



4-H Clover Connection

Canadian County

May/June/July 2008

Table of Contents

4-H Opportunities

Super Tuesday 2
 Award Form Information 2
 Invitational Speech Contest 2
 4-H Camp 2
 Cloverbud Day at the Farm 2
 'Tween Retreat 2
 Junior Master Gardener 2
 Fair Exhibit Workshops 2

4-H Know How!!

Achievement Program 3
 County Medal Judging 3
 Fabric & Fashions Workshop 3
 County Fair 3
 State Leadership Conference 3

Summer Event Dates 3

Teen Leader Update

Essential Elements of 4-H 4
 Building Leaders for Tomorrow 4
 County Officer Retreat 4
 Leadership Opportunities 4
 Fee Waivers 4
 Tri-County Retreat 4

4-H Farm News

Tom's News 5
 Livestock Dates to Remember 5
 Canadian/Grady Field Day 5
 Livestock Judging 5
 Bucket Calf 5
 Jr. Master Gardener 5

Calendar of Events 6

Forms and Replies 7

Getting the Most Out of 4-H

The new 4-H year is starting. Plan to get "On TRAC" and start the year out right!! We will be covering information you can use to make the new year great for your clubs and families!!



On TRAC

"Taking Revitalization to All Clubs"

Tuesday, July 8

Educational Building, El Reno Fairgrounds

| | |
|------------|---|
| 1 - 5 p.m. | Local Club Officer Training (Adult leader participation – optional) Leader Training |
| | First session 1:00 - 2:30 p.m. |
| | Second session 2:30 - 4:30 p.m. |
| | Leaders Council Business Meeting |
| 5 – 6 p.m. | Dinner |
| 6 - 9 p.m. | Local Club Planning |

Successful 4-H members and clubs require:

- ❖ Families involved in supporting their 4-H member's 4-H project and participation in local and county programs.
- ❖ All families and 4-H members share in leadership and responsibilities of being a member of the 4-H organization.
- ❖ To facilitate this process, 4-H Clubs across the state participate in On TRAC sessions.
- ❖ Dinner will be provided. Please call the office by July 7 so that we can prepare meals.
- ❖ It is important that each club participate and be represented by their adult (club leaders and parents) and youth (officers) leadership teams. Youth officers will be involved in trainings all afternoon. Adult leaders are welcome to attend any time during the day, but are needed for the evening session.





4-H Opportunities

Super Tuesday

Tuesday, May 13, 6:30 p.m.
Kirkpatrick 4-H Farm, Yukon

All clubs are invited to attend Super Tuesday – grill hot dogs, play games and elect county officers.

Each family is asked to bring either a side dish or a dessert. 4-H will provide hot dogs/buns, chips, condiments and drinks.

4-H'ers interested in running for an office should read the guidelines on page 10 of the handbook. Those that completed the application and interview process at 4-H Day will fill the Executive Committee/top 6 offices. Other offices will be filled at Super Tuesday.

The Kirkpatrick 4-H Farm is located at 851 W Vandament Ave. RSVP by May 5.

4-H Camp

June 3-6

4-H Camp will be held at Roman Nose State Park. Activities include swimming, recreation, workshops and more.

Camp is open to any 4-H'er age 9-13. Cost will be \$65. For families with more than one child attending, fees will be as follows: 1st child – 65, 2nd child – \$60, 3rd child – \$55. Camp t-shirts are included in the price of camp. Space is limited. Campers will be chosen on a first-come, first-served basis with paid registrations given first consideration. Registration is due by May 5.

Detailed travel information and packing instructions will be sent to all registered campers two weeks prior to camp.

For \$20.00 off your camp fees, call the office for a fee waiver form and see if you qualify.



Once again, this summer we will be offering horticulture programs for the youth in Canadian County. These activities will be held at the Kirkpatrick 4-H Farm in Yukon.

If you are not familiar with JMG, it is a group dedicated to educating youth about horticulture and plant science through fun educational activities.

Over the summer, youth will be learning about many different aspects of plants, nature, ecosystems, and insects. We will start with the basics as we take a closer look at how plants grow, and how they have adapted to survive.

They will also learn landscaping techniques through hands-on activities as we work on the 4-H Farm landscape.

If you have participated in the past, we look forward to your attendance again this year.

Award Forms Due

Due: Thursday, May 15

County Record Books and County Medal Folders are due in the County Office on May 15. Office hours are 8 a.m. to 4:30 p.m., Monday through Friday.

Forms are available by calling the Extension Office at 262-0155.

Due: Thursday, July 3

Other Achievement Program forms are due July 3. Call the Extension Office for forms: Junior Leadership Award, Horticulture Award, Conservation Award, Safety Award, OHCE Award, All Star & Super All Star Awards, News Writing Award, Model Club Award.

Cloverbud Day at the Farm

Tuesday, June 17, 10-noon
Kirkpatrick 4-H Farm, Yukon

All Canadian County 4-H Cloverbuds are invited to attend Cloverbud Day at the Farm. Cloverbuds will participate in workshops and tour the farm. Each Cloverbud should bring a sack lunch.

'Tween Retreat

July 24-25
Extension Office, El Reno
2 p.m. Thursday thru 7 a.m. Friday

The 'Tween Retreat is for all 4-H'ers who are 11 or 12 as of July 31, 2008. The cost will be \$25 per person. This includes admission into Incredible Pizza, game tokens, insurance and refreshments at the office.

Additional money will be needed for games at Incredible Pizza. The afternoon and evening will be packed with fun activities and information about the opportunities available to you in 4-H.

Plan on attending! Don't miss out on the fun and the opportunity to make new friends. RSVP by June 2. A schedule, details about travel and a list of what to bring will be sent to each registrant.

Fair Exhibit Workshops

Photography Workshop

Tuesday, June 17, 1-3 p.m.
Kirkpatrick 4-H Farm
(Ages 9-19)

We will put together photography exhibits for the fair. Register by June 2.

Registrants will receive information on what to bring to the workshop. Cost will be \$5. We will provide poster board and labels.



Horticulture/Entomology Workshop

Tuesday, July 22, 10 – noon
Kirkpatrick 4-H Farm, Yukon
(Ages 9-19)

We will be go over the basics of putting together horticulture and entomology exhibits for the county fair.

Cost will be \$5. Register by June 2. We will send registrants information on what to bring to the class.



Invitational Speech Contest

Saturday, May 17, 10 a.m.
Myers Elementary, Yukon

Canadian County 4-H will be hosting an invitational speech contest on Saturday, May 17. Fees are \$5 per entry.

Entries may be a speech or illustrated presentation. Entry forms and fees are due May 5. Contact the office today to receive the event guidelines.



4-H Know How!!

4-H Achievement Program

Thursday, August 7
Tech Center, 6-9 p.m.

The Achievement Program is your opportunity to be recognized for all that you have accomplished this past year in 4-H. Each 4-H'er that turned in a County Medal Folder, 4-H Record Book or Oklahoma Report Form will receive an invitation to the Achievement Program.

County Medal Judging

Monday, June 16, 2 p.m.
Extension Office, El Reno

If you would like to help judge the Project Report Forms for county medals, join us at the Extension office. This is open to all interested parents and leaders. No experience is necessary. We will be doing standard based judging, which means we are just checking to make sure the 4-H'er meets the requirements for the award.

Fabrics & Fashions

Workshops

June 23-27
Kirkpatrick 4-H Farm

Registration is required for both sessions by June 2. Class size is limited to 5 for each session. The workshops will be filled on a first come, first served basis. Your spot in the class is guaranteed by payment of class fee.

A schedule and supply list will be mailed to each registrant. Do not purchase fabric or patterns until the list is sent to you.

If you need help with pattern selection or buying fabric, contact Susan at the office.

Beginner (ages 9-11)

We will be making tote bags from the beginning level fabric and textiles exhibits. Cost for the workshop will be \$5. You will be providing your own fabric and thread. Sewing machines, sewing kits and snacks will be provided. Bring a sack lunch.

Intermediate (ages 12-14)

We will be making a bathrobe. Cost for the workshop will be \$5. You will be providing your own fabric and thread.

Sewing machines, sewing kits and snacks will be provided. Bring a sack lunch.



County Fair!!

August 20-23
Fairgrounds, El Reno

4-H Entry Times

Monday, August 18, 5-9 p.m.
Tuesday, August 19, 8-11 a.m.

4-H Judging

Entries will be judged the afternoon of August 19 and due to limited space we may only display the top 2-3 exhibits in each class.

On-Line

Access a list of 4-H Exhibits on-line at: www.canadiancountyfair.com
From this site you will be able to download the fair book and pre-register your exhibits!!!

Working Displays

If you would like to present a working display at the county fair or state fair, call the office by July 25. Let us know if you need help developing a working display.

Fair Banners

If your club hasn't made a banner to hang during the fair, we would like you to do so. Call the office today for the instructions. Don't let your club be left out! We will need the Banner in the office by Aug. 11.

State Leadership Conference!!

Saturday, July 12
OSU-Stillwater



Great workshops are planned for the conference along with the opportunity to visit with leaders from across the state to get ideas for your group. The county will pay for registration costs if you pre-register with the office by June 2. Contact the office or go to the State 4-H Web page for information.

Workshops will center on 4-H project work and development, life skills development and fun shops.

Mini-Fair: 4-H youth have the opportunity to develop an interactive display for the mini-fair at the State 4-H Leadership Development Conference.

Summer Event Dates

May

| | |
|-----------------------------------|----|
| Super Tuesday | 13 |
| Record Books Due | 15 |
| Invitational Speech Contest | 17 |
| BLT Training | 24 |
| Teen Leaders | 27 |
| Camp Leadership Training | 30 |

June

| | |
|-------------------------------|--------|
| County 4-H Camp | 3-6 |
| District Horse Show | 5-7 |
| County Medal Judging | 16 |
| Hall of Fame Interviews | 16 |
| Cloverbud Day at Farm | 17 |
| Fair Exhibit Workshop | 17 |
| State Horse Show | 19-21 |
| Sewing Workshops | 23-27 |
| Tri-County Retreat | 30-7/2 |

July

| | |
|-----------------------------------|--------|
| Achievement Forms Due | 3 |
| 4-H on TRAC | 8 |
| Canadian/Grady Field Days | 10 |
| State Leadership Conference | 12 |
| Big 3 Field Days | 15-17 |
| Fair Exhibit Workshop | 22 |
| 'Tween Retreat | 24-25 |
| Roundup - OSU | 30-8/1 |

August

| | |
|---------------------------|-------|
| Officer Retreat | 5 |
| Achievement Program | 7 |
| Enter Fair Exhibits | 18-19 |
| County Fair | 20-23 |

Building Leaders for Tomorrow

Oklahoma 4-H Youth Development

Teen Leader News (For those 13 & older)

The Essential Elements of 4-H

As you take on leadership roles in the 4-H Program, remember the following points as you work with 4-H members.

The 4-H Youth Development ideals create opportunities for youth to experience: Independence (Head), Belonging (Heart), Generosity (Hands) and Mastery (Health).

Head To experience INDEPENDENCE



I pledge my head to clearer thinking...

Youth need to know that they are able to influence people and events through decision-making and action. By exercising independence through 4-H leadership opportunities, youth mature in self-discipline and responsibility, learn to better understand themselves and become independent thinkers.

Heart To experience BELONGING



I pledge my heart to greater loyalty...

Youth need to know they are cared about by others and feel a sense of connection to others in the group. This "fellowship" has always been an important part of a 4-H experience. 4-H gives youth the opportunity to feel physically and emotionally safe while actively participating in a group.

Hands To experience GENEROSITY



I pledge my hands to larger service...

Youth need to feel their lives have meaning and purpose. By participating in 4-H community service and citizenship activities, youth can connect to communities and learn to give back to others. It's clear that these experiences provide the foundation that helps us understand the "big picture" of life and find purpose and meaning. Community service projects allow 4-H club members to see that their effort to help others is important and valuable.

Health To experience MASTERY



I pledge my health to better living...

In order to develop their self-confidence youth need to feel and believe they are capable and they must experience success at solving problems and meeting challenges to develop their self-confidence. By exploring 4-H projects and activities, youth master skills to make positive career and life choices. To do so, youth must have access to quality research-based content and have the opportunity to learn by doing. Additionally, youth need to have a safe environment for making mistakes and getting feedback, not just through competition but also as an ongoing element of participation.

Upcoming Opportunities

Building Leaders for Tomorrow Training Session

Saturday, May 24
9 a.m. — 5 p.m.
Kirkpatrick 4-H Farm

County Officer Retreat

Tuesday, August 5
9 a.m. — 9 p.m.
Kirkpatrick 4-H Farm

Leadership Opportunities

May 3 Festival of the Child
June 17 Cloverbud Day
June 17 Exhibit Workshop
June 23-27 ... Sewing Workshop
July 8..... On TRAC
July 22 Exhibit Workshop
August 7 Achievement Program
August 18-19 Fair entries
August 20-23 County Fair

These are a few leadership opportunities that each of you can take part in. Just mark the dates on your calendars and let Tom or Susan know you will be there.

Fee Waivers Available

Money received from United Way will be available to help 4-H'ers pay for 4-H Camp, Tri-County Retreat or Roundup. For fee waiver forms, contact the 4-H Office. Forms are due two weeks before the event .



Tri-County Retreat

June 30-July 2
Arrowhead Resort, Tahlequah

The Tri-County Retreat is open to any 4-H'er age 14-19 as of 1/1/08. Cost will be \$40 and is due June 2.

Activities at the retreat will include leadership workshops, float trip and more. Alternate activities will be available for those that choose not to float the river.

Space is limited. If you want to attend, return the attached registration form by June 2.



4-H Farm News

BE A TIGGER, NOT AN EYORE!!

Happy Spring Canadian County, and how's everybody? I'm fairly sure that most everyone has watched Winnie the Pooh at some time in their life. It is a great animated show which usually has a profound message, whether it be something Pooh says or a lesson Christopher learns. But I get something more out of the show. I see two supporting characters who send a subliminal message which is reflected in our daily lives. Tigger and Eeyore!!!

Tigger is always bouncing around and every day is a new adventure for him. He is full of energy and always wanting to do something and be around others. Tigger's bouncing is a pure expression of his utter zest for life which is a joy that he is always eager to share with his friends. Now in total contrast to him is the dismal donkey Eeyore. He has low expectations—especially from others. He never gets in a hurry and always seems gloomy, but no matter what the contrast is between them, they are still friends.

I think that these two create an image of not only people in our lives but also of each one of us. People who truly enjoy going and doing and meeting others are easy to be around. As you view them, they seem excited about anything that is going on in their lives and attack their daily routine with energy and have a unique approach to solutions. They are the kind of people who are great in groups or just visiting one-on-one. They tend to be fun to be around! On the other end of the spectrum are people we know who seem to think "The Sky Is Falling" or that nothing is ever good enough. They view life as a chore or job and don't seem to find genuine excitement in anything. Given enough time, they are the ones who tend to drain us physically and emotionally if we let them.

Now I'm not here to say that one is more productive than the other or that both can't function in society. However, I do believe that more often than not people with the "Tigger" attitude have less stress in their lives and a more natural networking ability than does the "Eeyore". So it's up to you!! You too can be a Bouncy Tiger or a Dreary Donkey!! The key to true happiness is how you choose to start each day. I choose to be a "Tigger"!

As I close this letter, I would like to again thank each and every one of you for your support of Canadian County 4-H, and wish you the best of luck as you follow your road to success!

Sincerely,
Tomas

I Believe: That we don't have to change friends if we understand that friends change.

I Believe: That either you control your attitude or it controls you.

I Believe: That our background and circumstances may have influenced who we are but we are responsible for who we become!

I believe: Two people can look at the exact same thing and see something totally different.

Dates to Remember

| | |
|------------|---|
| May 1 |Dist. Horse Show entries due in office |
| May 9 |Tulsa State Fair Steer Nom. |
| | OKC WEST 8-noon |
| May 13 | Super Tuesday at 4H Farm |
| May 30 | Camp Counselor/Staff Training |
| June 6-7 | Chisholm Trail Festival on farm prop |
| June 5-7 | Dist. Horse Show at Duncan |
| June 17 | Cloverbud Day at 4-H Farm |
| June 19-21 | State Horse Show – Shawnee |
| July 1 | TSF Lamb Nom. |
| | Chickasha 8-noon |
| July 10 | Canadian/Grady Livestock Judging |
| | & Livestock Skillathon |
| July 15-17 | Big 3 Field Days – Stillwater |

Canadian/Grady Field Day w/Livestock Skillathon

This year, Canadian County 4-H will host the Canadian/Grady Livestock Judging Field Day at the county fairgrounds on Thursday, July 10. Teams will judge 6 classes and awards will be given at approximately noon. Following this event, we will host the 1st Annual Livestock Skillathon. We need youth and adult volunteers for these events. For more information, contact Tom at 354-4110.

Livestock Judging

We will have livestock judging workouts in preparation for spring and summer contests. Anyone interested in learning more about livestock judging and oral reasons, please contact the office or farm for details and schedule.

6th Annual Bucket Calf Project

The Canadian County Free Fair in August will host a bucket calf show open to anyone 5-8 years old. The project calf must be acquired and Extension office notified by July 1. As this is non-competitive, the calf may be dairy or beef breed, however, simple records will be maintained on the project. For more information or to get the rules, worksheets, and supporting material, contact the office or farm.

Jr. Master Gardener Program

The JMG program is an innovative 4-H youth gardening project, which offers horticulture and environmental science education through fun and creative activities. Anyone 4th grade and up can participate. For more information on this project, please contact Casey Sharber at the county Extension office or 4-H Farm.

"If your actions inspire others to dream more, learn more, do more and become more, you are a leader!" John Quincy Adams

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|---|-----------------------------------|------------------------------------|---------------------------------|--------------------------------|---|---|--|
|  May | | | | 1 | 2 Discovery | 3 Unlimited | |
| 4 | 5 Registrations due | 6 | 7 | 8 | 9 Steer Nominations | 10 | |
| 11 | 12 | 13 Super Tuesday | 14 | 15 County Record Books Due | 16 | 17 Invitational Speech Contest | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 BLT | |
| 25 | 26 Office Closed | 27 Teen Leader Meeting | 28 | 29 | 30 Camp Training | 31 | |
| | | | | | | | |
| 1 | 2 Registrations due | 3 Tri-County | 4 Camp –thru 6 th | 5 District Horse | 6 Show-thru 7 th | 7 | |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 | |
| 15 | 16 Co. Medal Jdg. Hall of Fame | 17 Cloverbud Day Exhibit Wkshp. | 18 | 19 State Horse | 20 Show—thru 21 st | 21 | |
| 22 | 23 Fabric & Fashion | 24 Wkshp.–thru 27 th | 25 | 26 | 27 | 28 | |
| 29 | 30 Tri-County Retreat-thru 7/2 | June | | | |  | |
| July | | 1 Tri-County | 2 Retreat | 3 | 4 Office Closed | 5 | |
| 6 | 7 | 8 On TRAC | 9 | 10 Canadian/Grady Field Day | 11 | 12 State Ldrshp. Conf. | |
| 13 | 14 | 15 Field Days— | 16 thru 17 th | 17 | 18 | 19 | |
| 20 | 21 | 22 Fair Exhibit Wkshp. | 23 | 24 'Tween Retreat | 25 Register -Working Display at Co. Fair | 26 | |
| 27 | 28 | 29 Round Up-thru 8/1 | 30 | 31 | | | |

Canadian County 4-H Clover Connection is published bi-monthly at a cost of \$100 for 400 copies by the Canadian County OSU Extension Center - 4-H and Youth Development Programs, 218 N. Country Club Road, P.O. Box 519, El Reno, OK 73036
Phone 262-0155 FAX 262-2267



Susan Meitl
Canadian County Extension Educators, 4-H & Youth Development



Tomas Manske

Forms & Replies

Following section is due May 5

Return entire section to Canadian Co. 4-H, P.O. Box 519, El Reno, OK 73036 FAX 262-2267

Name(s): _____ Age(s) as of 1/1/08: _____
Address: _____
City: _____ Zip: _____ Phone: _____

Super Tuesday – May 13

Number Attending _____

Invitational Speech Contest – May 17

Title of Presentation: _____
Category entered: ___ Beginning (age 9-11) ___ Intermediate (ages 12-14) ___ Senior (age 15 & over)
___ Speech ___ Illustrated Presentation ___ Power Point Entry Fee: _____ x \$5 = _____
of presentations

Please make check payable to: Canadian County 4-H

4-H Camp – June 3-6

Indicate below the number of campers (must be between the ages of 9-13 as of 1/1/08)
Your first camper will cost \$65, the second sibling will cost \$60 and each sibling after two will cost \$55.
Number ___ @ \$65 1 X \$65 = _____
Number ___ @ \$60 1 X \$60 = _____
Number ___ @ \$55 _____ X \$55 = _____

Please make check payable to: OSU Extension

Total enclosed: \$ _____

Indicate the size of t-shirts that you will need for your camper(s).

T-shirt sizes needed: Youth ___ Small ___ Medium ___ Large
Adult ___ Small ___ Medium ___ Large ___ X-Large ___ XX-large

Following section is due June 2

Return entire section to Canadian Co. 4-H, P.O. Box 519, El Reno, OK 73036 FAX 262-2267

Name(s): _____ Age(s) as of 1/1/08: _____
Address: _____
City: _____ Zip: _____ Phone: _____

Fair Exhibit Workshop—Photography-June 17

Please make check payable to: Canadian County 4-H

Number Attending _____ X \$5 = _____

Tri-County Retreat June 30-July 2

Please make check payable to: Canadian County 4-H

Number attending _____ X \$40 = _____
(must be between the ages of 14-19 as of 1/1/08)

Sewing Workshops – June 23-27

Beginner Class - June 23 - 24 (ages 9-11)

Number Attending ___ X \$5 = _____

Have you ever sewn before? yes no (circle one)

Intermediate Class—June 25-27 (ages 12-14)

Number Attending _____ x \$5 = _____

Please make check payable to: Canadian County 4-H

Horticulture/Entomology Exhibits—July 22

Please make check payable to: Canadian County 4-H

Number Attending _____ X \$5 = _____

'Tween Retreat – July 24-25

Please make check payable to: OSU Extension

Age as of 7/31/08: _____ (must be 11 or 12)

Number Attending: _____ x \$25 = _____



Have a Great Summer!