself doesn’t have to be the full 14" x 22".

- Displays must be free standing and not be larger than 3’ x 3’ (width x depth) with sides extended for display.

**Poster showing the parts of a GIS map** with an explanation identifying the purpose of each item.

- 30409 Junior Class
- 30410 Senior Class

**Display illustrating how GPS works,** including the user, control and space segments of the system.

- 30411 Junior Class
- 30412 Senior Class

**Geocache box**

Exhibit would include geocache box with contents, description & photograph of the location in which the box will be located. (Check Geocaching.com for instructions on placing and describing)

- 30413 Junior Class
- 30414 Senior Class

**Hand drawn map.**

Map can either be informational or directional. Attach a one page explanation of the purpose for the map.

- 30415 Junior Class
- 30416 Senior Class
Computer generated map.
Map can be either informational or directional. Attach a one page explanation of the purpose for the map.

30417 Junior Class
30418 Senior Class

Group Projects (Developed by two or more 4-H members)

Computer generated map.
Map can be either informational or directional. Attach a one page explanation of the purpose for the map.

30419 Junior Class
30420 Senior Class

Club or County Mapping Project Display

30421 Displays must be free standing and are limited to 36” X 36” (width x depth) when sides are extended. Commercially available “Science Fair Presentation Boards” are encouraged. It should show and explain the project in detail including printouts of maps, pictures of the project being done, who was collaborated with, and how the project results have and will be utilized. Exhibit must be labeled on the back with the following information for all participating members: Name, Club, County, Age before January 1 and date poster or exhibit was made.

4-H Robotics
The goal of the 4-H robotics program is for 4-H members to explore science, technology and engineering through designing and building a functioning robot. The robot can be either programmable or remote controlled. The robot can be created by an individual or a group.

- The 4-H robotics exhibits are open to all ages. They will be judged separately in two age groups. Juniors & Seniors.
- Every exhibit must be labeled on the back with the following information: Name, Club, County, Age before January 1.
- Attach a 3”x 5” index card to each robot/exhibit, explaining:
  - Construction material, how constructed and goal of project.
  - Year in project
  - Age of member
  - Whether or not made from kit other pertinent information
- Each exhibit should have a one page report explaining the function, purpose and construction of the robot.
- Displays must be free standing and are limited to 3’ X 3’ (width X depth) when sides are extended for display.

Programmable Robot
30422 Junior Class
30423 Senior Class

Remote-controlled Robot
30424 Junior Class
30425 Senior Class

Display with photographs and explanation of a member developed robot which is not available for exhibit
30426 Junior Class
30427 Senior Class

Project Group Developed by two or more 4-H members working together (include all 4-H members information involved on index card.)
30428 Programmable Robot
30429 Remote-controlled Robot
30430 Display with photographs & explanation of a member robot not available for exhibit.

Simple Machines
Marshmallow catapult challenge design task
- Design requirements:
  - Design a trebuchet-style swing arm catapult.
  - It may be similar to a teeter-totter or swing set.
  - The beam (arm) is able to swing (go up and down).
  - The arm of the catapult must be adjustable from the center to an offset (One side of the beam is longer from center pivot point.).
  - Use at least five (5) different types of materials or parts (craft sticks, brads, dowels, etc.).
  - Use weights and gravity as the power source.
  - Launch a marshmallow at least six (6) feet.
Reference: National 4-H Curriculum, Junk Drawer Robotics, Level I

Attach a 3 x 5 note card
Explain how you built and tested your catapult
Chart your marshmallow launches
30431 Junior Class
30432 Senior Class
Wind Turbine

- Use the 2011 National Science Experiment Youth Guide to design, build and test your own wind generator. Wind generators must be homemade and not built from a kit. Test your turbine with a multimeter and report your results on a 3 X 5 card attached to your turbine.

http://www.4-h.org/4-h-national-youth-science-day/past-experiments-archives/

30433  Junior Class
30434  Senior Class

Science Discovery Projects (305)
The goal of this project and exhibit is to allow 4-H members to:

- Use the scientific method to gain an understanding of how things work and the variables that affect them.
- Take an open and creative approach to problem solving.
- Learn that a successful outcome is based not on personal opinion but on scientific fact.
- Improve written and visual communication skills

4-H members are encouraged to use their 4-H projects as the basis for their scientific research and discovery project.

Exhibits should relate to one of the following topics:

- Behavioral and Social Sciences
- Biochemistry, Medicine, and Health Sciences
- Botany and Zoological Sciences
- Computer Science
- Earth and Space Sciences
- Engineering
- Environmental Sciences
- Mathematics
- Physical Sciences

A few resources for finding project ideas are:
The WWW Virtual Library: Science Fairs - http://physics.usc.edu/~gould/ScienceFairs/
Information about Oklahoma Science Fairs - http://ossef.ecok.edu/

Displays must be free standing and are limited to 36” X 36” (width x depth) when sides are extended. Commercially available “Science Fair Presentation Boards” are encouraged.

30501  Beginning Division (9-11) A display illustrating the project.
30502  Intermediate Division (12-14) A display with an accompanying report of approximately two type written pages.

30503  Advanced Division (15 & older) A display and a written report about the project that includes an interview with a scientist or someone who works in the area that is being studied. Reports should be three to five pages in length.

30504  Team Exhibit (All Ages) – Team may include a maximum of three members. A display and a written report about the project that includes an interview with a scientist or someone who works in the area that is being studied. Reports should be 5 pages in length.

CONSUMER/FAMILY SCIENCES DIVISION
4-H FABRICS AND FASHIONS (306)
Design & Construction

- The Skill Mastery sheet http://4h.okstate.edu/literature-links/lit-online/family-consumer-science/fabric/skill-mastery-sheets is an education tool to guide project construction for fair exhibits. The projects have been carefully selected and directed for members to investigate and learn specific skills and information. The end product is being evaluated on the skills “you learned,” as identified on the age appropriate skill sheet. It is encouraged that the sheet be submitted with the exhibit with the exception of the story board, portfolio and creative components. The intent is that the sheet serves as a “personal reflection” which shows the judge how much you really learned. Why? Because in 4-H, reflection and application are just as important as the end product. Sheets will not be displayed and will be returned. Not because the sheet is not important, but to simplify displaying.

- Use the skill sheet as a planning tool. Ask yourself, “What skills are necessary to learn and appropriate to apply to my project’s design and construction?” It is important that each 4-H member take responsibility for the life skill of “learning to learn.” This may require members, leaders and educators to look up terms and learn techniques as part of the educational process.

- Projects being exhibited for competition are being evaluated on the 4-H members “mastery” of skill (s) and subject matter. The 4-H Fashion and Fabrics Member’s & Leader’s Guides provide basic information members are to learn (master) and demonstrate in their project work. Members are encouraged to seek out other valid resources which teach proper technique and knowledge in the areas of design and construction.
General Skills to be mastered in project/product in ADC, IDC and HTDC:

Structural Design: Construction technique, size, form, color and texture suited to the materials and product end use.

Elements of Design: The finished product illustrates the member is learning or “mastering” the basic elements of design - lines, shapes or forms, textures, colors, and space.

Principles of Design: The finished product illustrates an awareness and application if the principles of harmony adding dimension, interest and/or appeal to the finished product.

Surface Design: Any lines, shapes, colors, textures, or materials applied to the product or item design that creates an emotional or personal quality, individuality and creative expression without disturbing initial/end purpose. Design is that “something which makes the item unique to the individual designer”.

Project Resources - Go to https://agweb.okstate.edu/fourh/litol/ Family and Consumer Sciences for guidance for some of the new projects. These resources will better define multimedia, storyboard, portfolio, scientific and service learning models, leadership, historical/cultural significance, etc.


Descriptions - Any project requiring a description will include 1-2 pages, double spaced, 12 point font. Neatly/legible handwritten descriptions are acceptable.

APPAREL DESIGN & CONSTRUCTION (ADC)

Level 1 (Ages 9-10)
Project must have at least 2 of the skills required for the ADC level 1 project work.

30601 Simple Tops (shirt, tank top, t-shirt, vest, Poncho, any other similar item not stated)

30602 Simple Bottoms (shorts, capris, pants, skirts, any other item not stated)

30603 Non-human Apparel (doll clothes, pet or livestock garment, any other similar items not stated)

30604 Sewn Fashion Accessory (sewn hats, scarves, bag, wallet, string-pack or textile based jewelry, any other similar item not stated)

30605 Knitted/Crocheted Yarn/Thread Fashion Accessory (knitted/crocheted hats, scarves, bag, wallet, string-pack, or textile based jewelry, any other similar item not stated)

30606 Costume (Halloween, holiday, costumes for human and non-humans, any other similar item not stated) Must be complete costume (or a total look) which required hand and/or machine stitching. No costume accessories without the base garment(s). Shoes not required. State character and costume use on and attached 3x5 card.

30607 Apparel Design Portfolio: A notebook with three sections – 1) Projects/Products, 2) Sample Technique Pages and 3) Creative Inspirations and Ideas. See instruction sheet for details.

Level 2 (Ages 11-12)
Project must have at least 2 of the skills required for the ADC level 2 project work.

30608 One piece garment with facing (robe, jacket, dress, jumpsuit, shooting vest, any other similar item not stated)

30609 Simple Bottom with pocket and/or waistband or facing (shorts, capris, pants, skirts, any other similar item not stated)

30610 Two piece garment (top and bottom, jacket/vest with bottom/dress, PJs, any other similar set of items, not stated)

30611 Non-human Apparel (doll clothes, pet or livestock garment, any other similar item not stated)

30612 Sewn Fashion Accessory (sewn hats, scarves, bag, wallet, string-pack, or textile based jewelry, any other similar item not stated)

30613 Knitted/Crocheted Yarn/Thread Fashion Accessory (knitted/crocheted hats, scarves, bag, wallet, string-pack, or textile based jewelry, any other similar item not stated)

30614 Costumes (Halloween and holiday; including human and non-human items, any other similar item not stated) Must be complete costume (or a total look) which required hand and/or machine stitching. No costume accessories without the base garment(s). Shoes not required. State character and costume use on and attached 3x5 card.
Apparel Design Project Portfolio

A notebook with three sections — 1) Projects/Products, 2) Sample Technique Pages and 3) Creative Inspirations and Ideas. See instruction sheet for details.

Level 3 (Ages 13-14)

Project must have at least 2 of the skills required for the ADC level 3 project work.

- **Blouse/Shirt with sleeves and closure** (set-in, flat inset, cap, raglan, or kimono, any other similar item not stated)
- **Bottom with zipper and/or pocket** (shorts, capris, pants, skirts, any other similar item not stated)
- **Two piece garment** (coordinating top and bottom, jacket/vest with bottom/dress, PJ’s, uniform, any other similar item not stated)
- **One piece garment with buttonholes and/or zipper** (shirt, blouse, robe, jacket, vest, dress, jumpsuit, costume, uniform, any other similar item not stated)
- **Sewn Fashion Accessory** with closure/fastener and seams
- **Knitted/Crocheted Yarn/Thread Fashion Accessory** (knitted, crocheted, tatted, any other similar item not stated)
- **Costume human or non-human** - (dance, pageant, holiday, theatrical, period/reenactment/living history garments or any other similar item not stated). Must be complete costume (or a total look) which required hand and/or machine stitching. No costume accessories without the base garment(s) Shoes not required. State character and costume use on and attached 3x5 card.

Level 4 (Ages 15 & older)

Project must have at least 2 of the skills required for the ADC level 4 project work.

- **One piece lined or unlined, garment** (pants, skirt, coat, jacket, dress, jumpsuit, uniform, formalwear, any other similar item not stated)
- **Unlined two piece ensemble/coordinate**
- **Lined Two piece ensemble/coordinate** (coat/jacket/vest, dress, suit, any other similar item not state

Apparel Design Story Board

Include suitable fabric and trim swatch options w/care instructions, sketches of front and back view, accessorizes, intended consumer, construction cost. Exhibit may consist of a multimedia presentation, notebook or story board (matte or foam core board 20” x 15”) with above items and a description of what was learned. See instruction sheet for details.

Fashion Accessory or Garment designed for Special Needs. “Special Needs” being the individual requirements of a person with a mental, emotional, physical disability or disease. Include a description of whom it was made for, why the need, any special adaptations per the individuals request and any other pertinent information supporting the finished product.

Costume human or non-human - (dance, holiday, pageant, theatrical, period/reenactment/living history garments or any other similar item not stated). Must be complete costume (or a total look) which required hand and/or machine stitching. No costume accessories without the base garment(s) Shoes not required. State character and costume use on and attached 3x5 card.

Apparel Design Creative Component “Frugal Fashion”:

Assemble a complete ensemble acquired at a thrift store/garage sale/similar source. Exhibit will include the garment and accessories, a picture of the garment being modeled by the person it was purchased for and an itemized price list for the complete “look.” See instruction sheet for details.

INTERIOR DESIGN & CONSTRUCTION (IDC)

IDC project must be made largely from a textile product unless otherwise stated. A textile is a flexible material made of fiber/thread/yarn. Textiles are formed with various methods including weaving, knitting, crocheting, knotting or felting. Other words for textiles are cloth and fabric.
Level 1 (Ages 9-10)
Project must have at least 2 of the skills required for the IDC level 1 project work.

30631 **Home Accent Bath:** caddy; rug; or cover (example of “covers” - tissue, toilet, TP) decorative towel; simple curtain; trash can, any other similar item not stated

30632 **Home Accent Bedroom:** pillow case, pillow, simple blanket/ quilt, trash can, padded hanger, bulletin board, rug, any other similar item not stated

30633 **Bags:** laundry, jewelry, cosmetic, book/ electronic cover, any other similar item not stated

30634 **Home Accent Storage:** bucket caddy, hanging storage unit, under-bed storage, basket liners, storage box, locker storage, scrapbook cover, any other similar item not stated

30635 **Seasonal Décor from fabric:** table runner, placemat w/napkin, wall hanging, centerpiece, decoration, any other similar item not stated constructed by hand or machine stitching. (Do not include any item which would fit under HTDC)

30636 **Seasonal Décor non fabric:** wall hanging, centerpiece, decoration, any other similar item not stated.

30637 **Interior Design Project Portfolio:** A notebook with three sections—1) Projects/Products, 2) Sample Technique Pages and 3) Creative Inspirations and Ideas. See instruction sheet for details.

Level 2 (Ages 11-12)
Project must have at least 2 of the skills required for the IDC level 2 project work.

30638 **Home Accent Kitchen** food caddy/ warmer, appliance cover, message center/board, simple curtains, table cloth, simple table runner, hand/dish towel, potholders, hot pad, apron, lunch bag, placemat and napkins, any other similar item not stated

30639 **Home Accent Bedroom:** two pillow cases, two coordinating pillows, two decorated towels or any combination of two pieces—a washcloth, hand towel and bath towel, blanket/quilt with binding, lamp shade, lap desk, rug, painted floor cloth, any other similar item not stated

30640 **Bags:** laundry, jewelry, cosmetic, book/ electronic/computer cover, garment bag, any other similar item not stated

30641 **Home Accent Storage:** bucket caddy, hanging storage unit, under-bed storage, basket liners, storage box, scrapbook cover, any other similar item not stated

30642 **Seasonal Décor from fabric:** table runner, placemat w/napkin, wall hanging, center piece, decoration, any other similar item not stated constructed by hand or machine stitching. (Do not include any item which would fit under HTDC)

30643 **Seasonal Décor non fabric:** wall hanging, centerpiece, decoration, any other similar item not stated.

30644 **Interior Design Project Portfolio** A notebook with three sections—1) Projects/Products, 2) Sample Technique Pages and 3) Creative Inspirations and Ideas. See instruction sheet for details.

Level 3 (Ages 13-14)
Project must have at least 2 of the skills required for the IDC level 3 project work.

30645 **Home Accent Living room**- slipcovers, lined curtains/drapes/shades, pillows, lap throw, remote caddy, ottoman, lamp shade, fireplace mantel scarf, doily, any other similar item not stated

30646 **Home Accent Bedroom:** any combination of two coordinating items bedspread, dust ruffle, pillow sham (s), lined curtains/drapes/shades, dresser scarf, hanging storage unit, under bed storage, garment bag, doily, any other similar item not stated

30647 **Recycled/Upcycled Furniture:** painted, stained, refinished, decoupage, tiled or upholstered furniture, any other similar item not stated

30648 **Special “Needs” Accessory:** “Special Needs” being the individual requirements of a person with a mental, emotional, physical disability or disease. A functional item with a description of who it was made for, why the need, any special adaptations per the individuals request and any other pertinent information supporting the finished product.

30649 **Seasonal Décor from fabric:** table runner, placemat w/napkin, wall hanging, centerpiece, decoration, any other similar item not stated constructed by hand or machine stitching. (Do not include any item which would fit under HTDC)
30650 **Seasonal Décor non fabric**: wall hanging, centerpiece, decoration, any other similar item not stated.

30651 **Interior Design Creative Component “Science”**: Illustrates a science experiment related to interior design. Might include the comparison of energy use/options for the home, lighting, water efficient processes or products, sun or landscaping to heat or cool homes, any other similar item not stated. Exhibit will consist of a multimedia presentation or notebook which communicates (written words or audio narration) and illustrates (pictures) of the members science experiment using a recognized model of scientific discovery. 

30652 **Interior Design Project Portfolio**: A notebook with three sections—1) Projects/Products, 2) Sample Technique Pages and 3) Creative Inspirations and Ideas. See instruction sheets for details.

Level 4 (Ages 15 & older)
Project must have at least 2 of the skills required for the IDC level 4 categories.

30653 **Home Accent Outdoors**: picnic accessories, curtains, cushions, shades, placemat and napkins, utensil/condiment caddy, insulated carrier, any other similar item not stated

30654 **Design Story Board**: For an “Ultimate/Ideal” Room. Include color scheme, wall treatment, floor treatment, floor plan, etc. Exhibit will consist of a multimedia presentation, notebook or story board (matte or foam core board 20” x 15”) with above items and a description of what was learned. Project will include but not limited to pictures, samples, diagrams, drawings, narration, cost comparison of supplies, optional floor arrangements and budget/cost for project. See instruction sheets for details.

30655 **Recycled/Upcycled Furniture**: painted, stained, refinished, decoupage, tiled and/or upholstered furniture

30656 **Interior Design Creative Component “Science”**: Illustrates a science experiment related to interior design. Might include the comparison of energy use/options for the home, water efficient processes or products, sun or landscaping to heat or cool homes, furniture/cabinet design, any other similar item not stated. Exhibit will consist of a multimedia presentation or notebook which communicates (written words or audio narration) and illustrates (pictures) of the members science experiment using a recognized model of scientific discovery. 

30657 **Seasonal Décor from fabric**: table runner, placemat w/napkin, wall hanging, centerpiece, decoration, any other similar item not stated constructed by hand or machine stitching. (Do not include any item which would fit under HTDC)

30658 **Seasonal Décor non fabric**: wall hanging, centerpiece, decoration, any other similar item not stated.

30659 **Interior Design Creative Component “Citizenship”**: Develop and implement a service-learning project which meets an identified need in the community or for an individual. Must be related to Interior Design and Construction. Exhibit will consist of a multimedia presentation or notebook which narrates and illustrates (pictures) of the members experience in each phase of the service learning model. See instruction sheets for details.

30660 **Interior Design Project Portfolio**: A notebook with three sections—1) Projects/Products, 2) Sample Technique Pages and 3) Creative Inspirations and Ideas. See instruction sheet for detail

**HOBBIES/TEXTILE DESIGN & CONSTRUCTION - (HTDC)**

HTDC projects are made from a textile product created by the exhibitor, unless otherwise stated. A textile is a flexible material made of fiber/thread/yarn. Textiles are formed with various methods including weaving, knitting, crocheting, knotting or felting. Other words for textiles are cloth and fabric.

Level 1 (Ages 9-10)
Project must have at least 2 of the skills required for the HTDC level 1 project work.

30661 **Simple Sewn Stuffed animal**, doll or puppet
Decorative Textile Technique:
T-shirt, apron, accessory, wall-hanging or pillow decorated with paint and/or dye. The foundation piece can be ready-made. Focus is on creativity and use/mastery of the decorative textile technique.

Textile Fabric Creation: Simple weaving (beading or textile), latch-hook, braiding, macramé, knitting, crochet, felting or basket weaving. Judged on the creativity and finished textile. “Textile” defined as any woven, looped or felted thread or fibers. Finished product no larger than 16” x 16”. Edge should be appropriately finished or the piece can be mounted/framed.

Needle Art by Hand: Simple stamped cross-stitch or embroidery, counted cross-stitch, needlepoint or crewel embroidery applied to towel, pillowcase or small decorative item.

Hand Pieced or Appliquéd Block no larger than 16” x 16”. Edges should be finished or the piece can be framed. No quilting on the finished piece.

Needle Art by Machine: Simple embroidery, cross stitch/decorative stitches or applique applied to garment, pillowcase or small decorative item.

Machine Pieced or Appliquéd Item: no larger than 16” X 16”. Focus in the creation of a fabric/textile. No quilting on the finished piece. Examples might include: picture or wall art, pillow, bag, doll quilt, table runner, etc.

Repurposed Textile Creation: Item made from repurposed or non-traditional textile material which can be worn/carried or used in the home.

Level 2 (Ages 11-12)
Project must have at least 2 of the skills required for the HTDC level 2 project work.

Stuffed animal, doll or puppet with multiple hand and machine sewing techniques (i.e. facial features, hair, movable parts, fake fur, clothing, any other similar item not stated)

Decorative Textile Technique: Clothing, accessory, wall-hanging, or pillow decorated with paint, dye and/or printing. The foundation piece can be ready-made. Focus is on the mastery of a decorative textile technique. Judged on the creativity and use of the decorative textile technique.

Textile Fabric Creation: Weaving (beading or textile), latch-hook, braiding, macramé, knitting, crochet, felting, needle punch, basket weaving and/or a combination of these techniques to create a textile. Judged on the creativity and finished textile fabric produced. Edge should be appropriately finished or the piece can be mounted/framed.

Needle Art by Hand: Hand embroidery, cross-stitch, counted cross-stitch, needlepoint or crewel embroidery, needle punch or smocking applied to garment, home accessory or as a finished picture.

Hand Pieced or Hand Appliquéd Item: no larger than 16” X 16”. Focus on the creation of fabric/textile. No quilting on the finished piece. Examples might include: picture or wall art, pillow, bag, doll quilt, table runner, etc.

Needle Art by Machine: embroidery, cross stitch/decorative stitches, or applique applied to garment, home accessory or picture.

Machine Pieced or Appliquéd Item: Focus in the creation of a fabric/textile. No quilting on the finished piece. Examples might include: picture or wall art, pillow, bag, doll quilt, table runner, etc.

Repurposed Textile Creation: Item made from repurposed or non-traditional textile material which can be worn/carried or used in the home.

Textile Design Portfolio: A notebook with three sections—1) Projects/Products, 2) Sample Technique Pages and 3) Creative Inspirations and Ideas. See instruction sheet for details.

Level 3 (Ages 13-14)
Project must have at least 2 of the skills required for the HTDC level 3 project work.

Stuffed animal, doll or puppet with multiple hand and machine sewing techniques (i.e. facial features, hair, movable parts, fake fur, clothing, any other similar item not stated)

Decorative Textile Technique: Fashion or home accessory, clothing or wall décor using two or more decorative textile techniques such as weaving, Trapunto, surface textiles, quilting, applique, beading, lacing, dyeing, printing, thread painting, etc. Judged on the creativity and mastery of the decorative textile technique.
Textile Fabric Creation: Weaving, braiding, knitting, crochet, felting, hand spinning, cotton linter, tatting, any other similar item not stated and/or a combination of these techniques to make an original fabric/trim. Fabric and/or trim must be made into a finished product. Judged on creativity and finished product.

Needle Art by Hand: Hand embroidery: floss, yarn (crewel) or ribbon, counted cross-stitch, needlepoint, needle punch, smocking, Trapunto quilting applied to garment/accessory, home accessory, picture, wall hanging or blanket/blanket.

Hand Pieced and/or Appliquéd Item finished with Hand quilting. Examples might include: picture or wall art, pillow, bag, doll quilt, table runner, etc.

Needle Art by Machine: Original free motion or modified commercial embroidery design, cross stitch/decorative stitches, Trapunto quilting or applique applied to garment/accessory, home accessory, picture, wall hanging or blanket/blanket.

Machine Pieced and/or Appliquéd Item finished with Machine Quilting. Examples might include: picture or wall art, pillow, bag, doll quilt, table runner, etc. Quilting must be done by the exhibitor.

Repurposed Textile Creation: Item made from repurposed or any non-traditional textile product which can be worn, used in the home, school, office, any other similar item not stated.

Textile Design Creative Component “Leadership”: Develop and present a lesson to teach an Apparel, Interior or Hobbies Design and Construction workshop. Exhibit will consist of a multimedia presentation or notebook that includes documentation of workshop lesson plan, handouts, photo’s, program, digital presentation, etc. See instruction sheet for details.

Level 4 (Ages 15 and older)
Project must have at least 2 of the skills required for the HTDC level 4 project work.

Stuffed animal, doll or puppet with multiple hand and machine sewing techniques (i.e. facial features, hair, movable parts, fake fur, clothing or any other similar item not stated).

Decorative Textile Technique: Fashion or home accessory, clothing or wall décor using two or more decorative textile techniques such as weaving, Trapunto, surface textiles, quilting, applique, beading, lacing, dyeing, printing, thread painting, etc. Judged on the creativity and mastery of the decorative textile technique.

Textile Fabric Creation: Two or more textile design techniques used to create an original “fabric.” Fabric and/or trim must be made into a finished product. Judged on creativity and finished product.

Needle Art by Hand: Hand embroidery: floss, yarn (crewel) or ribbon, counted cross-stitch, needlepoint, needle punch or unspecified hand technique applied to garment/accessory, home accessory, picture, wall hanging or blanket/blanket.

Hand Pieced and/or Appliquéd Item with Hand Quilting Examples might include: picture or wall art, pillow, bag, doll quilt, table runner, etc.

Needle Art by Machine: Free motion embroidery and/or original cross stitch/decorative stitches or applique applied to garment/accessory, home accessory, picture, wall hanging, blanket/blanket or any other similar item not stated.

Machine Pieced and/or Appliquéd Item Examples might include: picture or wall art, pillow, bag, doll quilt, table runner, etc.

Repurposed Textile Creation: Item made from repurposed or non-traditional textile which can be worn, used in the home, school, office, car or any other similar item not stated

Textile Design Creative Components “Career”: Explore a career by identifying education needed, plan of study, pre-workforce preparation, education cost analysis, salaries, any other similar item not stated. Exhibit will consist of a multimedia presentation or notebook including but not limited to the items stated. See instruction sheet for details.
Appropriate Dress
Purpose:
The appropriate Dress Contest is an opportunity for 4-Her's to display their talents in clothing selection, fit, accessories and interviewing.

Rules:
1. The contest will be divided into age groups (age as of January 1, 2018)
   A. Junior
   B. Senior
2. Judging will be based on the fit and coordination of the outfits.
3. Judging scores depend on 50% presentation of garment on body and 50% interview.
4. All participants will receive a blue or red award.
   The top participant in each category will receive a Bonus Award.

Categories:
Casual Wear  Garments worn to school, fair, rodeo, movies, shopping etc
Active Wear  Garments worn to play tennis, skiing, jogging, etc.
Dress/Formal Wear  Garments worn to weddings, church, tea-length or long formal, tuxedo, etc.
Business Professional Wear  Garments worn for a job or scholarship interview.

Appropriate Dress Objectives:
• Learn to select fashionable garments suitable for specific occasions
• Learn to select garments and accessories to enhance body type and personal coloring.
• Learn to build a clothing wardrobe that is suited to individual lifestyle and needs.
• Learn to recognize and wear properly fitted clothes
• Develop self confidence and poise by dressing right for the occasion.
• Learn to practice good grooming and good posture to enhance personal appearance.

BABYSITTING/CHILD CARE (307)
Refer to member and leader guides for ideas.
Individual 4-H member can enter one exhibit per class in appropriate age group.
Please reference the State 4-H Website
http://4h.okstate.edu/literature-links/lit-online/family-consumer-science/4HBabysittingChildCareProjectUnitOne.pdf
for literature listed below.

Unit 1 (Ages 9-13)

30701 Baby Book: Any practical size, minimum of 5 pages covering at least 9-10 months of development. Includes photographs, drawings mementos, and comments on developmental milestones. Must be clear that the 4-H'er has contributed child development information to the book. Baby books prepared earlier by parents may not be entered unless the 4-H'er reworks the information. Handwriting should be the youth preparing the exhibit not an adult. See Unit One, page 13. Do not confuse with class 5, Children's Book.

30702 Puzzles Help Children Learn Any size. Two (2) puzzles developmentally appropriate for children at two distinct age and ability levels. Each puzzle must have its own storage container. Puzzles must be sturdy and covered so they can be cleaned with damp cloth. Describe the child for whom each puzzle would be appropriate by giving child's age, interest, and ability. Puzzles should be suitable for either boys or girls. Do not indicate that a puzzle is for boys or girls only. See Unit One, page 13. Commercially made puzzles are not eligible.

30703 Child Care Poster Must be 14" x 22" and must be permanently signed and dated on the back prior to lamination. Text of poster should be visible for at least 10 ft. away. Choose one of these topics to develop poster: Behavior and Guidance. Include pictures and fact about child development. (See Unit One, pages 14-15 and No. 706); Safety Risks and Procedures include common safety risks that a babysitter needs to be aware of and procedures to address the safety issue. (See No. 575, pages 4-7 Unit 1, pages 16-17; Unit 2, pages 28-29; 4-H Army Child & Youth Services Babysitting Student Guide, pages 25-44); Ages and Stages of Development (No. 575, page 10, 4-H Army Child & Youth Services Babysitting Student Guide, pages 49-50).
Basic First Aid Kit: Create a basic first aid kit from scratch (not a purchased kit) that includes the basic supplies to take care of small accidents such as bumps, scrapes, stings, and sprains. Include an emergency contact list in the first aid kit that includes but is not limited to: Emergency numbers for police, fire department, poison control, veterinarian, etc. Include a supply list and the cost to put the kit together. The kit should be in a container with a lid or zipper closure. Make sure there is a label on the kit that identifies it as a “First Aid Kit.” See 4-H Army Child & Youth Services Babysitting Student Guide, pages 37-41.

Children’s Book: Written, illustrated and constructed by 4-H’er. May be written for a specific child with text relating to that child or for children of a certain age range. Indicate appropriate age range. Construction paper, computer print-out, cloth or poster board may be used. Illustrations may be drawn, photo graphs, appliqués, magazine pictures or reassembled from other books. See no. 707, Books for Children. Do not confuse with Class 1, Baby Book.

Surprise Suitcase: Fill suitcase with homemade or store bought items for children you baby-sit. Could include books, puzzles, games, playdough, balls, costumes. Indicate appropriate age child to use each item. Include records of how children have responded to materials. Package in suitcase that can be taken to the home. See No. 722, Child Care Kit. May include commercial puzzles.

Contents need to be in a suitcase or a container with a lid.

Create a Game: Create a board game or card game to teach a specific topic to a child. Examples might include but are not limited to: Hygiene practices, exercise and fitness, safety, etc. Game boards must be 14” x 22” and must be permanently signed and dated on the back prior to lamination. Judging committee may mark or punch if not marked. Make sure to laminate game boards, cards or any pieces made of paper so that they are durable. Include written instructions of the rules of the game. Note in the instructions the age appropriateness of the game.

Personal Development & Leadership Division (309)

Personal Development

- **NEW!** The 2017 Fair season will implement all new categories for Personal Development and Leadership. All curriculum for Personal Development are posted on the Oklahoma 4-H Literature Online website at: [http://4h.okstate.edu/literature-links/lit-online/leadership-personal_development/personal-development/personal-development-resources](http://4h.okstate.edu/literature-links/lit-online/leadership-personal_development/personal-development/personal-development-resources)

- **Picture Perfect YOuth curriculum and Leader Guide** – This new curriculum provides specific lessons in each level of the curriculum (beginner, intermediate and advanced) with fair project instructions. On the table of contents of each project manual, lessons with fair projects are noted with a blue ribbon icon. The score sheet for evaluating fair projects are included in all manuals and leader guide.

- **Heritage Scrapbook Classes** – The Heritage Scrapbook project also has a new curriculum. It is posted on the link provided above. This manual provides specific activities for each age division (beginner, intermediate, advanced). Specific activities are required for each age division and other activities are optional. The Heritage Scrapbook should grow each year! All instructions for completing the Heritage Scrapbook are provided in each activity in the Heritage Scrapbook manual. The score sheet for evaluating the Heritage Scrapbook is included in the manual and Picture Perfect YOuth Leader Guide.

- **Scrapbooking Classes** – The 4-H Scrapbooking project has a specific curriculum which teaches youth the basics of scrapbooking. The manual is posted on the website link above. Youth are encouraged to go through these six lessons before beginning a scrapbooking project. The score sheet for evaluating the Scrapbooking classes is provided in the 4-H Scrapbooking manual.

- Posters and educational displays should follow the guidelines on page 2 of the Oklahoma State Fair rule book unless different instructions are provided in the project manual.

Beginner Level (Ages 9-11)

- **My Short Term Goals Poster** – Picture Perfect YOuth Beginner Manual: Let’s Take A Goal Setting Ride, page 7

- **Hello to the House Poster** -- Picture Perfect YOuth Beginner Manual: Who am I? Who are YOU?, page 32
That’s Write! Poster – Picture Perfect YOUth Beginner Manual: Manners Matter: That’s Write!, page 41. The Thank You note subject for 2017 entry is as follows: Your favorite elementary school teacher, Mrs. Jan Brown, sent you a graduation card which included a $50 check. You plan to save the money for college.


Heritage Scrapbook – Required activities: My Family Tree, Picture This, My Heredity Profile, This is Me. Optional activities: Preserving my Family Traditions and Customs, Digital Scavenger Hunt, Can I Interview You?

Scrapbook – 4-6 pages (pages counted just like pages of a book, not plastic sleeves.) Scrapbooks should center around a specific theme such as 4-H projects, family vacations, birthday celebrations, a specific family holiday, etc.

Intermediate Level (Ages 12-14)

Problem Solving Poster – Picture Perfect YOUth Intermediate Manual: Solutions for Problem-Solving, page 16


Cyber Space Safety Board Game -- Picture Perfect YOUth Intermediate Manual: Cyber Space: Keep It Safe, page 89

Heritage Scrapbook -- Required activities: My Family Tree, Picture This, My Heredity Profile, This is Me, My Day in History, Letter Writing: A Lost Art, Favorite Family Recipe, Hello. My Name is…. My Family Genogram, My Life Time line, Cultural History Exploration, Family Holidays. Optional activities: My Family Poem, Digital Scavenger Hunt, Can I Interview You?

Scrapbook – 8-10 pages (pages counted just like pages of a book, not plastic sleeves.) Scrapbooks should center around a specific theme such as 4-H projects, family vacations, birthday celebrations, a specific family holiday, etc.

Advanced Level (Ages 15 & older)


My BEST Marketable Skills Display -- Picture Perfect YOUth Advanced Manual: Making Your Mark!, page 73


Heritage Scrapbook -- Required activities: My Family Tree, Picture This, My Heredity Profile, This is Me, My Day in History, Letter Writing: A Lost Art, Favorite Family Recipe, Hello. My Name is…. My Family Genogram, My Life Time line, Cultural History Exploration, Family Holidays. Optional activities: My Family Poem, Digital Scavenger Hunt, Can I Interview You?

Scrapbook – 12-16 pages (pages counted just like pages of a book, not plastic sleeves.) Scrapbooks should center around a specific theme such as 4-H projects, family vacations, birthday celebrations, a specific family holiday, etc.

4-H Postmarks (310)

- This exhibit consists of postmarks, not stamps. Exhibits may be illustrated. All postmarks must be mounted on either 8 1/2" x 11" note paper or photo album page of any color in a binder. All entries are limited to thirty (30) pages for the collection, plus an additional page for the objective of the collection. Plastic cover pages are acceptable to protect the mounts. Any class may be illustrated. The criteria for judging will be: (1) Appearance and neatness; (2) readability; (3) material relates to chosen topic; (4) brief written description telling purpose or objective of your collection.
NOTE: Metered postage marks must not be used in non-metered class exhibits and non-metered postmarks in metered classes.

Collections from a commercial source are not eligible for exhibit (i.e. through a postal society membership.) At least one-third of the postmarks in any collection must have been added during the current project year.

All entries must be clearly marked on the front cover or inside the front cover with the member's name and county.

4-H'ers may enter one exhibit per class in their age group.

Class

Beginning Level (Ages 9-11):

31001 Postmark for 10 post offices in home county or surrounding area
31002 30 Oklahoma postmarks
31003 20 topical (any category)
31004 25 Metered postage marks

Intermediate Level (Ages 12-14):

31005 30 hand cancelled
31006 10-30 postmarks that tell a story
31007 30 or more different slogans
31008 30 topical (any category)
31009 30 metered postage marks

Advanced (Ages 15 & older):

31010 100 or more hand cancelled postmarks
31011 30-75 postmarks that tell a story
31012 50 or more different slogans
31013 50 or more topical (any category)
31014 50 metered postage marks

Science & Technology Division (311)

4-H Electric Exhibit

All exhibits must illustrate applications and utilize electrical energy. The exhibit must have been constructed by the exhibitor during the year exhibited and must meet electrical safety standards. All exhibits, except lamps will be judged on electrical wiring and connections, electrical components, usefulness of exhibit, working condition, complexity and design, appearance, originality, workmanship and safety. Lamps will be judged as described for each class. A 4-H member can have only one (1) exhibit in each class. Exhibits should be permanently signed and dated on the bottom or in an inconspicuous location.

31101 Electric projects (Ages 9-11) - Entries to include electromagnets, motors, buzzers and direct current circuit boards.

31102 Kit Lamps (Kit Construction) (All Ages) Electrical wiring and connections, light source, and suitability as a reading lamp will be judged. Lamps can be floor, desk or wall models.

Original Lamps (All Ages) Originality, workmanship, electrical wiring and connections, light source, and suitability as a reading lamp will be judged. Lamps can be floor, desk or wall models (no kits).

Rewired Lamps (All Ages) Workmanship, craftsmanship and electrical wiring and connections will be judged. The lamp will not be judged as a reading lamp.

Electric and Electronic Circuits (Ages 9-11) The exhibit should be mounted on a board and clearly show all circuits. The exhibit should be operational and demonstrate a useful principle or be functional. The exhibit should include an explanation of the principal being demonstrated.

Electric and Electronic Circuits (Ages 12 & older) The exhibit should be mounted on a board and clearly show all circuits. The exhibit should be operational and demonstrate a useful principle or be functional. The exhibit should include an explanation of the principal being demonstrated.

Exhibit (Ages 12 & older) Exhibit demonstrating skill or knowledge such as wire sizing; proper wiring of an electrical cord plug, wall outlet, wall switch, 3 way switch, etc. The exhibit should include an explanation of the principal being demonstrated.

Exhibit (Ages 12 & older) Exhibit of a wiring diagram for a home, other building, or electric supply system for a community.

Electric Concept Poster (Ages 9-11) Poster (14” x 22”) Exhibit showing a basic electric concept or explaining the proper use of electricity in modern life.

Electronics/Lighting Selection Poster (Ages 12 & older) Poster (14” x 22”) Exhibit is on information that consumers might use in making a selection of any electronic devices such as computers, games, telephones, lighting fixtures, bulbs or other electronic device.
Model Rocketry (312)
- Posters must be 14” x 22”. Exhibitors are encouraged to laminate all posters or cover them with clear plastic film. Display boards should be limited to a maximum of 2’ x 3’ and must have a single 1/4” hole drilled at the top center of board to allow for display. NO LIVE ROCKET ENGINES WILL BE ALLOWED IN ANY EXHIBIT. Text of posters or displays should be readable from at least 10 ft. away. *Homemade rockets could be dangerous to fly. Model rockets, posters, and displays should be permanently signed and dated in an inconspicuous location.
- Attach a 3”x 5” index card to each rocket, explaining:
  - Construction material, how constructed and goal of project.
  - Year in project
  - Age of member
  - Whether or not made from kit
  - Other pertinent information

Junior Class
31201 Poster showing the parts of a model rocket, with an explanation of the purpose of each part.
31202 Poster explaining the function of the model rocket engine
31203 Poster showing one or more points from model rocketry safety code.
31204 Model Rocket made from a kit. Must be safe and functional for flight.
31205 Model Rocket designed and built by exhibitor. Must be safe and functional for flight.
31206 Poster on any other topic pertaining to model rocketry project.

Senior Class
31207 Poster or display showing the parts of a model rocket, with an explanation of the purpose of each part.
31208 Poster or display explaining the function of the model rocket engine.
31209 Poster or display showing one or more points from model rocketry safety code.
31210 Model Rocket made from a kit. Must be safe and functional for flight.
31211 Model Rocket designed and built by exhibitor. Must be safe and functional for flight.

4-H Wood Science & Industrial Arts (313)
- The wood science exhibits should demonstrate a project experience which emphasizes the development of woodworking skills, such as: sawing, sanding, planning, alignment of joints, neat use of fasteners (nails, screws, etc.), and careful application of finishes. Judging will focus on the evidence of these skills.
- These exhibits will consist of articles made by 4-H Club members the past year. The project is not limited to current project idea sheets. It must be proportional; functional; and include the same techniques as the listed classes. Miscellaneous and refinished class items should be similar in size and construction to the exhibits in the classes listed for the age division.
- 4-H members can enter one (1) exhibit per class, and are restricted to exhibits designed for his or her age group.
- Wood Science exhibits should be permanently signed and dated in an inconspicuous location. If not marked judge may mark.

Wood Science
31301 Jr. Wood Carving Article
31302 Sr. Wood Carving Article
31303 Jr. Woodcraft ---- Original design
31304 Sr. Woodcraft ---- Original design

Beginning Level
31305 Wall mounted rack for hot pads, ties, paper towels or other wall mounted item
31306 Puzzle or game
31307 Spice, what-not or other small shelves
31308 Book ends
31309 Miscellaneous

Intermediate Level
31310 Book case or entertainment center (without doors)
31311 Gun, baseball bat, fishing rod or similar rack
31312 Refinished item: attach before picture & story with history of time, cost sheet, and description of process used.
31313 Miscellaneous

Advanced Level
31314 Gun curio, or display cabinet with doors.
31315 Table
31316 Chest
31317 Miscellaneous
31318 Refinished item - attach before picture & story with history of item, cost sheet, and description of process used.

Metalwork
31319 Jr. Metalwork - Embossed, tooled, etched
31320 Sr. Metalwork - Embossed, tooled, etched
31321 Jr. Metalwork Soldered
31322 Sr. Metalwork Soldered
31323 Jr. Metalwork Arc Welding
31324 Sr. Metalwork Arc Welding
31325 Jr. Metalwork Gas Shielded Arc Welding
31326 Sr. Metal Work Gas Shielded Arc Welding
Environmental Education & Earth Science Division

Shooting Sports (314)

- No live ammunition, actual firearms or parts of firearm that could be reassembled should be included. Any manufactured part of a sporting arm may not be displayed. **NO knives, axes, etc. may be entered.** For exhibits other than posters, attach a 3x5 inch note card to the back of the exhibit describing the exhibit, what was done to create or prepare this exhibit and how the exhibit relates to the Shooting Sports Project. The 4-H member’s name, age, and county must be included with the exhibit. Exhibits deemed to be inappropriate will not be displayed. Exhibits suggested but not limited to posters, educational displays, journals, slings, quivers, gun stocks, decoys and equipment.

- All exhibits will be judged on the basis of instructions and standards explained in the Oklahoma “501:4-H Shooting Sports Exhibit Preparation Guidelines Leaders/Members Guide” #690 (1/2007) which is available through the County Extension Office and on the Oklahoma State 4-H Website in “Literature on-line”. http://4h.okstate.edu/literature-links/lit-online/others/shooting

- Posters must be 14” x 22”. For display purposes, exhibitors are encouraged to laminate all posters or cover them with clear plastic film. Posters must be permanently signed and dated on the back. If not marked the judging committee may mark or punch. Posters may be horizontal or vertical. Text of poster should be readable from at least 10 ft. away

- Educational display must be three dimensional should be mounted on a freestanding display board not to exceed 36” x 36” (width x depth) when the sides are extended for display. Commercially available “Science Fair Presentation Boards” are recommended.

- If you use text, pictures, drawings, artwork or other information not created by you in your exhibit you must cite the source.

  Junior (Ages 9-13)

  An explanation (3x5 card) must be attached describing the exhibit, what was done to create or prepare this exhibit and how the exhibit relates to the Shooting Sports Project.

  Senior (Ages 14 & older)

  An explanation (3x5 card) must be attached describing the exhibit, what was done to create or prepare this exhibit and how the exhibit relates to the Shooting Sports Project.

  31401 Shooting Sports Safety: any related item made
  31402 Archery: any related item made
  31403 Air Pistol: any related item made
  31404 Air rifle: any related item made
  31405 .22 Rifle: any related item made
  31406 Shotgun: any related item made
  31407 Hunting & wildlife: any related item made
  (May include tanned hides, dried and mounted wings, cleaned skulls or other wildlife parts preserved by the 4-H member. Full taxidermy style mounts will not be accepted due to limited space)

  31408 Living History: any related item made

Entomology—4-H Insect Exhibits (315)

- The exhibits in entomology are planned to be progressively more difficult. The specific age of exhibitors does not appear in the entomology section for this reason. Refer to 4-H entomology member guides 1-6 for more detail regarding fair exhibits. Note: Fair book exhibit list overrides member guides.

- A 4-H member may enter only one insect exhibit in Entomology (first year through fifth year) Exhibits in the first through fifth year are allowed a maximum of five (5) foreign and/or out-of-state collected insects (no restrictions on self-determined exhibit). All insects must be mounted on standard insect pins which can be purchased from the 4-H Office. Each insect should be identified by their common name using the correct spelling. A typed master list indicating the scientific order and common name of each specimen should accompany the display. The master list document is located at
Exhibit collections for classes 1 through 5 are allowed a maximum of five (5) foreign and/or out-of-state collected insects.

Exhibits in Classes 2-5 must be in insect display boxes measuring 19” x 16.5” x 3”. This is the size of a Cornell University Drawer. These boxes can be purchased at http://www.bioquip.com/search/DispProduct.asp?pid=1012AM or made using the pattern available at http://4h.okstate.edu/events-and-activities/oklahoma-state-fairs. Boxes that are not this size will be DISQUALIFIED. At least one-third of the specimens in any collection must have been collected during the current project year.

Information regarding Insect Collection can be found at http://entoweb.okstate.edu/4H

**Classes**

**31501 First Year** - The exhibit shall consist of 25 adult insects (representing at least 5 orders) which are displayed in Folding Insect Storage Box 9”x13”x2.5”. This box can be purchased in bulk at http://www.bioquip.com/individually from the State 4-H office. Cover with plastic wrap or rigid plastic. Nine and ten year old exhibitors entering class one may be allowed to enter class one a second year, if the exhibit did not place in the top five at the State Fair the previous year, as long as modifications are made to the exhibit.

**31502 Second Year** – The second year exhibit shall consist of 40 adult insects (representing 8 to 10 orders) which are displayed in the insect display box as indicated above.

**31503 Third Year** - The third year exhibit shall consist of 50 adult insects (representing 10 to 12 orders) which are displayed in the insect display box as indicated above.

**31504 Fourth Year** - The fourth year exhibit shall consist of 75 adult insects (representing 12 to 14 orders) which are displayed in the insect display box as indicated above.

**31505 Fifth Year & Beyond** - The exhibit shall consist of 100 adult insects (representing 14 to 18 orders) which are displayed in the insect display box as indicated above. There is no limit on the number of years this class may be entered, if exhibit has additions or major modifications.

**Self-Determined Entomology Exhibit/Collections** - Designed to allow exhibitors to prepare displays indicating expanded interest beyond the requirements of collections exhibited in previous years. Exhibits should be of an educational nature, attractive in design and easy to understand. A written report explaining the nature or purpose of the project must accompany the exhibit. Participants in this class are also allowed to have an entry in one of the first through fifth year classes. There is no limit on the number of years that one can enter the advanced class. Exhibitors can continue to exhibit in the self-determined class as long as new exhibits are entered or if major revisions are made on a previous exhibit.

**4-H Honey Exhibit**

- Only one exhibit allowed in each class per individual
- Honey should be placed in colorless, one-pint honey jars or standard, colorless one-pint fruit jars such as those made by Kerr, Ball, Mason, etc. Other types of jars will be rejected. Jar covers should be new if possible and should be screwed on tightly to prevent leakage. There should be 1/4”-1/2” air space below the lid.
- Honey should be clear and free from foreign particles.
- Chunk honey should be perfectly capped, free from stains, bee-bread and finger prints. Edges should be clean-cut, not ragged. One piece only in each jar; as wide as jar mouth will permit and long enough to extend from the bottom to the top without jamming.
- Labels should be neat and plainly written or printed.

**Comb Honey, one pint jar**

**Extracted Honey, one pint jar**

**4-H Forestry (316)**

- A member may enter one exhibit per class but is restricted to only those exhibits designed for his or her age group.
- Forestry boards & exhibits must be signed & dated on the back by the exhibitor.
- Two holes ½ inch in diameter and 1 inch from the top should be drilled in wood boards to facilitate displaying the exhibit.

**TREE LEAF EXHIBIT**

**PLEASE NOTE:** Exhibit must conform to all requirements, including labeling & display requirements, outlined in 4-H fact sheet #236 “Collecting and Exhibiting Tree Leaves” (revised 9/2007) http://4h.okstate.edu/literature-links/lit-online/environmental-science/forestry
(Ages 9-11) **Collection of 10 leaves from trees native to Oklahoma** (no introduced species). One specimen must be from a native evergreen pine or juniper. Include a twig & buds with each broadleaf specimen. Exhibit must be properly labeled and displayed on board 22" wide and 28" tall.

(Ages 12-15) **Collection of 15 leaf specimens, representing at least three of the five basic leaf types, from trees native to Oklahoma** (no introduced species). Two specimens must be from native awl or scale-leaf evergreen pine or juniper. Non-native species are acceptable only if they have been introduced for planting windbreaks and shelterbelts. Include a twig with buds with each broadleaf specimen. Exhibit must be properly labeled and displayed on board 28" tall and 44" wide. Two 28" x 22" boards hinged in the middle are more portable.

(Ages 16 & older) **Collection of 20 leaf specimens, representing four of the five basic leaf types, from trees native to Oklahoma.** Three specimens must be from needle, scale or awl evergreens. Species of pine not native to Oklahoma are acceptable if they have been introduced for planting windbreaks and shelterbelts. The palmate leaf sample must come from a native Oklahoma species.

### Wood Sample Exhibit

Wood sample exhibits should conform to instructions outlined by age group in Oklahoma 4-H Fact Sheet # 238 “Wood Sample Exhibits” (revised 2/2007). http://4h.okstate.edu/literature-links/lit-online/environmental-science/forestry

(Ages 9-11) The exhibit shall consist of six (6) wood samples (3 hardwoods and 3 softwoods) mounted on plywood ½" thick x 22" wide x 20" high.

(Ages 12-15) The exhibit shall consist of eight (8) wood samples (4 hardwoods and 4 softwoods) mounted on plywood ½" thick x 22" wide x 20" high.

(Ages 16 & older) The exhibit shall consist of eight (8) wood samples (4 hardwoods and 4 softwoods) each of which shows the end, edge, and surface grain displayed on a board ¼" thick x 22" wide x 20" high.

### SELF-DETERMINED EXHIBIT

**PLEASE NOTE:** Open to 4-H members of all ages. Exhibit suggestions are listed in 4-H Member’s Guide “4-H Forestry Self-Determined Exhibits” Pub. # 239 (revised 03/05) http://4h.okstate.edu/literature-links/lit-online/environmental-science/forestry

- This exhibit shall consist of a poster, model, or any one of a great number of other creative efforts by the club member which relates to the science and technology of forestry or is otherwise directly related to forestry. If display not to exceed 36” x 36” (depth x width) or poster not to exceed 14” x 22”.

**31607** Self-Determined Exhibit - Junior

**31608** Self-Determined Exhibit - Senior

### Geology (317)

- Any eligible 4-H member may participate in collecting, identifying and preparing a rock-mineral-fossil exhibit or preparing an energy and petroleum exhibit.
- An Individual 4-H member can enter one exhibit per class.
- Rock-Mineral-Fossil exhibitors should securely mount their specimens in a wooden display case with a glass or rigid plastic cover. Display box should be one of the following sizes – Current entomology box - dimensions 19” x 16.5” x 3” or the previous size entomology box which was 18” x 24” x 3.5”. Class I may be displayed on 18” x 24” plywood or stiff cardboard that has been made suitable for hanging, although a box is recommended. Each sample should be mounted and labeled in a neat, orderly manner. Labels should include common name, common name, date, location found and mineral use. At least one-third of the specimens in any collection must have been added during the current project year.
- Each sample should be mounted and labeled in a neat, orderly manner. Labels should include common name, date, location found and mineral use. At least one-third of the specimens in any collection must have been added during the current project year.

### Classes

**31701** Fifteen (15) different unpolished rocks, minerals or fossils collected from Oklahoma.

**31702** Thirty (30) different unpolished rocks, minerals or fossils, including specimens of sedimentary, igneous and metamorphic.

**31703** **Open Class** Educational exhibit depicting some phase of geology, testing of minerals, polished rocks, etc. (Display should not exceed 24" x 24").
• Energy/petroleum exhibits. Posters must be on 14” x 22” poster board. Each must be signed and dated on the back in permanent marker prior to laminating. Text of posters and displays should be readable from at least 10 ft. away. Displays should be self-standing and not bigger that 3’ x 3’ (width x depth) when sides are extended.

Junior (Ages 9-12)
31704 Poster on well site safety
31705 Energy/Petroleum Display. Subject of the display should be petroleum products; different types of energy and how they work; or different careers in energy.
31706 Energy or Petroleum Science Experimental Display (Science-Fair type.) 4-H members are encouraged to (a.) use their 4-H projects as the basis for their scientific research and discovery; (b.) use the scientific method to gain an understanding of how things work and the variables that affect them; (c.) take an open and creative approach to problem solving; d. learn that a successful outcome is based not on personal opinion but on scientific fact; & (d.) use written and visual communication skills.

Intermediate (Ages 13-14)
31707 Photography Exhibit over a state park or geological region. Four photos mounted on 14” x 14” poster board with detailed explanations and information.
31708 Poster on Water Mineral Issue. Subject of poster should be one of the following:
• What water hardness and mineral testing can determine.
• Secondary recovery methods
• Dangers of lead in the water
31709 Energy or Petroleum Science Experimental Display (Science-Fair type.) 4-H members are encouraged to (a.) use their 4-H projects as the basis for their scientific research and discovery; (b.) use the scientific method to gain an understanding of how things work and the variables that affect them; (c.) take an open and creative approach to problem solving; d. learn that a successful outcome is based not on personal opinion but on scientific fact; & (d.) use written and visual communication skills.

Senior (Ages 15 & older)
31710 Poster of a press release; collected about the energy information and your interpretation; possibly the Energy Index or other Topic.
31711 Energy or Petroleum Display. Subject of the display should be areas of the Oklahoma Energy Index; different drilling techniques and how they work; or careers in the energy industry.
31712 Energy or Petroleum Science Experimental Display (Science-Fair type.) 4-H members are encouraged to (a.) use their 4-H projects as the basis for their scientific research and discovery; (b.) use the scientific method to gain an understanding of how things work and the variables that affect them; (c.) take an open and creative approach to problem solving; d. learn that a successful outcome is based not on personal opinion but on scientific fact; & (d.) use written and visual communication skills.

4-H Wildlife Projects (318)
• Only one exhibit will be allowed in each class per individual in their respective age category.
• All exhibits will be judged on the basis of instructions and standards explained in the “4-H Wildlife Project Exhibit Preparation Guidelines” (# 720; revised 12/06). This and other publications listed below are available at the County Extension Office or at http://4h.okstate.edu/literature-links/lit-online/environmental-science/wildlife-and-fisheries
• Self-Determined Exhibits - To encourage members to develop their own learning projects, a self-determined exhibit class is included in each category. For ideas and guidelines for exhibits, please see 4-H publication # 721 “4-H Wildlife Self Determined Projects” (revised 12/06) and 4H NREM 624 Creating a Wildlife Resource Map. Text of posters should be readable at least 10 ft. away. Include references for information. At least one reference must be from a source other than the internet
• All 4-H exhibits should be the original work of the 4-H member. When information is taken from books, publications, magazines, or from the internet it should be expressed in the 4-H members own words. The 4-H member must reference the source of the information by using an asterisk (*) or a number (if more than one) and name the actual source at the end or bottom of paper, poster or educational display following an asterisk or corresponding number in text.

• No copyrighted or trademark protected written or visual material (pictures, photos, drawings, illustrations, etc.) should be used from books, magazines or from the internet without permission from the original creator. If 4-H'er applies for and is granted permission to use a copyrighted or trademark protected item, a copy of the permission form or letter needs to be attached to the back of the exhibit and properly cited with an asterisk (*) or number. If an item (picture, photo drawing, illustration, etc.) that is not protected is used its source must be cited and referenced by using an asterisk (*) or number and the source information placed at the end or bottom of paper, poster, or educational display, following an asterisk or corresponding number.

• All posters, resource maps and displays must be permanently signed and dated on the back.

• Text of posters or educational displays should be readable from at least 10 ft. away. All exhibits on boards must have hangers. Eye screws and wire preferred. No saw-toothed hangers.

Oklahoma Wildlife

• Exhibits entered in this section should relate to a specific category of game or non-game animals or birds.

  Junior (Ages 9-13)
  31801 A collection of fifteen (15) different kinds of plants, trees or shrubs known to provide food or cover for wildlife, mounted on food and cover cards or (B) a seed board with fifteen (15) different kinds of seeds eaten by wildlife. (See 4-H Lit. # 720 updated 12/06.) No more than four (4) varieties may be cultivated crops. All of the specimens must have been collected during the current project year. For each plant or seed included list one (1) wildlife species that use that plant or seed (on the cover card or board). All plant species must be native to Oklahoma except that up to four (4) of the plants (or seeds) may be from cultivated crops.

  31802 Scrapbook of Oklahoma Wildlife (cutouts, pictures or drawings) of at least five (5) mammals, five (5) birds and five (5) reptiles or amphibians. Give common name and what habitat they can be found in. Common names should be specific (i.e. black rat snake, pygmy rattlesnake, etc.)

  31803 Exhibit of the tracks of eight (8) wild animals or birds commonly found in Oklahoma. POSITIVE plaster casts should be mounted on Masonite or plywood, not to exceed 12" x 24". Label each track with kind of animal or bird, which county track was found in, what habitat it was found in and what date the track was cast.

  31804 Self-Determined Exhibit. Posters must be 14" x 22". Displays must not exceed 3’ X 3’ (width x depth). Possible examples include but not limited to: a display dealing with methods of identification of waterfowl, a poster on wildlife, or environmental careers. See Lit, # 721 “Self Determined 4-H Wildlife and Fisheries Project Ideas” revised 12/06 for additional examples.

Senior (ages 14 & older)

  31805 A collection of thirty (30) plants known to furnish food or cover for wildlife, mounted on food and cover cards or (B) a seed board with thirty (30) plant seeds known to furnish food or cover for wildlife. No more than six (6) varieties may be cultivated crops. At least half of the specimens must have been collected during the current project year. For each plant or see include three (3) wildlife species that use that plant or seed (on the cover card or board). Species names must be used for both plants and wildlife in addition to the common names. All species must be native to Oklahoma except that up to six (6) may be from cultivated crops.

  31806 Evaluation of an Oklahoma habitat type that includes a general description of the habitat plant and animal species (species names must be used for plants and wildlife in addition to the common names) that occur within the habitat; a range map showing the habitat’s distribution within Oklahoma; and threats to that habitat. Examples of possible habitats include: playa lakes, tallgrass prairie, cross timbers, and shortgrass prairie.
Self-Determined Posters must be 14" x 22". Displays must not exceed 3' x 3' (depth x width). Possible examples include but are not limited to: description of a Wildlife Management Area detailing area, location, habitat, management, and wildlife population trends (if known); or a poster with an emphasis on the life cycle, status, range map, and habitat of an Oklahoman threatened or endangered species. Species names must be use for plants and wildlife in addition to common names. See Lit. # 721 “Self Determined 4-H Wildlife and Fisheries Project Ideas” revised 12/06 for additional examples.

4-H Fisheries Junior (Ages 9-13)

31808 Display board showing steps in tying two kinds of fishing knot used in tying lines or leaders. Use cord instead of fishing line. Mount on board suitable for hanging, not to exceed 12" x 12".

31809 Notebook describing habits and appearance of five (5) fishes found in Oklahoma. Information on each fish to include photo, drawing or cut-out picture, proper common name, kind of food eaten, distinctive physical characteristics, best ways to catch and other topics of interest to anglers.

31810 Display of five (5) member assembled lures, together with the materials from which they were assembled, mounted on a board not to exceed 12" x 16". Lures may be spinners, jigs, flies, plugs or a combination of these. May be entirely homemade or assembled from purchased supplies.

31811 Self-Determined Fish Project. Educational report, display or project created by the member. Topic to deal with fish, fishing, fish farming, aquatic food chains or pollution in Oklahoma waters. Displays not to exceed 36" x 36"(width x depth) with sides extended. Posters must be 14" x 22".

31812 Notebook describing habits and appearance of ten (10) fishes found in Oklahoma.

Information on each fish to include photo, drawing or cut-out picture, proper common name, kind of food eaten, distinctive physical characteristics, best ways to catch and other topics of interest to anglers.

Display of five (5) fishing flies tied by the exhibitor. The material and shape of the exhibit will be exhibitor's choice, but cannot exceed 12" x 12" in size. Attach report to exhibit to indicate the following about each fly on the board: type of fly, type of fish it is used to catch.

Display of five (5) fishing lures. Lures may be any type commonly used in sport fishing. The material and shape of the exhibit board will be exhibitor's choice, but cannot exceed 12" x 12". Attach report to exhibit to indicate the following about each lure on the board: type of lure, type of fish it is used to catch, habitat conditions it is used in and cost to purchase or make.

Self-Determined Fish Project. Educational report, display or project created by the member. Topic to deal with fish, fishing, fish farming, aquatic food chains or pollution in Oklahoma waters. Displays not to exceed 36" x 36"(width x depth) with sides extended. Posters must be 14" x 22".

4-H Bird

- The following OK 4-H online publications would be excellent resources along with those listed in exhibit text for learning more about birds and birding:
  - 4-H NREM 620 “Bird Watching – A Beginning”;
  - 4-H NREM 621 “Using Binoculars”;
  - and 4-H NEREM 622 “I Think It Is A……” (#622 contains a list of additional resources) http://4h.okstate.edu/literature-links/lit-online/environmental-science/wildlife-and-fisheries

Junior (Ages 9-13)

31816 Display of a home constructed bird feeder (may be from a kit), must include a 3" X 5" index card tacked to the feeder with the following information: 1) What species was it constructed for; and 2) What habitat and site location (should include height) it be placed in. Should be functional and not decorative.
Display of a single unit bird house, home constructed (may be from a kit) with a 3" x 5" index card tacked to the house with the following information: (1) What bird species was house constructed for and (2) What habitat and site location (should include height) the house will be placed in. Should be functional and not decorative.

Notebook of fifteen (15) pictures, drawings or photos of birds seen and identified by member and labeled with common name of each.

Self-Determined Poster (14" x 22"). See “Self Determined 4-H Wildlife & Fisheries Project Ideas” Oklahoma 4-H Pub. # 721 (revised 12/06) for ideas. See 4-H Wildlife Project Lit No. 720 “Exhibit Preparation Guidelines Leaders/Members Guide” (revised 12/06) for guidelines.

Observation report for Bird Feeder used during the previous year, including photo of feeder at location used (Bird Feeding Station Report #723 found on OK 4-H Lit. on-line under wildlife and Fisheries). May use feeder constructed or a purchased feeder.

Observation report for Bird House used during previous year, including photo of house at location used (“Birdhouse Observation Report” #724 found on OK 4-H Lit. on-line under Wildlife and Fisheries). May use birdhouse constructed or a purchased house.

Bird habitat improvement exhibit. Notebook of pictures or drawings explaining how exhibitor is developing or improving a bird habitat. This exhibit may be added to or continued from year to year as the habitat improvements are implemented.

Notebook of bird, feeder or nest/house observation records for more than current year. Include picture of house or feeder at location used with some analysis of comparisons in observations for years observed. (Observation reports are OK 4-H Lit. on-line under Wildlife and Fisheries – “Bird and Nest Observation” #722; “Bird Feeding Station” #723; and “Bird Observation” #724)

Self-Determined Bird Project. If poster must be 14" x 22". If display must not exceed 3' x 3' (width x depth). See “Self Determined 4-H Wildlife and Fisheries Project Ideas” Oklahoma 4-H Pub. # 721 (revised 12/06) for ideas. See 4-H Wildlife Project Lit # 720 “Exhibit Preparation Guidelines Leaders/Members Guide” (revised 12/06) for guidelines.

4-H Wildflower Study
- At least one-third of the specimens must have been collected during the current project year.
- See information on pressing plants in “Leaf Pressing and Collecting Hints” 4-H publication #237 (Revised 04/04) to prepare plants for collections and exhibits.
- Diagrams and posters should be hand generated and not down-loaded from internet or computer.
- “Wildflower Card” (OK 4-H Lit #718) can be downloaded from OK 4-H Lit. on-line under Wildlife and Fisheries. http://4h.okstate.edu/literature-links/lit-online/environmental-science/wildlife-and-fisheries Please print form on card stock or heavy paper and hole punch.

Juniors (Ages 9-13)

Collection of eighteen (18) Oklahoma wildflowers properly pressed and mounted on wildflower cards. Label with common name flower family and tell location and date collected. Display in a notebook.

Drawing or diagram showing parts of a wildflower blossom, not to exceed 8 1/2" x 11".

Self-Determined poster (14" x 22"). See “Self Determined 4-H Wildlife & Fisheries Project Ideas” Oklahoma 4-H Pub. # 721 (revised 12/06) for ideas. See 4-H Wildlife Project Lit No. 720 “Exhibit Preparation Guidelines Leaders/Members Guide” (revised 12/06) for guidelines.

Display two (2) principle wildflower families showing four (4) or more pressed flowers of each family labeled with common name. A brief description of each flower family should be included. If poster must be 14" x 22" or display in a notebook.

Make a collection, mount and press, the leaves of plants showing leaf arrangements (opposite, alternate and whorled); types of leaves (simple, pinnately compound, palmately compound); leaf margins (toothed, smooth and lobed). If poster must be 14"x22" or display in notebook on card stock pages or wildflower cards (Lit. #718).
Senior (Ages 14 & older)

31830 **Collection of twenty five (25)**

Oklahoma wildflowers properly pressed and mounted on wildflower cards. Label with common name, scientific name, flower family, location collected, date collected and habitat collected from. Display in a notebook.

31831 **Make a collection and mount for display at least fifteen (15)** kinds of wildflower seed that show various adaptations to dispersal by wind, water, birds and mammals.

31832 **Special collections.** Collection of specimens in some special category, i.e. one (1) family, poisonous, dyes, edibles or specific season such as early spring. If poster must be 14”x22” or display in a notebook on card stock or wildflower cards (Lit. #718).

31833 **Self-Determined Exhibit.** If poster must be 14” X 22”. Display must not exceed 3’ X 3’ (depth x width). See “Self Determined 4-H Wildlife & Fisheries Project Ideas” Oklahoma 4-H Pub. # 721 (revised 12/06) for ideas. See 4-H Wildlife Project Lit No. 720 “Exhibit Preparation Guidelines Leaders/Members Guide” (revised 12/06) for guidelines.

Environmental Stewardship (319)

- A 4-H member may enter one exhibit per class, but is restricted to those exhibits designed for his or her age group.

- Exhibits will be judged based on the criteria outlined in the 4-H project fact sheets available from the County Extension Office. Text of posters should be readable at least 10 ft. away. Include references for information. At least one reference must be from a source other than the internet. Posters must not be printed directly from the internet - this is plagiarism.

- Each piece of exhibits containing more than one item must be labeled with exhibitor’s name and county. **Posters must be signed and dated on the back.**

Publications listed in this section can be found at http://4h.okstate.edu/literature-links/lit-online/environmental-science/environmental-science

Classes

31901 **Vermi-Composting (with Worms).**

(Ages 9-13) Compost sample and poster that explains how to compost with worms. Must include report for one or more of the following areas: bins for vermi-composting, feeding and care, moisture requirements, harvesting compost. Poster must be on 14” x 22” poster board and must include a photograph of your compost bin. One pint of compost (worm castings) in a sandwich-size zip-lock bag or pint jar with lid must be included.

**Exploring Streams and Lakes Poster** (Ages 9-13) Poster (14” x 22”) with photos showing a stream, lake or pond you have visited. Photos should show things like shorelines or creek banks, appearance of the water, condition of vegetation on the shore or banks, and problem areas such as erosion, trash or obvious pollution. For more ideas read Lit.#19 “Water Quality of Streams and Lakes”. Related report form is #20. Each photo must have a caption explaining what it shows. Overall, the poster should tell what you think is helping or harming the water or the plants and animals that live there. Members entering this project for 2nd or 3rd year should compare changes over time or season. Poster title should include name of water body, if it has one, and town or county where located.

**Water Critters** (Ages 9-13) Display a collection of pond, lake or stream critters (invertebrates only - no animals with backbones e.g. fish or frogs) preserved in one to three baby food jars with rubbing alcohol as described in Lit. #21 “Aquatic Organism”. Securely attach a completed Critter ID bookmark (Lit. # 29 “Stream and Lake Critter Identification”) to the jar using tape and a string around the jar neck. Do not include more than one of each type of critter. Collect only critters found on or in the water, not adult flies. Write a short paragraph telling about the value of water critters - read and summarize in your own words Lit. #21 or related materials. Optional: Include one single-sided page of labeled photos or drawings of the site or collecting activity.

**Where Does My Water Come From Poster** (Ages 9-11) (14” x 22”) showing or describing the source of your water (lake, aquifer, private well) and/or what is done to it (water treatment plant, in home filtration system) before it gets to your home. See Lit # 19 “Water Quality of Streams” for ideas.
Natural Resources of My County Poster (Ages 9-13)
Poster (14" x 22")
with your photos showing a mixture of local natural resources like prairies, forests, scenic views, water bodies, agriculture, wildlife or similar things. Each photo must have a caption naming the resource. Overall, the poster should convince the reader that your county is a great place to live. Poster title should be at least 1 inch tall and include name of your county.

Recycled Item
usable item made from trash other than craft type item. Original ideas and useful items will ranked higher (Ages 9-11). Attach 3” X 5” card listing all materials used.

Aquatic Habitat Poster (Ages 12-14) (14" x 22") with photos showing a stream, lake or pond you have visited. Photos should illustrate distinct habitats such as shoreline vegetation, undercut banks, rocky shores, riffles, pools or runs. Each photo must have a caption explaining what it shows. For more ideas read Lit. #21 “Aquatic Organism”. Over all, the poster should comment on things you observed that could be helping or harming the critters or their habitat. Members entering this project for 2nd or 3rd year should compare changes over time or season. Poster title should include name of water body, if it has one, and town or county where located.

Homemade stream or lake sampling equipment (Ages 12-14) Display one piece of stream or lake sampling equipment that you have made. Write a one page report explaining its purpose and how to use it labeled photos or drawings showing equipment in use. Some possibilities include secci disks, plankton tows, deep water samplers, and kick nets. See TVA booklet, “Homemade Sampling Equipment” for instructions on how to make equipment. Optional: Include one single-sided page of labeled photos or drawings showing equipment in use.

What is a Watershed? (Ages 12 – 14) Poster (14” X 22”) Describe what watersheds are and 19 Human Impact on Streams” for ideas.

Recycled Item
usable item made from trash other than craft type item. Original ideas and useful items will ranked higher (Ages 12-14). Attach 3” X 5” card listing all materials used.

Natural Resources of My County Poster (Ages 14-18) Poster (14" x 22") with your photos showing a mixture of local natural resources like prairies, forests, soils, scenic views, water bodies, agriculture, wildlife or similar things. It is desirable to show people using the resource. Each photo must have a caption naming the resource and explaining how people use and enjoy it. Overall, the poster should convince the reader that your county is a great place to live. Poster title should be at least 1 inch tall and include name of your county.

Stream, Pond or Lake Poster (Ages 14 & older) (14" X 22") Photos showing a stream, pond or lake you have visited. Poster should show things people have done or might do, along the shore or in the watershed, that can harm this stream, pond or lake. For ideas read Literature #’s 21 & 24. Poster title must include name of water body and town or county where located.

Water Critters (Ages 14-18) Display a collection of pond, lake or stream critters (invertebrates only - no animals with backbones e.g. fish or frogs) preserved in baby food jars with rubbing alcohol as described in Lit. #21 Aquatic Organism”. Collect in only one water body. Separate critters from different habitats into different jars, labeled with habitat name. Do not include more that one of each type of critter in each collection jar. Collect only critters found on or in the water, not adult flies. Write a 1 page report on three of your critters explaining how they are adapted to their habitat. Read Lit. # 21 “Aquatic Organism” for ideas. Use the Bookmark Critter ID rating form instructions (Lit. # 29) to calculate the water quality rating for your water body and include results in your report.
Homemade stream or lake sampling equipment (Ages 15-18) Display one piece of stream or lake sampling equipment that you have made. Write a one page report explaining its purpose and how to use it. Some possibilities include secchi disks, plankton tows, deep water samplers, and kick nets. See TVA booklet, “Homemade Sampling Equipment” for instructions on how to make equipment.

Optional: Include one single-sided page of labeled photos or drawings showing equipment in use.

Illegal Dumping Poster (Ages 15 & older) (14"x 22") Discourage illegal dumping and explain how illegal dumps can contaminate water or create other problems.

Landfill Display (Ages 14 & older) Display showing how landfills work. Display must fit a space that is 3’ by 3’ when sides are extended for display.

Recycled Item useable item made from trash other than craft type item. Original ideas and useful items will ranked higher (Ages 15 and Older). Attach 3” X 5” card listing all materials used.

Group Environmental Project Display (All Ages) This exhibit is to consist of a display and a written report of an environmental project carried out by 4 or more 4-H members under the supervision of a 4-H leader. The project may focus on any area of environmental stewardship including recycling, education about a local environmental issue, planting trees or other area of interest. Display not to exceed 3' x 3' (depth x width)

Judging criteria:
- A brief project description and statement of purpose and objectives.
- Creativity and quality of project.
- A brief summary of project activities, extent to which objectives were achieved, knowledge gained, significance of the project to the environment in the community, and number of people involved and/or impacted by project.
- Media campaign. Include copies of newspaper clippings and other publicity related to the project.
- Photographs may be included.
- Individual Self-Directed Environmental Stewardship Project Educational report, display or exhibit on the efforts of the member to protect or improve the environment in or near his/her community. Projects may include topics such as protecting water quality, recycling, illegal dumping, house hold hazardous wastes, reducing soil erosion on farmland, controlling urban runoff or other topics relevant to the community. Project may include: (1) Hands-on efforts (such as controlling erosion by tree planting or use of buffer strips), (2) Educational programs conducted in the community, including numbers reached and newspaper clippings (such as minimizing solid waste), or (3) A combination of hands-on and educational.

Plants & Animals Division

Crops (320)
- All crop exhibits must be grown by the exhibitor as a part of a 4-H project during the year exhibited. Only one exhibit allowed in each class per individual.
- Grain may not be returned to the exhibitor except for the following legumes: alfalfa, sweet clover, and vetch.
- Grain and crop seed exhibits should be brought and will be exhibited in one gallon clear jars (plastic or glass) with a lid. Alfalfa and small seeded legumes can substitute ½ gallon clear jars.
- Exhibits of bolls of cotton, ears of corn, or heads of grain sorghum should be brought and exhibited in a shallow wooden, plastic, or cardboard box of appropriate size for the respective exhibit.

4-H Cotton Exhibit
32001 Any Variety (20 open bolls) (Exhibit to be shown with petiole attached, bract leaves removed and burr side up)

4-H Corn Exhibit
32002 Corn Ears (10 ears)

4-H Grain Sorghum Exhibits
32003 Grain sorghum (10 heads) (Exhibit to be trimmed with 2 1/2 inches of peduncle left on the head.)
32004 Threshed Grain sorghum exhibit (15 lbs. grain)

4-H Canola Exhibits
32005 Canola

4-H Small Grain Exhibits
- All exhibits of wheat must be labeled as to specific variety or name of hybrid. Small grain exhibit shall be approximately one peck. Please refer to the Oklahoma Cooperative Extension Fact Sheet PSS-2168 Maturity Classification of Wheat Varieties http://wheat.okstate.edu/wheat-management/varieties/pss-2168.pdf for suggested varieties.
32006 Very Early and Early Maturity Hard Red Wheat Varieties
Medium Maturity Hard Red Wheat Varieties
Late and Very Late Maturity Hard Red Wheat Varieties
Hard White Winter Wheat Varieties
Any other wheat variety not listed
Oats, any variety
Rye, any variety
Barley, any variety

4-H Legume Seed Exhibit
Alfalfa (2 quarts)
Other small seeded legumes, such as vetch, sweet clover, etc. (2 quarts)
Soybeans (1 peck)
Other large seeded legumes, such as cowpeas, mungbeans, winter peas, etc. (1 peck)
Peanuts, any type, any variety (1 peck)

Peanut Information Exhibit
- Eligibility: Any 4-H member interested in learning more about peanuts and the peanut industry may prepare an exhibit.
- The exhibit shall consist of an educational exhibit that will fit a 3' wide x 3' deep. It must be free-standing with sides attached. A 4-H notebook should be included in the display. Each county may have one exhibit in each class.
- The exhibit should provide information about one phase of the peanut industry such as history, use, production, processing, or importance. The exhibit should increase the public awareness of the importance and impact of the specific sector of the peanut industry selected. The notebook should include any involvement the exhibitor has had with teaching others, giving talks or demonstrations, preparing peanut foods, planning programs, producing peanuts, etc. The notebook may be typed or handwritten and should include pictures.
- Criteria for judging: 30 points Completeness of educational lesson, 30 points Public appeal, 40 points notebook. Ribbons will be placed on the top ten (10) in each class.

Class
Junior Class
Intermediate
Senior Class

Forage Plants (321)
- 4-H members may have one exhibit per class
- The exhibitor’s name, age and county must be on the back of the display board.
- References for the displays are:
  - Field Guide to Oklahoma Plants, OSU Rangeland Ecology and Management Publication, contact OSU County Extension Office or Natural Resources Conservation Service Office
  - National Range Judging Contest 4-H Manual No. 149
  - A Checklist of Prairie, Shrubland, and Forest Understory Plants of Oklahoma, OSU Fact Sheet F-2872
  - Bobwhite quail Habitat Evaluation and Management Guide, OSU Circular E-904
  - White-tailed Deer Habitat Evaluation and Management Guide, OSU Circular E-979
- Classes 1-8 are exhibits of ten (10) native or introduced, annual, biennial, or perennial plants mounted on plywood, pegboard, or other suitable material, approximately 3 feet by 3 feet. Two holes ½ inch in diameter and 1 inch from the top should be drilled in the board to facilitate displaying the exhibit. **Exhibitor must sign and date the board on the back.**
- Plant specimens must have been collected during the current project year.
- Single plants or bundles should not exceed 1 inch in diameter. No plant should extend above or below the display board. Plants must be labeled with the common name. Judges will use references listed above.
- Label with letters approximately ½ inch high. Labels may be placed above, below, or across the plants.

Crops in our Lives Poster Exhibit
- Posters must be 14” x 22” and must be permanently signed and dated on the back prior to laminating. Text of posters should be readable from at least 10 ft. away.
- Choose an agronomic crop, and create a poster depicting one of the following topics related to that crop:
  - History (domestication process, global spread via immigrants, etc.)
  - Production
  - Use in different cultures
  - Use in different processed foods
  - Process from farm to table

Classes
32101 Forages with desirable grazing value for cattle
32102 Forages with undesirable grazing value for cattle
32103 Forages with desirable browsing value for white-tailed deer
32104 Forages with undesirable browsing value for white-tailed deer
32105 Forages with desirable food value for bobwhite quail
32106 Forages with undesirable food value for bobwhite quail
32107 Forages with desirable food value for wild turkey
32108 Forages with undesirable food value for wild turkey
Home Gardening (322)
- Only one exhibit allowed in each class per individual.

Classes
- 32201 Potatoes, yellow, white or russet, 3 specimens
- 32202 Potatoes, red, 3 specimens
- 32203 Okra, 6 pods
- 32204 Onions, yellow, 3 specimens
- 32205 Onions, white, 3 specimens
- 32206 Onions, red, 3 specimens
- 32207 Pumpkin, field type (oblong), one
- 32208 Pumpkin, jack-o-Lantern (round and flat), one
- 32209 Squash, winter, acorn, one
- 32210 Squash, winter, butternut, one
- 32211 Squash, winter, other
- 32212 Eggplant, 2 specimens
- 32213 Squash, summer, zucchini, 2 specimens
- 32214 Squash, summer, yellow straight neck, 2 specimens
- 32215 Squash, summer, yellow crook neck, 2 specimens
- 32216 Squash, summer, patty pan (scalloped type), 2 specimens
- 32217 Sweet Potatoes, (any variety), 3 specimens
- 32218 Pepper, jalapeno, 5 specimens
- 32219 Pepper, other hot pepper, 5 specimens
- 32220 Pepper, sweet bell pepper, 5 specimens
- 32221 Pepper, banana pepper, 5 specimens
- 32222 Tomatoes, large type, 5 specimens
- 32223 Tomatoes, cherry type (1 1/2” or less in diameter), 5 specimens.
- 32224 Watermelon, oblong type, one
- 32225 Watermelon, round type, one
- 32226 Watermelon, small icebox, one
- 32227 Red Apples, Plate of five
- 32228 Yellow Apples, plate of five
- 32229 Pears, plate of five

Home Garden Food Basket
- This exhibit is a quality selection of from five to nine different species of mature fruits and/or vegetables from the exhibit list above. Items not listed above can be used, but should not be more than a third of the species utilized. Amounts of fruits and vegetables in this exhibit should be such that they can be arranged in a neat and orderly manner and have good eye appeal. There must be enough of each fruit or vegetable for the judge to determine quality.
- All fruits and vegetables exhibited must be grown by the exhibitor.
- No specimens in this exhibit may be entered in another class. Any combination of fruits and vegetables may be used.
- The exhibit must be in a container such as a basket or box.
- One third (1/3) of the judging will be on how well the exhibit is prepared and presented. Packing such as paper, straw or cloth may be used but the fruits and vegetables should be the main attraction of the exhibit. No artificial plant material or specimens can be utilized as part of the exhibit.

4-H HOME GROUNDS (323)
- Only one exhibit allowed in each class per individual.

Exhibit Unit I - Landscaping Home Grounds
“Before and After” pictures not to exceed 5" x 7" of yard clean up, plantings or construction of landscape elements mounted securely on one 14” x 22” sheet of poster board shall constitute this exhibit. Number of pictures should be no less than two or more than eight. Posters must be permanently signed and dated on the back.
- Neatness and arrangement of pictures is important. A brief explanation of the project should be attached to the exhibit, and each picture must be labeled. The before and after pictures should show a definite change and should be taken from the same place so judges can evaluate the change. An exhibit should not be entered more than once unless it has been substantially revised.

Classes
- 32301 Junior Class
- 32302 Senior Class

Exhibit Unit II - Herbarium Card
These exhibits shall consist of dried and pressed specimens of leaves and other specified parts of native or cultivated trees, vines and/or shrubs. Each leaf specimen should be mounted on a separate 8” x 10” herbarium card available at your county extension service or at http://4h.okstate.edu/literature-links/lit-online/plant-science-entomology/plant Only the information required in your division should be filled out. The cards should be enclosed in a notebook or binder. Each specimen should be covered with a transparent plastic or similar covering to protect it from damage. No leaf should be more than 3 years old and at least one-third of the specimens must have been collected during the current project year. Instructions for collecting and pressing are available in the OSU Extension Center.
32303 **Ages 9-11** A collection of 15 specimens with the following information: (1) common name; (2) general class; (3) kind of plant

32304 **Ages 12-14** A collection of 25 specimens with a pressed flower or fruit or seed included with each specimen. Information on the card to be filled out is (1) common name; (2) general class; (3) kind of plant; (4) form; (5) color; (6) exposure.

32305 **Ages 15 & older** A collection of 30 specimens with a pressed flower, fruit or seed included with each specimen. All information on the card should be filled out.

• **Exhibit Unit III - Group or Club Exhibit**

32306 This exhibit to consist of landscape or environmental beautification project report on a project such as home grounds, school, community center, church, city or roadside park, highway beautification, clean-up campaign, etc. A group is to consist of 3 or more 4-H members under supervision of 4-H leaders. All projects must employ horticulture material for the purpose of conserving natural beauty of an area or improving the aesthetic quality and/or function of an area. Other material such as concrete walks, benches, etc., may be used in addition to the horticulture material.

• **Judging Criteria**

- A brief project description and statement of purpose and objectives.
- Creativity demonstrated and quality of the project.
- Extent to which plan integrates total needs of area, short and long term.
- Functional use and aesthetic considerations of horticultural materials and techniques.
- Operational considerations of expenses encountered, resource personnel contracted and maintenance factors.
- “Before and After” photographic sequence to illustrate effectiveness of the project.
- A brief summary of project activities, extent to which objectives were achieved, knowledge gained and the particular significance of the project toward the improvement and beautification of your environment.
- Newspaper clippings and other publicity of the project.

**HOUSE PLANTS (324)**

**TERRARIUMS**

- Terrarium of plant life. Refer to OSU Fact Sheet No. F-6438 or a similar guideline. No specific size of container, materials, plants or methods. Criteria for judging will be (1) compatibility and arrangement of plants and materials (2) appropriate potting media (3) attractiveness and originality (4) appropriate size of plants for container. Terrariums should feature either woodland or tropical plants, and feature at least 3 different species of plants. Terrariums must be completely covered at all times. Terrariums containing succulents will be disqualified: succulents belongs in a dish gardens.

**Classes**

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**Dish Gardens**

- Dish Garden of plant life. A 4H / OSU Fact Sheet is currently in production. Until it becomes available refer to [http://www.thegardenhelper.com/dish-gardens.html](http://www.thegardenhelper.com/dish-gardens.html) or other online or print resources for project ideas and information. Criteria for judging will be (1) compatibility and arrangement of plants, potting media, and container (2) attractiveness and originality (3) appropriate size of plants for container. Dish Gardens may feature succulents, carnivorous plants, or foliage plants. Dish Gardens should feature at least three different species of plants.

**Classes**

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**Residential Landscape Design Drawing**

- Develop a landscape design/drawing for the provided residence. Base maps should be printed on 11”x17”paper.
- Once printed verify scale is 1 in. = 10 ft. Design drawings are to be made directly on the provided base maps. Use provided examples of landscape symbols to draw and/or trace on to the base map. Use the provided color rendered landscape drawings for the example of effective designs and color techniques.
- All material can be found at: [http://www.hortla.okstate.edu/youth/index.htm](http://www.hortla.okstate.edu/youth/index.htm) then click on “4-H – Landscape Design”.
Competition Guidelines

- Use white 11”x17” paper to exhibit landscape drawings horizontally.
- Create a column on the right side of the sheet for a title block, 2 inches wide from top of drawing to bottom. List the following in ink: Scale, symbols of plants, numbers representing trees, shrubs and plants and how many of each plant were used in the landscape. Example: 1 – rose (6), 2 – Oak trees (4), 3 – Petunia (3 dozen or 36). Name, date and chapter.
- Name, date and county
- Drawing is top view (plan view).
- Use the scale provided: 1 in = 10 ft.
- Hand drawings or CAD drawings will be accepted.
- Draw plant symbols at the mature plant size.
- Use the plant symbols and the materials symbols provided.
- Drawings must be in full color.
- Walkways should be 3 ft. or 5 ft. wide.
- Patio(s) are required on the back of the house. In the drawings use a line to indicate the planting beds. All small trees, shrubs and perennials should be inside planting bed. Large trees could be found in the lawn or inside planting beds

Classes

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Horticulture in our Lives Poster Exhibit

- Posters must be 14” x 22” and must be permanently signed and dated on the back prior to laminating. Text should be readable from at least 10 ft. away.
- Choose a fruit, vegetable, nut, spice, or beverage (tea, coffee, chocolate) crop, and create a poster depicting one of the following topics related to that crop:
  - History (domestication process, global spread via immigrants, etc.)
  - Production
  - Use in different cultures
  - Use in different processed foods

Classes

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Models

- Model cold frame or hoop house mounted on a piece of painted plywood no larger than 12”x 12”. Must include an explanation of the purpose of the structure, examples of potential uses, correct orientation in the landscape, and materials necessary in its construction. Explanation should be typed or handwritten on a laminated piece of white paper no larger than 8.5" x 11" and be securely attached to the model.

Classes

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PECAN INFORMATION EXHIBIT

- Eligibility: Any 4-H member interested in learning more about pecans and the pecan industry may prepare an exhibit.
- The exhibit shall consist of an educational exhibit that will fit a 3’ wide x 3’ deep area. It must be free-standing with sides attached. A notebook should be included in the display. Each county may have one exhibit in each class.
- The exhibit should provide information about the pecan industry such as history, importance to state, health benefits & nutrition, uses, production, processing, storage requirements or other topics pertaining to pecan.
- The exhibit should increase the public awareness of the importance and impact of the specific sector of the pecan industry. The notebook should include any involvement the exhibitor has had with teaching others, giving talks or demonstrations, preparing pecan foods, planning programs, producing pecans, field trips, etc.
- The notebook may be typed or handwritten and should include pictures.
- Criteria for judging: 30 points completeness of educational lesson; 30 points public appeal; 40 points notebook.

Classes

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Companion Animals (325)
- All Companion Animal exhibits should focus on one of the following: (1) Animal Health and/or Nutrition (2) Good Husbandry and/or Grooming (3) Training and/or showing (4) Service and/or Citizenship.
- Companion Animals refers to animals utilized as household pets, not livestock or wildlife. In cases of animals (i.e. rabbits, turtles, etc.) that can be represented as a companion or a non-companion animal project, it will be up to the 4-H member to make sure that their entry represents companionship.
- The 4-H member’s name, age and county must be included attached to the exhibit. Exhibits deemed inappropriate will not be displayed.
- If you use text, pictures, drawings, artwork, or other information not created by you in your exhibit you must cite the source. See “COPY WRITTEN MATERIAL AND REFERENCE SOURCES” section at opening of 4-H Division.
- When using the official clover with H’s, the tail should curve to the right and the words, 18u.s.c. 707, must appear under the lower right leaflet except if hand drawn clovers.

Companion Animal Poster illustrating one of the following: (1) Animal Health and/or Nutrition (2) Good Husbandry and/or Grooming (3) Training and/or showing (4) Service and/or Citizenship. Posters must be 14” x 22”. For display purposes, exhibitors are encouraged to laminate all posters or cover them with clear plastic film. Posters must be permanently signed and dated on the back. If not marked the judging committee may mark or punch. Posters may be horizontal or vertical. Text of poster should be readable from at least 10 feet away.

Companion Animal Display illustrating one of the following: (1) Animal Health and/or Nutrition (2) Good Husbandry and/or Grooming (3) Training and/or showing (4) Service and/or Citizenship. Space for the booth is 3 feet deep and 4 feet wide (with sides extended for display). Back can be 4 feet high. Display must be free-standing. Models, photographs, posters or other means for display may be used. Display may be prepared by an individual or group from a county. Exhibit must prominently display a 4-H clover or mention 4-H.

Companion Animal Photo Story Board illustrating one of the following: (1) Animal Health and/or Nutrition (2) Good Husbandry and/or Grooming (3) Training and/or showing (4) Service and/or Citizenship. Story board should contain 4 to 6 photos attached to the surface of either a white or colored piece of foam core, poster or mat board no larger than 14” X 22”. Each photo should contain a caption. Judging criteria will emphasize content first and photo composition second. Photos are to be taken by the exhibitor.

Me and My Pet Journal – A 3 ring binder, 3” or smaller, showing activities you and your pet have been doing this past year. Emphasis should be given to: (1) Animal Health and/or Nutrition (2) Good Husbandry and/or Grooming (3) Training and/or showing (4) Service and/or Citizenship. It may include but is not limited to training notes, photos of you and your pet working on a new trick, newspaper clippings of you and your pet participating in service projects, breeding records, animal health records, and much more. Members are encouraged to keep multiple years in their journal but the previous years’ work should be clearly labeled as such. Judging emphasis will be placed on the current year’s work.

Other Companion Animal Item – Exhibit must have a 3” X 5” note card describing the exhibit, what was done to create or prepare this exhibit and how the exhibit relates to: (1) Animal Health and/or Nutrition (2) Good Husbandry and/or Grooming (3) Training and/or showing (4) Service and/or Citizenship. Posters, photos, displays and journals are not allowed in this category.
Personal Development & Leadership
Hobbies & Collectables/Leisure Education (327)
The purpose of this project area is for members to learn about and document personal, 4-H, or subject related history using appropriate conservation, preservation, and/or restoration methods. Think of this project like our own “Antique Road Show” 4-H project area.

- Each exhibit will require research, and reporting to authenticate the item being exhibited and to justify the method chosen to preserve/display the item.
- 4-H Curriculum has been developed to introduce and educate 4-H members and volunteers in the preservation and conservation of artifacts. The criteria/standards used to evaluate the 4-H member exhibit will reflect the member’s mastery of conservation and/or preservation techniques and their ability to document memorabilia/history. This is accomplished with the use of the updated (revised 2014) Authentication Card (4H·HLTH·413)

- The Authentication Card must be legible and securely attached to the front of ALL exhibits. Exhibits will be disqualified if they do not have a card.

- The County and State Fair will do their best to insure items are respectfully handled, but they do not assume responsibility for any item damaged or lost while on exhibit. Please consider this when entering your “collectibles”.

- No loose collections/sets will be accepted. A collection must be SECURELY attached/contained to make one entry. This means each item within the collection is enclosed in a frame, notebook, attached to a tray, or firmly attached to a rigid display board (foam core, mat board, corrugated plastic, etc.) in a manner where items cannot be separated from the collection.

- Curriculum currently available or under development
  4H·HLTH·403 Preserving Vintage Clothing and Textile Products – Part 1; 4H·HLTH·404 Preserving Vintage Clothing and Textile Products – Part 2;
  4H·HLTH·405 Storage and Display of Heirloom Textiles in the Home; 4H·HLTH·406 Preserving Photographs, Books and Paper Documents;
  4H·HLTH·407 Preserving Metal, Wood and Plastic Collectibles (not available); 4H·HLTH·408 Preserving Memorabilia; 4H·HLTH·409 History Mysteries Part 1 – Recording and retelling the history of 4-H and its people through stories; 4H·HLTH·410 History Mysteries Part 2 – Writing the Story – your treasures – from Clues; 4H·HLTH·411 Documenting and Cataloging Collectibles (not available);
  4H·HLTH·412 Displaying Collections and Collectibles (not available); 4H·PDL·111 Personal Development – Documenting our Heritage; and
  4H·HLTH·413 Authentication Card (Revised 2014).

Collection – A minimum of five (5) items. Each collection will be limited to a display area no larger than 22”X28” when lying down.

32701 Paper Materials - Patterns, 4-H Project Manuals/Curriculum, Books/Magazines, Postcards, News Clippings, Canning Labels, Photos, Bumper Stickers, etc.
32702 Buttons (Example – “I Bleed Green”, “I Love 4-H”, etc.)
32703 Jewelry or Medals
32704 Textile Items – Clothing Accessories, Patches, Hot Pads, etc.
32705 Dishes, Containers, Sculpture – Ceramics, Pottery, Glass, etc.
32706 Metal Materials – Signs, Bike or Car Tag, Tools, or similar such items
32707 Other Collectibles (These items should keep with the high ideals and principals of the 4-H Program)

Historic Preservation, Restoration & Replication of Photography
32708 Photography

- The purpose is to determine the member’s application of skills and knowledge gained in the area of restoration and preservation of antique/collectable photographs. Project work will be judged on research, knowledge and appropriate method of preservation restoration or replication.

- Authentication Card (Revised 2014) - Be sure to include when possible: documentation of the people in the picture, location, where it originated, photographer and why this particular deserved the historical “consideration” as a collectable.

- Choose one of the following methods and justify your choice as it relates to preservation on the authentication card.

- Original photographs electronically copied, repaired/enhanced when necessary or printed from the original negative. The photo should be appropriately displayed for preservation purposes. Be sure to document why this particular picture deserved the historical “consideration”.

- Follow preservation guidelines as noted in 4H·HLTH·406. Securely hinge original photo enclosed in a protective sleeve (so it can be lifted to view the back of the photograph).

- If the desire is to preserve the historic integrity of the photograph and frame, appropriate conservation methods should be researched, applied and documented as part of the exhibit.
Collectables
- The purpose is to determine the member’s application of skills and knowledge gained in the area of restoration and preservation of hobbies and collectables. Project work will be judged on research, knowledge and appropriate method of preservation restoration or replication.
- Any item or set of items must be display in a manner that provides protection, is secure and can be viewed.

Historic Replica – When an item cannot be restored, preserved, or attained, a collector may have to replicate the item. When replicating an item it is important to research and duplicate the construction methods and materials as close as possible. Attach a picture/photograph of the original item.

Heirloom Restoration or Preservation – Exhibit an antique or collectable which has been restored or preserved using appropriate methods. Attach a before picture of the item.

Creative Culinary Day
Entries DUE April 6, 2018 to the Extension Office by 4:00PM
Event Date: April 28, 2018 Frye Auditorium 9:00AM

Cupcake Wars
Objectives:
1. To promote self-confidence.
2. To develop public presentation ability.
3. To showcase baking and decorating ability.
4. To allow for self-expression in a safe supportive environment.

4-H members should prepare for Cupcake Wars by following the criteria below:
- Participants will bake six cupcakes at home.
- They will bring the undecorated cupcakes to decorate at the competition.
- They will then choose their best 3 cupcakes to be judged on creativity and appearance. There will be no tasting this year!
- Participants are responsible for bringing all materials they need for decorating.
- Participants need to exhibit knowledge of their recipe along with two copies of the recipe.
- If icing is made from scratch, please include that recipe on the cupcake recipe card.
- Participants will also be scored on decorating of cupcakes, appearance, and creativity.
- Cupcakes can be displayed on a plate or a stand.

There will be a 30 minute time limit on this event, not including set up.

Division: Age as of 1/1/2018:
Junior Class
Senior Class

Food Showdown
4-H Food Showdown guidelines for:
Junior & Senior Teams

What is the Food Showdown?
This contest, modeled after such competitions as “Iron Chef”, challenges teams of 4-H members to create a dish from only a clue, predetermined ingredients and a common pantry. From these ingredients, team members must use their food and nutrition knowledge, creativity and leadership skills to prepare the dish and then make a presentation to the judge.

Purpose:
- To provide opportunities for participants to exhibit their food and nutrition knowledge, skill and creativity when preparing.
- To provide opportunities for participants to learn from other team members, while promoting teamwork.
- To give members an opportunity to participate in a competitive event.
- To give participants an opportunity for public speaking and leadership.

1. Participants must be currently enrolled in 4-H
2. Age is determined by a participant’s age as of January 1, of the current year
3. Senior Teams: Participants in the 4-H Food Showdown at Round-up must be Round-up delegates. Since the district 4-H Food Showdown is the qualifying event for Round-up, all team members should be planning to attend Round-up. Two teams will advance from the district contest to Round-up.
4. Junior Teams: must be 9 to 12 years of age
5. Each team will have a maximum of 3 members and all team members must be from the same county.
6. Substitution of team members should be made only if necessary and substitute must be a Round-up delegate from the same county. Only the same number of 4-H members qualifying at the prior competition level will be eligible to compete at the Round-up Food Showdown. No more than one team member may be substituted up to the day of the event. The substitute 4-H member must have competed in a prior 4-H Food Showdown event.
7. **An Entry Fee may be required to cover the cost of ingredients for the contest – see registration information for details**
8. All team members will be assigned the same category and given the same ingredients. Category, secret ingredients and the clue will not be announced until the start of the category.

There will be four possible food categories:
A. Main Dish
B. Fruits and Vegetables
C. Breads and Cereals
D. Nutritious Snacks
9. **Attire** – participants should wear the following:
A. Clean aprons, lab coats or chef’s coats
B. Closed Toe Shoes
C. Long pants
D. Hair coverings (caps, bandanas, skull caps, hair nets) are required and long hair must be tied back.

Each team will have the option of wearing coordinated clothing.
10. **Resource materials provided for each team at the contest include:**
A. MyPlate for Kids
B. FightBac
C. Cooking Food Safely is a Matter of Degrees, Nutrient Needs at a Glance
D. Altering recipes for Good Health
E. Kitchen Safety
F. 4-H Food Showdown Worksheet
G. Copies of grocery receipts

No other resource materials will be allowed. Cell phones or other electronic devices will not be permitted in the contest area. Teams may not use their personal copies of the resources during the contest.
11. **Supply Box.** There are two supply boxes in the district for use; however, teams may choose to bring their own items from home as long as the items appear on the supply box list. Any extra equipment will be confiscated and the team may be disqualified.

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**Food Showdown Supply Box:**
- Aprons(3)
- Baking Sheet(1)
- Calculator(1)
- Fork(1)
- Knives(3)
- Can Opener(1)
- Colander Med.(1)
- Cutting Boards(2)
- Small Bowl(1)
- Extension Cord(1)
- Garlic Press(1)
- Pencil(1)
- Food Thermometer(1)
- Grater(1)
- Hot Pads(2)
- Whick(1)
- Kitchen Shears(1)
- Kitchen Timer(1)
- Pancake Turner(1)
- Kitchen Towels & Wash cloths(2 of each)
- Tongs(1)
- Measuring Cup liquid(1)
- Measuring Cups, dry(1 set)
- Measuring Spoons(1 set)
- Mixing Bowls(2)
- Note Cards (4x6)
- Non-stick Cooking Spray(1)
- Paper Towels(1 roll)
- Rolling Pin(1)
- Rubber Spatula(1)
- Sauce Pan w/lid(1)
- Medium Serving Bowl(1)
- Serving Platter(1)
- Skillet(1)
- Serving Utensil(1)
- Stirring Spoon(1)
- Stock Pot(1)
- Vegetable Peeler(1)
- Disposable Gloves
- Disposable Tasting Spoons
- Hand Sanitizer(1)
- Storage Bags or Containers
- Plastic tub for Dirty Dishes

**Heat Source (use one of the following)**
- 2 single burner hot plates
- 1 double burner hot plate
- 1 12” electric Skillet

12. Judges reserve the right to disqualify teams practicing dangerous use of the equipment
13. Participants with disabilities. Any participant who requires auxiliary aids, special accommodations or has food allergies must contact the state 4-H office at least two weeks prior to the competition.

**Rules of Play**
1. Teams will report to the designated location for check-in during their assigned time
2. Each team will be directed to a cooking/preparation station. There will be a written clue and a covered set of secret ingredients at each station. Amounts of secret ingredients will be provided, but no recipe. Do not uncover your secret ingredient box or read the clue until directed. The secret ingredients will represent a recipe from one of the following categories: Main Dish, Fruits and Vegetables, Breads and Cereal and Nutritious Snacks.
3. Educational Resources will be located at each station
4. Each team will have 40 minutes to prepare the dish, plan a presentation and clean up the preparation area
5. Each team may be given a challenge/obstacle to overcome during the contest
6. Only participants and contest officials will be allowed in food preparation areas
7. Preparation of food and presentation
   A. Preparation: Each team will be given secret ingredients and will create a dish using the clue provided and items from the provided common pantry. Note cards and the food showdown worksheet may be used to write down the recipe the team invents, along with notes related to nutrition, food safety and cost analysis. Teams need to be exact on ingredients used, preparation steps, cooking time, temperature, etc.
   B. Kitchen safety: Each station will have kitchen safety resources. Follow the steps listed to ensure proper kitchen safety. Be prepared to discuss safety practices used in the team presentation to the judges.
   C. Nutrition: Each station will have a variety of nutrition resources/references. Each team must name key nutrients in their dish and their functions and identify where the dish belongs on MyPlate. Refer to the nutritional information provided at each station.
   D. Cost Analysis: Prices will be available for each secret ingredient. Find the secret ingredient on the list and calculate the price of the dish along with the price per serving. Teams will determine the number of servings per recipe.
   E. Presentation: When time is called, each team will present their dish, to a panel of at least two judges, according to the criteria on the scorecard. Teams must be able to communicate with the judges effectively. All team members must participate in the presentation, with at least two of them having a speaking role. Judging time will include:
      i. 5 minutes for the presentation
         1) Introduction
         2) What did you prepare and why did you select that method
         3) How does the dish fit into a healthy diet and MyPlate?
         4) How food safety concerns were addressed
         5) Serving Size and cost per serving (of secret ingredients only)
      ii. Judges questions (approximately 3 minutes)
      iii. Time between team presentations for judges to score and write comments
   F. Clean-up: Teams must clean up their preparation areas. Clean-up time is included in the 40 minute preparation allotment. Teams should plan to not have access to a kitchen facility; therefore dirty dishes should be placed into a designated dirty dish plastic container or box to be cleaned at the conclusion of the contest. Leftover food should be disposed of properly. Common pantry items not used must be returned to the common pantry area.

8. Placing will be based on rankings of teams by judges. Judges results are final.

Meal Planning
No Separate age categories
ALL TEAMS WILL BE JUDGED TOGETHER
Meal Planning - Buffet (Party Planning Lesson)
Theme: Tailgate - Support your favorite team.
A meal is a time to make a special effort. These are occasions when attention to detail and when doing things right are important. Exhibit will include invitations, proper place setting (for 4), appropriate menu and appropriate dress for the occasion (club members setting up the display should be dressed as if they were hosting the event). A meal planning form must be completed and displayed. The form is available from your local club leader or at the extension office. Remember, presentation is important so think about how you’re going to pack, transport and arrange the food and how you will decorate.
4-H AWARDS & RECOGNITION

Focus of Project Work:
Educate our members.
Set and complete goals.
Develop communication skills.
Develop life skills.
Develop quality citizens and tomorrow’s leaders.

The following awards are selected based upon a 4-H member’s project work reported in their record book, medal form or appropriate application. All 4-H members age 9-19 are eligible to apply.

Carefully note the requirements for each award. Deadlines for awards are noted in the calendar and 4-H Monday Message. For more information and/or forms, contact your club leader or the extension office. Forms are available online at: http://oces.okstate.edu/cleveland/4h

Through generous contributions of donors, the Cleveland County 4-H Foundation is able to provide monetary support for the awards program.

County Medals
To receive a medal, complete the minimum requirements specified on the record book form. It is wonderful to do more than the minimum requirements.

For each year you continue work in a specific project, complete a record book form as a record of your work. This information becomes a record of what you accomplish each year and can be used to earn special awards. The Form is due in June. Look for exact dates in the 4-H Monday Message.

Record Keeping
A record book is an accumulation of all 4-H project work done in one or more years. A 4-H member continues to add to a record book each year.

A record book is an excellent way to look back and see how much you have grown and learned through your 4-H experience. It can also be used to apply for a variety of awards and recognition.

4-H junior members should use the County Jr. Record Book Form. 4-H senior members should use the State Record Book form.

Books are evaluated 25% on following instructions and 75% on quality of project work.

Gold Award - The gold award means the member has reported very good and thorough project work, as well as reported information as instructed.

Silver Award - This award is given to members that show a good start in project work but lack depth and thoroughness in reporting information. It is suggested that the member visit with their 4-H Leader for ways to further improve reporting and developing project work.

Bronze Award - This award is given to members when their record keeping shows little size and growth in project work. It is suggested that the member visit with their 4-H Leader for suggestions on how to set goals and keep records of 4-H project work.

Awards Based on Special Forms

Citizenship-Washington Focus (partial scholarship)
Senior 4-H members (14 years of age or sophomore at the time of the trip) attend a trip to Washington DC for a citizenship short course at the National 4-H Center. National and international aspects of citizenship are emphasized. Delegates are selected based on an application. Application forms are due in January. The 4-H Foundation will pay a partial scholarship to offset expenses.
4-H Key Awards
Recognizes the outstanding accomplishments of the top one percent of the state 4-H club members. Senior members, age 15 or older, with at least one year of 4-H work left may apply for this honor. Applications are due in March.

What is a Project?
On the enrollment card 4-H members enroll in projects/subjects they are interested in learning about. Using 4-H project manuals, a member is guided through the fundamentals of that particular project and taught goal setting and fundamental record keeping skills.

What is Project Work?
Project work refers to the things done to learn about one particular 4-H project.

In 4-H Project Work We Encourage:
Educating our members, setting and completing goals, developing life skills, developing quality citizens and tomorrow’s leaders.

What to Report?
Report only project work completed this year (September 1 to August 30). A record book includes only work done for the project being reported.

Steps To Earning A Medal

Set Goals - At the beginning of the year list things you want to learn. As you complete a goal, check it off and write down how it was finished. In setting goals, we sometimes do not achieve all that we hope to and other times we do more than we set out to do. This is OK!

Project Manual - Use your project manual as a guide to complete your goals. If there is no manual use another source for your project information. Record the resource(s) used in the record book.

Project Work - Complete one project for your year of project work. Project may be an item noted in project manual, county fair book or your own self-determined project.

County Activities & Events - Participate in county 4-H activities to exhibit project work completed. County activities can include Fabrics & Fashions, Job Readiness, Healthy Living Fair, Communications Event, Share-the-Fun, Judging Contests, Livestock Shows and Fun Fest. This is not an all-inclusive list of county activities.

Educational Experiences - Participate in educational experiences related to your project. Experiences include workshops, educational programs, tours, guest speakers, field days, interview, dance or music classes, video tapes, educational TV, etc.

Communication Skills - Participate in communication projects. This could include: Live Action Display, Show-n-Tell, Speech, Demonstration, Illustrated Talk, Educational Display, Poster, Workshop Taught, News Article Written, TV or Radio Appearances.

Citizenship - Complete service activity(s) for an individual, group or community. Service projects can be done as an individual, a member of a club or as a participant in a county program.

Leadership - Leadership is the act of showing/teaching/leading one or more people. Leadership can be one-on-one, helping several individuals with a project, serving on a committee, being an officer, conducting a workshop, etc.

Steps to Apply for a Project Medal
Complete a Record Book. **One Record Book must be completed for each project reported.** The form may be neatly hand-written or typed. If a home computer is used, headings should appear as listed on the record book form. If more space is needed, use an additional sheet of paper with the correct heading for each addition.

Completely fill out the Record Book. If you do not meet all the requirements this year, please turn in your form to receive a certificate of achievement. Then, reset your goals for the next year.
Make sure the record book contains all of the appropriate signatures.

Turn in your completed Record Book to your Local Club Leader by the specified date noted in the Year Book. You must make your own arrangements to get the record book signed by your Local Club Leader.

All members who complete a record book will be invited to the 4-H Awards Program & Reception held each August. Any senior who does not complete a Record Book may complete a Medal Form. These are available on the website or at the Extension office.

The Cleveland County 4-H Foundation provides the funding to purchase medals and sponsors the Reception.

The following medals are awarded:

- Achievement
- Agriculture
- Aerospace
- Aquaculture
- Beef
- Bicycle
- Bread
- Biological Science
- Career Exploration
- Cats
- Child Care & Development
- Citizenship & Civic Education
- Clothing & Textiles (Creative Endeavors)
- Community Service
- Computer Technology (Computer Science)
- Consumer and Family Science (General Home Economics)
- Consumer Education
- Dairy
- Dog Care & Training
- Demonstration
- Electricity
- Engines, Tractors, and Field Equipment (ATV, automotive, farm machinery, small engines)
- Entomology & Bees
- Fashion Revue
- Family Life
- Food Nutrition
- Forestry
- Goats
- Gardening & Horticulture
- Healthy Lifestyles
- Hobbies and Collections (Rocketry, Geology)
- Home Environment
- Horse
- Industrial Arts
- Judging
- Leadership
- Outdoor Education & Recreation
- Performing Arts
- Personal Development
- Pets
- Photography & Video
- Physical Sciences
- Poultry
- Plant Sciences
- Public Speaking
- Rabbit
- Reporting
- Safety
- Sheep
- Shooting Sports
- Swine
- Vet Science
- Visual Arts
- Technology & Engineering
- Wildlife & Fisheries
- Wood Science

**Jr. Achievement Trip**
- 4-H members, age 12 or younger as of January 1 of the current 4-H year, are eligible to participate in the Jr. Achievement Trip if they have completed a record book and trip application. Applications are due when record books are turned in.
- Selection for the following awards will be made on the merits of the 4-H member's project work. If judges deem that no person merits the award, it will not be presented. All judges decisions are final.

**Jr. Record Book Awards**
Plaques awarded to the "Top Two" Jr. Record Books in 1st thru 6th Year age divisions.
Special Project Awards
Special awards are sponsored in the areas of Agriculture, Personal Development, Family & Consumer Science, Conservation of Natural Resources, Safety and Electric. To apply for one of these awards, complete the "Special Awards Form" in the County Record Book. Seniors need to fill out a Special Awards Form. A 4-H' er can win an award only once in each age division. Each award is explained on the form. Form due at the time of record book.

Outstanding Junior Awards
These awards are presented to members 9-13 years old. Selection is based on Record Books. An award can only be won once and only one award per member will be presented each year. Awards are based on all years of 4-H project work. Each recipient receives a $50 savings bond.
- Two Outstanding Jr. 4-H Members - selection based on overall project work.
- One Jr. 4-H Leadership Award - selection based on leadership efforts.
- One Jr. 4-H Citizenship Award - selection based on citizenship activities.

Sr. First Timer Incentive Award
An award is given to one senior member (6th year of club work or 14 years of age or older) completing a Sr. Record Book for the first time. Award will be based on outstanding citizenship, leadership and project work reported. The record book must follow guidelines for State Record Book Competition.

Outstanding Senior Awards
A group of senior 4-H members (14-19 years old) will be selected based on outstanding leadership, citizenship and project work and designated as the Blue Award Group. Members of the Blue Award group are eligible to interview for the following awards. The following awards are based 50% on a record book and 50% on interview score and recommendations by the judges. Only one award can be received each year.
- One Sr. Citizenship Award selection based on citizenship activities.
- One Sr. Leadership Award selection based on leadership efforts.
- Two Sr. Achievement Awards selection based on accomplishments in project work, leadership, and citizenship during the current 4-H year.
- Two Sr. 4-H Hall of Fame selection based on cumulative project work in leadership, citizenship and achievement.

Other Awards & Programs

Outstanding Fair Exhibitor
A 4-H jacket is presented to the top 2 county fair exhibitors based on a point system. To be eligible you must complete a point sheet and submit it to the extension office within 1 week of the end of the county fair. Previous winners are not eligible.

Healthy Living Fair Special Incentive Award
See guidelines for the Healthy Living Fair for the guidelines of this award. (Pg. 23)

Special Demonstrations
See guidelines for the Communication Event for the variety of special categories and awards available. (Pg. 19)

Honorary 4-H Members
Presentation made to an individual who has provided outstanding leadership to the Cleveland County 4-H program. Nominations can be made to the Extension Office.

Friend of 4-H
A special recognition award presented to a business who has provided monetary and in-kind contributions to the Cleveland County 4-H Program. Nominations can be made to the Extension Office.

I Dare You Award
Presented to senior members who demonstrate a balanced life of physical, mental, social and moral character.

Jewell Griffin Memorial Award
Presented to senior members who are first in a Level 1 state project area.

Dick Griffin Memorial Award
Presented to senior members who are first on a Level 2 project area.

Patsy Hansmeyer Memorial
Presented to a senior 4-H member who demonstrates courage, faith and trust.

Club Awards
“Model Meeting” Award
4-H Clubs who complete all of the following criteria will receive Model Meeting Status and receive recognition at the awards and recognition program. Materials are due in by June 1, to the office. Late books will not be accepted.
1. Club meeting must be visited by 4-H Educator or a designated representative. This individual will provide a constructive critique immediately following the meeting with the officers and club leader. It is the organizational leader’s responsibility to schedule this visit.

2. Secretary’s Book is to be completed and turned in. A club may opt not to use the State Secretary Book and may fulfill this requirement by providing the same information in the appropriate order and secured in a binder.

3. A President’s Agenda Book must be completed and turned in. The agendas can be recorded in the 4-H Program Guide Book or the monthly agendas can be secured in a separate binder.

**Outstanding 4-H Club Award**

To be considered for Outstanding 4-H Club Award a club must fulfill all requirements for the "Model Meeting" Award plus complete a scrapbook following the scrapbook instructions.

Clubs will be recognized for outstanding programming in the following six (6) categories:

1. Health and Wellness
2. Science and Technology
3. Family Strengths
4. Natural Resources and Environmental Awareness
5. Outstanding Community Involvement
6. Outstanding Cleveland County 4-H Club

A plaque will hang in the Extension Office listing all recipients in a given year.

To be considered for Outstanding County Club, (category 6) the scrapbook must include all five categories with the appropriate scrapbook report forms at the front of each section. The outstanding club award is based on a well-rounded 4-H club program.

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**Change for Change:**

- Supports Education, Research, Physicians
- 200,000 visits annually
- 1000 + volunteers
- $80 million raised
- Money raised stays in OKLAHOMA
# Cleveland County 4-H Clubs - 2017-2018

<table>
<thead>
<tr>
<th>Area</th>
<th>Club</th>
<th>Meeting Time</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td><strong>Lexington Area</strong></td>
<td>Lexington Cloverbuds/4-H Club</td>
<td>1st Monday/Month, Lexington School Cafeteria, 6:00PM</td>
<td>Susan Warren - 405-837-0127</td>
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<td>Krystal Bugher - 405-550-5332</td>
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<td><strong>Little Axe Area</strong></td>
<td>Little Axe Cloverbuds/4-H Club</td>
<td>1st &amp; 3rd Tuesday/Month American Legion Post 274 on Peebly Rd., 6:00PM</td>
<td>Lilly Stubbs 405-425-9398</td>
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<td><a href="mailto:lily.stubbs0308@gmail.com">lily.stubbs0308@gmail.com</a></td>
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<tr>
<td><strong>Moore Area</strong></td>
<td>Moore Cloverbuds/4-H Club</td>
<td>1st Monday/Month Classroom C 6:00PM</td>
<td>Nicole Bridwell - 405-620-5838</td>
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<td>Kristi Scroggins DVM - 405-919-6359</td>
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<tr>
<td><strong>Noble Area</strong></td>
<td>Noble</td>
<td>2nd Thursday/Month Hubbard Elementary School 5:30PM</td>
<td>Amie Whitehead 405-872-1231</td>
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<td><a href="mailto:amiewhitehead@me.com">amiewhitehead@me.com</a></td>
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<tr>
<td><strong>Norman Area Clubs</strong></td>
<td>Clover People Club</td>
<td>Contact the Club Leader for club meeting times &amp; location</td>
<td>Dan Berkowitz 405-550-7303</td>
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<td><a href="mailto:daniel.s.berkowitz@noaa.gov">daniel.s.berkowitz@noaa.gov</a></td>
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<tr>
<td></td>
<td>Clover People Cloverbuds</td>
<td>Contact the Extension Office</td>
<td>405-321-4774</td>
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<td><strong>Project Area Clubs</strong></td>
<td>Circle C Livestock &amp; Judging Club</td>
<td>Contact the Club Leader for club meeting times &amp; location</td>
<td>Jake Calvert 405-229-6961</td>
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<td><a href="mailto:jsjmp@sbcglobal.net">jsjmp@sbcglobal.net</a></td>
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<td></td>
<td>Clover Cloggers</td>
<td>Tuesdays, Cleveland County Fairground Lobby, 7:00PM</td>
<td>Julia Narramore 625-8808</td>
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<td></td>
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<td>Pam Zabawa 488-9106</td>
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<td></td>
<td>Cleveland County Archery Club</td>
<td>2nd &amp; 4th Saturday/Month 9:00AM-11:00AM</td>
<td>Lily Stubbs 405-425-9398</td>
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<td>Please contact Lily Stubbs if you are going to attend</td>
<td><a href="mailto:lily.stubbs0308@gmail.com">lily.stubbs0308@gmail.com</a></td>
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<td>Cleveland County 4-H</td>
<td>2nd &amp; 4th Thursday/Month Tri-City Gun Club 7:00PM</td>
<td>Jamie Schmidt 620-6977</td>
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<tr>
<td></td>
<td>Shooting Sports Club</td>
<td>Contact Jamie for access to the gun range</td>
<td><a href="mailto:lshunts@gmail.com">lshunts@gmail.com</a></td>
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<td></td>
<td>Radioactive Robotics (Ages 14 &amp; older)</td>
<td>Contact Club Leader for meeting times &amp; location</td>
<td>Melody Schrank 701-3223</td>
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<td><a href="mailto:melody.schranks@chickasaw.net">melody.schranks@chickasaw.net</a></td>
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<td>Cleveland County Sheep Club</td>
<td>3rd Friday/Month Classroom C, 6:00PM</td>
<td>Lily Stubbs 405-425-9398</td>
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<td>South Central 4-H Poultry Club</td>
<td>3rd Thursday/Month Extension Classroom C, 6:00PM</td>
<td>Amber Spires - 614-537-6197</td>
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<td>Trailblazers Horse Club</td>
<td>4th Monday/Month Classroom C, 6:30PM</td>
<td>Pamela Byers 990-8963</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><a href="mailto:pamela@galleryfarm.us">pamela@galleryfarm.us</a></td>
</tr>
<tr>
<td></td>
<td>Cleveland County 4-H Sewing Club</td>
<td>Last Saturday/Month Classroom C, 10:00AM</td>
<td>Alanna Ireland - 405-248-2010</td>
</tr>
<tr>
<td></td>
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<td></td>
<td><a href="mailto:alanna.d.ireland@gmail.com">alanna.d.ireland@gmail.com</a></td>
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<tr>
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<td>Cleveland County Dairy 4-H Club</td>
<td>4th Sunday/Month Classroom C, 2:00PM</td>
<td>Lisa Inman - 405-406-9924</td>
</tr>
<tr>
<td></td>
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<td></td>
<td><a href="mailto:cinnamonsweetmom@yahoo.com">cinnamonsweetmom@yahoo.com</a></td>
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</tbody>
</table>
# Cleveland County Volunteers & Personnel

## Parent Volunteer Association (PVA)

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>Lily Stubbs</td>
</tr>
<tr>
<td>Vice-President</td>
<td>Melody Schrank</td>
</tr>
<tr>
<td>Secretary</td>
<td>Christie Moody</td>
</tr>
<tr>
<td>Foundation Liaison</td>
<td>Julia Narramore</td>
</tr>
</tbody>
</table>

## 4-H Foundation

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>Carol Doner</td>
</tr>
<tr>
<td>Vice President</td>
<td>Phyllis Tunender</td>
</tr>
<tr>
<td>Secretary</td>
<td>Shem Hamil</td>
</tr>
<tr>
<td>Treasurer</td>
<td>Kristi Scroggins</td>
</tr>
<tr>
<td>Foundation Liaison</td>
<td>Annette Stowers</td>
</tr>
</tbody>
</table>

## OSU Cooperative Extension Service Personnel

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brenda Hill, Ph.D.</td>
<td>County Extension Director - Family &amp; Consumer</td>
</tr>
<tr>
<td>Brad Secraw</td>
<td>AG/4-H Youth Development Extension Educator</td>
</tr>
<tr>
<td>Tracey Payton Miller</td>
<td>Horticulture Extension Educator</td>
</tr>
<tr>
<td>Kristina Reed</td>
<td>4-H Youth Development Program Assistant/Paraprofessional</td>
</tr>
<tr>
<td>Johnnie Mulder</td>
<td>Extension Administrative Support Specialist - Extension/FCS</td>
</tr>
<tr>
<td>Cherry Slaughter</td>
<td>Extension Administrative Support Assistant - Horticulture/Agriculture</td>
</tr>
<tr>
<td>Patti Siglin</td>
<td>Extension Administrative Support Assistant - 4-H Youth Development</td>
</tr>
</tbody>
</table>
4-H Motto
“To Make the Best Better”

4-H Club Colors
The white symbolizes the purity and high ideals.
Green is nature’s most common color and is symbolic of youth, life and growth.

Core Values & Beliefs

* We believe all people can “Make the Best Better”.
* We believe youth and adults “Learn by Doing”.
* We believe 4-H trains the Head to think, to plan, to reason.
* We believe 4-H trains the Heart to be kind, to be true, to be sympathetic.
* We believe 4-H trains the Hands to be useful, to be helpful, to be skillful.
* We believe 4-H trains the Health to resist disease, to enjoy life.
* We believe 4-H programs apply to all communities—urban, suburban and rural.
* We believe in cultivating positive relationships and nurturing positive choices.
* We believe partnerships develop positive life skills.
* We value the joys realized by youth achieving goals.
* We believe participation results in cooperation and enhances character development.
* We believe all people regardless of race, color, national origin, gender, religion, disability, marital status, or membership in any other organization make positive contributions to any community.
Welcome to 4-H! The Oklahoma 4-H program is full of opportunities for a family to work, play and learn together. This publication will help families understand the general rules and guidelines that govern Oklahoma 4-H membership and participation. We encourage families to review the document so they know what to expect as a child participates in 4-H events and activities. Please direct questions regarding 4-H rules and guidelines to your county Extension office.

Membership rules and guidelines, stated in this publication, will be followed at all levels of the Oklahoma 4-H Program. The Oklahoma State 4-H office will have final ruling on any interpretation or discrepancy resulting from any 4-H membership rules and guidelines, 4-H managed contest/activities/events eligibility or enrollment issue within the state of Oklahoma.

Program Specific Rules and Guidelines
Each 4-H program, activity or event may have its own unique rules and guidelines. Care will be taken to avoid rules that exclude youth for reasons they cannot control. Cooperation among Extension staff, volunteers, parents and sponsors is essential to solving specific problems that may arise. It is the family's responsibility to obtain rules and guidelines for any program/activity/event in which they choose to participate.

Parental Involvement
Families are important and enhance the 4-H experience. Parents are encouraged to attend meetings with their child(ren) and support the 4-H club, project or activity leader(s) and staff as requested. Parents who are disruptive at meetings, verbally abusive to members or other adults, or who exhibit threatening behaviors will be subject to exclusion from the 4-H program. If a parent's negative behavior persists, membership status may be withdrawn from their child.

4-H Enrollment Guidelines:
Members must reside or attend school in Oklahoma.

Grade for Enrollment: 4-H age will be determined by the youth's public school grade as of September 1 each year. A child's "grade division" will not change until re-enrollment on September 1. You may enroll in 4-H on September 1 if they are 8 AND in the 3rd grade. If they turn 8 after September 1 and are in 3rd grade, they will not be eligible to enroll in 4-H until the next 4-H year but they may participate as a Cloverbud. 4-H membership ends on August 31 following the completion of the 12th grade or having reached the age of 19 on or before September 1, whichever comes first. Graduated high school seniors may complete their 4-H career by exhibiting in the fall fairs (see pages 4 and 5 for additional information).

Cloverbud Enrollment – see page 3

Parental/Guardian Authorization:
Oklahoma 4-H must comply with Oklahoma State University's Minors on Campus policy. The enrollment process requires that a legal parent or guardian accept or decline required authorizations and sign the enrollment. It is illegal for anyone other than the legal parent or guardian to complete an enrollment for a minor child.

4-H membership may only be held in one county.
• A member/family may complete a "Petition for Membership" form to request 4-H affiliation in a county other than where they live or go to school - public, home, private, charter, online, etc. The petition must be mutually approved by Extension staff in EACH county involved. The signed agreement will be kept on file in each Extension office.
• In some events affiliated with 4-H, but not managed by 4-H, such as county fairs and livestock shows, exhibitors may be required to be residents and/or students in the county where competing. It is the family’s responsibility to check with the governing body for specific guidelines.
• If a county does not offer a particular project, a youth may cross county lines to participate in educational programs in a project area but may not join that county’s competitive teams. However, he/she may compete representing his/her home county.
• When a 4-H member moves, youth will:
  1. Request a transfer of membership from one county to another within the state of Oklahoma
  2. Enroll in Oklahoma 4-H when transferring from another state.

At the time enrollment is filed in the new county, all membership rights in the former county/state are surrendered. Oklahoma 4-H membership transfers without an additional program fee. If the program fee has not been paid for the current program year, it must be paid to the new county at the time of the transfer. If length of membership is required for participation in a specific activity in the new county, membership time in the former county is considered when the new/transfer of enrollment is completed in a timely fashion.
• When a 4-H member’s parents live in separate counties, the youth must declare membership in one county and the family must notify the Extension office in both counties where custody and residency is shared. Even when custody is jointly shared, youth may not exhibit or compete in 4-H activities in two counties. The youth’s parents’ court decree governs determination of the custodial parent. If this is not present, the person who claimed the child on his/her federal and state income tax the previous year generally is considered to be the custodial parent.
Annual Enrollment:
The 4-H year in Oklahoma begins September 1 and ends August 31 of the following year. All enrollment becomes “inactive” September 1 each year, no matter the date enrolled. The 4HOnline data management system will annually close for maintenance and updates August 15-31 and no new enrollment will be accepted during this time.

4-H Program Insurance: Only youth who have submitted enrollment (electronically or on the paper enrollment form) will be covered by 4-H program insurance.

Active Enrollment Status: An individual who

- Meets the grade requirement.
- Completed the 4-H enrollment process (through 4HOnline enrollment system or submitted paper enrollment) and
- Has paid the 4-H program fee and is considered “active.” The program fee can be paid a) Online by credit/debit card; b) Cash/check/money order to the county Extension office; c) 4-H club or another organization; or d) Requesting financial assistance through the Extension office.

Members-at-Large:
Members are expected to participate in local 4-H clubs. If a club is not available in your area or if the club's meeting time creates an unusual hardship, families should work with their county extension staff to establish a new chartered 4-H club.

Loss of Membership:
Membership in 4-H is a privilege and may be denied or withdrawn from persons who have exhibited any of the following behavior(s):

- Convicted of crime.
- Banned from school or school-related programs or another organization.
- Violated the 4-H Code of Conduct.
- Exhibited behavior that may discredit the image of the 4-H program.
- Placed another individual or animal at undue risk.
- Violated published rules or guidelines governing the 4-H affiliated events or activities.

Enrollment for Livestock Shows:
Livestock shows at local, county, district, state and regional levels all establish their own rules. It is the family’s responsibility to obtain and comply with said rules. The 4-H program’s role is to verify date of enrollment or enrollment status. The show’s governing board determines eligibility.

4-H Teen Volunteer Enrollment & Certification
Serving as a certified teen volunteer with the Oklahoma 4-H program is a privilege. Teens who have the potential of working with youth unsupervised as a project leader, teen leader, camp counselor, district/state officers, etc., must complete the same certification process and requirements as an adult.

4-H Adult Volunteer Enrollment & Certification
Serving as a volunteer with the Oklahoma 4-H Program is a privilege. Volunteers serve at the pleasure of the Oklahoma Cooperative Extension Service and Oklahoma State University. A breach in the Volunteer Behavioral Guidelines or any other established rules/guidelines is grounds for immediate dismissal as a 4-H volunteer.

Active Enrollment Status: An individual who

- Meets the age requirement (21+).
- Upon their initial enrollment as a volunteer, completes the volunteer application process, which includes screening and approval.
- Annually completes the 4-H enrollment process through 4HOnline enrollment system.
- Annually complete the required continuing education, including Working With Minors & Title VII and IX training.
- On a regular interval, all volunteers will be re-screened.

4-H Program Insurance: Only certified volunteers who have submitted enrollment will be covered by 4-H program insurance.

4-H Cloverbud Program and Guidelines
The Cloverbud program is family-oriented and noncompetitive. Due to the developmental skills of this age group, Cloverbud members will not be permitted to participate in events where they or their projects are compared or judged against their peers.

Cloverbud members may only participate in noncompetitive activities on a local or county basis as deemed appropriate by the OSU Extension Staff and Parent-Volunteer Association/Council. District and state activities will not be provided for Cloverbuds.

- Cloverbud membership will be granted to children 5 years old through the 2nd grade. Enrollment can be done online if the child is 5 or before September 1.
- Cloverbud members must annually complete the 4-H enrollment process (through the 4HOnline enrollment system or submitted paper enrollment), which includes paying the 4-H program fee. The program fee can be paid a) Online by credit/debit card; b) Cash/check/money order to the county Extension office; c) 4-H club or another organization; or d) Requesting financial assistance through the Extension office.
- Only youth who have submitted enrollment (electronically or on the paper enrollment form) will be covered by 4-H program insurance.
- 4-H program fee must be paid before enrollment status is considered “active.”
- Fundraising by Cloverbuds is not permitted.
- Once a Cloverbud reaches the age of 8 AND is in the 3rd grade, they can enroll as a 4-H member (see page 2).
Program Fee

A 4-H Program Fee was implemented September 1, 2016.

- The cost is $20 per year and applies to all 4-H youth enrollment (Cloverbuds and 4-H members).
- If a youth is enrolled between September 1 and August 31 of the 4-H year, the full $20 fee will be collected. There will be no pro-rated fee based on enrollment date.
- The payment must be remitted to the county Extension Office within 30 days of enrollment or the enrollment will be rolled back to inactive or new enrollment will be deleted.
- The 4-H Program Fee is based on an individual’s membership, not by club. Members are required to submit only one program fee annually through their primary 4-H Club.
- Families with three or more children will pay a maximum of $60 in 4-H program fees. The definition of family is identified as children living at the same address.
- No child will be denied the opportunity to enroll in 4-H due to the inability to pay. Be it understood, the enrollment process is not complete (which means “active”) until the fee is paid. Contact the county Extension office about local scholarships or opportunities for satisfying the program fee requirement. Scholarship application posted at: 4h.okstate.edu/about4-h/what-is-4-h/join-oklahoma-4-h

4-H Participation and Competition

4-H Project Work and Exhibits:

Why youth enroll in a project? The 4-H project (entomology, photography, food science, etc.) is the gateway to the 4-H member. Through project work, members “Learn by Doing.” The 4-H project is a tool for helping youth develop into more capable adults by teaching them how to set goals, make decisions, follow through with commitments, do evaluations and report their work. Enroll in the number of projects the member will have time to plan and carry out. Choose a project(s) that meets the family situation and lifestyle.

Project work/exhibit(s) is the effort of the 4-H member. Exhibits are the result of the child applying their mastery of knowledge and skills for a “project.” Projects/exhibits are to be completed during the current enrollment year.

Fall Fairs

Are intended as the culmination or end of the previous 4-H year’s project work. Exhibits represent work completed by the member sometime during their previous 12 months of enrollment. A 4-H member’s enrollment status must have been “active” the previous year to exhibit in the fall fairs.

Livestock Exhibits

An animal nomination form does not constitute 4-H enrollment. Enrollment must be completed through 4HOnline enrollment system or paper enrollment signed and submitted to the Extension office and 4-H program fee paid to be considered an “active” enrolled 4-H member.

To show livestock (beef, horse, sheep, swine, goats, poultry, rabbits, etc.) in the fall at the state fairs, members must have had an “active” enrollment status during the previous program year by the date published by the show’s governing board.

To show in the spring, youth must have an “active enrollment status” by the date published by the show’s governing board.

** Be aware of each individual show’s eligibility rules. Each governing board determines eligibility.

School Absences

When it is necessary for a 4-H member to miss school to attend a 4-H event, the member and his/her family should work with local school officials regarding his/her absenteeism. Local schools have guidelines regarding attendance polices for activities which qualify for excused absence. Families are responsible for talking to teachers and school administrators about these issues in advance of events and activities requiring an excused absence.

Grade Divisions

The table below is a guide for grade-age divisions. Some events/activities at the county, district, state and national level may use different grade divisions. Event-specific grade divisions will supersede those noted below. A child’s “grade division” will not change until re-enrollment on September 1.

Grade division exceptions might include a) A county chooses to include 7th graders in the senior division; b) Grade requirements for elected office; or c) A grade requirement for attending a conference/participating in an event.

<table>
<thead>
<tr>
<th>Grade</th>
<th>Junior</th>
<th>Intermediate</th>
<th>Senior</th>
</tr>
</thead>
<tbody>
<tr>
<td>3rd (and 8 years old), 4th, 5th</td>
<td>6th, 7th, 8th</td>
<td>9th, 10th, 11th, 12th</td>
<td></td>
</tr>
<tr>
<td>Junior</td>
<td>3-7 Grades</td>
<td>Senior</td>
<td>8-12 Grades</td>
</tr>
</tbody>
</table>

Enrollment Requirements for Participation

To compete in contests beyond the county, youth must have been enrolled for 30 days prior to the event. Some events may have additional age/grade classification as well as enrollment requirements. The family is responsible for obtaining the rules and guidelines, from the sponsoring body, of any event they choose to participate.

Graduated Seniors

Immediately following high school graduation, graduating seniors may:

- Continue to exhibit their projects through the fall state fairs (seniors are responsible for referencing fair guidelines to confirm eligibility).
- Participate in a national 4-H competitive event and/or trip, if qualified or awarded during active membership and are otherwise eligible to participate according to the rules and regulations of the national 4-H trip/event.
• Fulfill their role as a State 4-H Council member when elected during Roundup.
• The 2017-18 program year will be a transition year with the change from age to grade in program activities, events, contests and awards. As of September 1, 2018, grade will be the determining factor for activities/events/contests/awards.

Youth Representing Oklahoma at National 4-H Contests
Youth who have represented 4-H or another youth organization at an event that serves as the national 4-H contest, or its equivalent, are ineligible to return to that contest as a representative of Oklahoma 4-H. Participation in equivalent out-of-state contests will be handled on an individual basis. The Oklahoma State 4-H office will have final ruling on contest eligibility.

Youth enrolled in 4-H who have participated at a national contest may still be eligible to participate and compete in state level contests (See individual contest rules).

General 4-H Participation
1. All events and activities planned, conducted or sponsored by the Cooperative Extension Service are open to all youth who meet 4-H membership criteria. Events not planned, conducted or sponsored by 4-H may limit participation to youth who meet additional criteria. If those criteria are discriminating in nature, that group may be denied the use of the 4-H name and emblem in conjunction with the event, even if the event is open to 4-H members.

2. Youth participating as 4-H members in approved activities or events sponsored by other organizations have the responsibility to abide by the regulations and guidelines of the sponsoring organization.

3. The Oklahoma 4-H Youth Development Program encourages members to maintain good academic standing at school. Local school districts are expected to inform students and families of the student’s eligibility status. If a family knowingly violates the school’s policy regarding eligibility, 4-H will support the school in any actions taken.

4. Guidelines for 4-H sponsored events and activities will be available prior to the event. Families, volunteers, parents and members are responsible for checking with the Extension office for county and district information or visiting the Oklahoma 4-H website for state coordinated activities: 4h.okstate.edu/events-and-activities. 

Oklahoma 4-H Open Membership Guidelines
Oklahoma 4-H supports membership in other youth-serving organizations. We do not support the policies of organizations who do not allow dual membership in 4-H or any other group or organization.

Since October 1, 1993, there has been no official dual membership agreement between Oklahoma FFA Chapters and the Oklahoma 4-H Youth Development Program. The following rationale and guidelines should be followed in advising 4-H members about membership in 4-H and all other youth organizations.

Rationale for Open Membership
1. Young people and adults are unique, each with their own interests and talents. Different organizations have their own unique and varied strengths and program offerings.

2. Cooperation and collaboration between youth organizations should result in each child meeting his/her specific needs by utilizing the programs and leadership provided by various youth organizations.

3. Young people who participate in more than one organization have opportunities to capitalize on the specific strengths of each organization to reach his/her own full potential as an individual.

4. As skills are learned through participation in various community organizations, those skills will be applied to the individual’s work within each and every organization, thus improving the potential of all community organizations.

5. If organizations are not competing for the exclusive loyalty of an individual, all organizations can work together to provide better support for the youth of the community.

6. Questions regarding dual membership should first be addressed cooperatively through the educators and administrators involved.

Guidelines for Open Membership
The following practices will guide implementation of the open membership rule by Extension staff and volunteers.

• 4-H membership is open to all youth. Members of other organizations are welcome to be actively involved in 4-H.

• When specific activities for more than one organization are held at the same time (as in some judging contests) members will be expected to indicate their preference for organizational representation prior to the development of a team roster so that other individuals may be included on the team.

• When specific community activities create competition for an individual’s time or loyalty, the organizations involved should establish a spirit of mutual cooperation and fairness and work out a local agreement prior to the beginning of training, workout or preparation for an event or contest.

• Some regional and national competitive events prohibit youth from participating more than one time, regardless of the organization.

• If a young person is declared ineligible to participate in other youth development organizations due to unethical behaviors, he/she will not be permitted to participate in 4-H. Likewise, if his/her local chapter or organization is placed on probation by a fair or show, he/she will not be eligible to transfer membership to 4-H in order to avoid the probation.

• Dual projects in other youth organizations: Members should not use the same projects, records, leadership activities, etc. for similar awards and recognition in two organizations. For example, members may not show the same animal as both a 4-H member and FFA member. Example: A member can show a steer in FFA and a hog in 4-H if he/she chooses.
If a project is nominated at the beginning of the year in one program, it should stay in that same program unless the member physically relocates to a new school where the same program is not available.

- It is the family’s responsibility to obtain rules and guidelines for any program/activity/event in which they choose to participate to determine eligibility for participation, teams, awards, etc.

**Use of the 4-H Name and Emblem**

The 4-H Name and Emblem are protected under federal statute (Title 18, U.S.C. 707) which states:

> Whoever, with intent to defraud, wears or displays the sign or emblem of the 4-H clubs, consisting of a green four-leaf clover with stem, and the letter H in white or gold on each leaflet, or any insignia in colorable imitation thereof, for the purpose of inducing the belief that he is a member of, associated with, or an agent or representative for the 4-H clubs; or

> Whoever, whether an individual, partnership, corporation or association, other than the 4-H clubs and those duly authorized by them (members of Chartered Clubs and certified volunteers), the representatives of the United States Department of Agriculture, the land-grant colleges, and persons authorized by the Secretary of Agriculture, uses, within the United States, such emblem or any sign, insignia, or symbol in colorable imitation thereof, or the words “4-H Club” or “4-H Clubs” or any combination of these or other words or characters in colorable imitation thereof – shall be fined not more than $5,000 for individuals and $10,000 for groups, or imprisoned not more than six months, or both.

The federal guidelines require all non-4-H groups and individuals who wish to use the 4-H Name and Emblem of to make application to the USDA.

Groups who discriminate against any persons who meet 4-H membership eligibility will be denied use of the 4-H Name and Emblem and will be subject to having that privilege revoked.

**Official Clover:**

For additional guidelines, see: 4h.okstate.edu/for-educators/4-h-name-emblem/

**Oklahoma 4-H Website:** 4h.okstate.edu
OKLAHOMA 4-H & FFA SHOW RING CODE OF ETHICS

Believing it is in the best interest of all breeders of all livestock to maintain a reputation of integrity and to continue to present a wholesome and progressive image in the show ring, the following list of practices are considered unacceptable in the presentation of livestock. The use of such practices or procedures is, therefore, considered a violation of the Rules and Regulations governing this show.

Final interpretation of the following rules will be made by show management. Management decisions are final.

1. The exhibitor must be the sole owner of any animals shown in his/her name. Junior exhibitors must have owned, cared for daily and fed market animals from not later than the date nominated or date listed in premium list of show. All other animals, including dairy animals, must be owned by or transferred to the exhibitor by the required date listed in the show premium list.

2. In breeding classes, beef, dairy, sheep and swine entries must be registered and recorded in the sole name of the exhibitor. Tattoos, brands, registry association tags and flock tags must match the papers and be correctly located. Swine ear notches must be correct and healed; purebred barrows must have healed ear notches in both ears.

3. All exhibitors are expected to care for and groom their animals throughout the show. An exhibitor may be assisted by his or her immediate family (limited to parents, brothers and sisters), agricultural education teachers, county extension agent and other eligible exhibitors from their respective county or chapter. The official 4-H volunteer leader for a county group, as designated by the County Extension staff, will be permitted to assist the youth under his or her supervision. The exhibitor must be present and assisting with and/or grooming his or her animal in preparation for showing.

4. Any junior exhibitor entering livestock in competition must be present to lead and show said animal in competition or the animal will be disqualified and entry fees will be refunded. Any infringement of rules will cause forfeiture or any premiums earned. The only exceptions to this rule are where a bonafide owner has more than one animal in a given class and, due to an extreme emergency; the bonafide owner is not able to be in attendance. Such cases must be approved by the management. Each animal offered for sale must be handled in the ring by the bonafide owner.

5. Muzzles will not be allowed on any animals.

6. Do not misrepresent the age of the animal for the class in which it is shown. Market steers and la.m.b.s must follow the tooth rule as printed in the premium list of the show. Birth dates, transfer dates and other information on registration papers must be correct.

7. Treating or massaging any part of the body internally or externally with an irritant, counter-irritant, or other substance to temporarily straighten a weak back or loin; to produce unnatural animation or to cause swelling or changes in contour or handling qualities is prohibited.

8. Minimizing the effects of crampiness or to affect handling qualities or contour by feeding or injecting drugs, depressants or applying packs (hot or cold) or using any artificial contrivance or therapeutic treatment except normal exercise is prohibited.

9. Striking the animal to cause swelling is prohibited.

10. Surgery or any other procedure performed to change the natural process of growth, maturation, contour or appearance of any animal, to include teeth, is prohibited. Not included is removal of teats, or horns, clipping and dressing of hair and trimming of hooves.

11. The injection or insertion of foreign materials under the skin or into the muscle is prohibited.

12. The use of alcoholic beverages in the feed or as a drench is prohibited.

13. Forced filling of any type by any means to include stomach pumps is prohibited.

14. No alteration or simulation with respect to color of hair will be permitted on any junior animals. This includes all products, natural or manmade; false switches are permitted. If alteration or addition is detected by a show official or through a protest, the exhibitor, organized group, or individual involved will be disqualified and barred from exhibiting. These grooming rules apply to both sexes, all species, for the duration of the junior division of the show. In swine, no powdering, oiling, painting or dressing other than water will be permitted.

15. The use of any chemical and/or compound that is not approved by the Food and Drug Administration for use in meat producing animals and the illegal use of approved chemicals and/or compounds are prohibited. All animals shall be subject to test (blood, urine and tissue) for foreign substances that exceed the acceptable levels established by the United States Department of Agriculture, Food and Drug Administration. A positive test will result in disqualification, forfeiture of any premiums and/or awards and will exclude the exhibitor, organized group, or individual involved from future competition at this show. Licensed veterinarians will administrate all medications at the show.

16. Balancing the udder by any abnormal means including the use of a mechanical contrivance or the injection of fluid or drugs, setting the teats and/or occluding (sealing the ends) with a mechanical contrivance or with the use of a chemical preparation, treating or massaging the udder or its attachments with an irritant or counter-irritant will not be permitted. The use of common products such as fly spray, ointment or liniment in excess to the extent that it is irritating is included as an irritant.

17. Criticizing or interfering with the judge, other exhibitors, breed representatives or show officials before, during or after the event may result in an individual or group being expelled, placed on probation, declared ineligible or barred from exhibiting at the event.

18. Exhibitors, organized groups or any individual switching animals at any time and changing ear tags and other forms of identification will be barred from showing and will forfeit all prizes and premium money.

19. Junior exhibitors, and adults involved with the exhibitors, are expected to adhere to the General Rules and Regulations of junior livestock shows including the Show-Ring Code of Ethics as well as the Rules and Regulation governing the Junior Division.

20. Any violation of the Rules and Regulations incorporated in the premium list, the Show-Ring Code of Ethics and the Junior Division Rules and Regulations may result in forfeiture of all premiums and awards, disqualification and expulsion or probation of the exhibitor, organized group, any individual or livestock involved. Probation, disqualification, expulsion or other disciplinary action of the Management will be final. Such action will require application for readmission under such terms as the Management may prescribe before the group or individual is allowed to exhibit at future events.

Violations of rules at a show which is a member of show support organizations including The Oklahoma Association of Fairs and Festivals, the American Livestock Show and Rodeo Managers Association, and the International Association of Fairs and Exposition, may affect the eligibility of the violators for participation in any show throughout the country, regardless of the show’s membership in these organizations.
The 4-H Club Meeting Ritual

Nothing more nearly represents the purpose and character of 4-H Club work than the ritual. When correctly given it is beautiful and impressive. Every member should commit it to memory. It should be given by the entire club in unison at each club meeting. It is as follows:

**Vice President:** “Stand, please.”

**Members:** All members arise and stand.

**Vice President:** “What is our 4-H Club motto?”

**Members:** *(in unison):* “To make the best better.”

**Vice President:** “We will repeat the 4-H Club pledge.”

**Members:**

My head to clearer thinking,
My heart to greater loyalty,
My hands to larger service,
My health to better living,

For my club, my community, my country and my world.”

In repeating the pledge, raise right hand to side of head when speaking line one, lower right hand over heart when speaking line two, extend hands, palms upward when speaking line three and stand at attention when speaking line four.

**Vice President:** “We will now give the Pledge to the Flag.”

**Members:** “I pledge allegiance to the Flag of the United States of America and to the Republic for which it stands, one Nation under God, indivisible, with liberty and justice for all.”

At attention facing the flag repeat together the pledge of allegiance. The right hand should be placed over the heart while giving the pledge of allegiance. This change was made by Congress, December 15, 1942, Section 7, Public Law 623.

**Vice President:** “We will now review the meaning of the club emblem. What is the national 4-H Club emblem?”

**Members:** “The National 4-H Club emblem is the four leaf clover with the letter ‘H’ on each leaflet running parallel with the mid-rib of the leaflet.”

**Vice President:** “What do the four H’s on the club emblem represent?”

**Members:** “They represent the equal training of the head, heart, hands and health of every member.”

**Vice President:** “For what is the head trained?”

**Members:** “To think, to plan, to reason.”

**Vice President:** “For what is the heart trained?”

**Members:** “To be kind, to be true, to be sympathetic.”

**Vice President:** “For what are the hands trained?”

**Members:** “To be useful, to be helpful, to be skillful.”

**Vice President:** “For what is the health trained?”

**Members:** “To resist disease, to enjoy life, to make for efficiency.”

**Vice President:** “In the All-Star Emblem, what does the Fifth H represent?”

**Members:** “The Home.”

**Vice President:** “In what way can we be a help in our home life?”

**Members:** “By striving to train for a home life that represents true character, comfort and contentment.”

**Vice President:** “Be seated, please.”
An Invitation to 4-H Families & Friends to Join Your Foundation and Support the Projects and Programs of Cleveland County 4-H

Your Gift to the Foundation is an Investment in the Youth of Cleveland County and the Future of our Community!

Your Gift Will Provide the Following Opportunities for Cleveland County 4-H Members:

- County 4-H Camp
- Educational Displays
- Public Speaking Events
- 4-H Fun Fest Event
- Job Readiness Event
- Leader Development
- Healthy Living Fair
- State 4-H Roundup
- Citizenship / Washington Focus
- District Youth Action Conference
- County 4-H Ambassadors Program
- State 4-H Congress
- Summer Youth Programs
- School Enrichment Programs

Help Make the Best Better With Your Contribution Today!

PLEASE MAKE CHECKS PAYABLE TO:
Cleveland County 4-H Foundation, Inc.
P. O. Box 720563
Norman, OK 73070

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